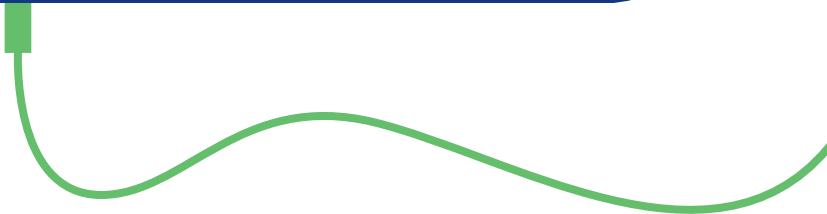


jetBlue | BlueBenefits

TUNE IN TO
NAVIGATOR

It's our new Crewmember
Assistance Program





**NAVIGATOR
STARTS
JANUARY 1**

**AS OUR NEW CREWMEMBER
ASSISTANCE PROGRAM**





**THAT'S MUSIC
TO OUR EARS**

**WE HOPE YOU'LL
THINK SO, TOO**

WHO IS NAVIGATOR?



THE ONE THAT ROCKS

On January 1, we're moving from LifeSolutions to Navigator.

Navigator is our new Crewmember Assistance Program that works in harmony with BlueCarpet to bring you so much more than counseling.

Turn the beat around with Navigator.

We all weather challenging times, such as relationship or parenting issues, trying to balance the stresses of everyday life or handling the loss of someone we love. Cue Navigator.

Navigator is a free, confidential program that is offered to all Crewmembers as part of your JetBlue Benefits regardless of whether you're enrolled in a Medical Plan. And it's available to support you and your family (and even your entire household) anytime, 24/7.

Thank you, LifeSolutions. Navigator will take it from here.

With Navigator, you have access to a larger network of behavioral health providers with support anytime, anywhere using your mobile device. And, if you would prefer to meet with someone face-to-face about an issue, you get **six free confidential counseling sessions a year.**

Now that's something to sing about!

"I'll Be There for You"
The Rembrandts



WHEN TO USE NAVIGATOR

TO KEEP LIFE IN HARMONY

Navigator provides support for life's day-to-day challenges.

Counseling

Speak with an experienced, licensed counselor over the phone or in person (**six FREE sessions for each issue**) for support with stress management, strengthening relationships, work-life balance, grief and loss, and more.

Legal advice

Access licensed state-specific attorneys and get **free 30-minute consultations (per issue)** for advice on handling legal topics like divorce, landlord or tenant disputes, real estate transactions, wills and powers of attorney, civil lawsuits and contracts, traffic matters and identity theft recovery. Get ongoing attorney representation at a 25% discounted rate.

Financial guidance

Access credentialed financial professionals and get **free 30 – 60 minute calls (per issue)** for help with saving for college, debt consolidation, mortgage issues, investment plans, estate planning, general tax questions, retirement planning and family budgeting.



nges—big and small!

Work-Life management

Check off items on your to-do list by having Navigator assist you with finding everything from caregiver support and backup childcare to home maintenance and pet care.

- Adult/elder care**, such as housing assistance, support services, respite care, Medicare/Medicaid support, transportation, long-distance caregiving and aids to daily living.
- Life learning**, such as school issues, alternative education programs, community education programs, career consulting, enrichment classes, adult education classes, music, dance, arts and crafts classes, and online learning.
- Convenience services**, such as household needs, recreational activities, shopping, entertainment, dining, nightlife options and more.
- Child/parenting matters**, such as childcare, parenting support, child development experts, special needs support, help for teens, camps, family activities, grandparenting assistance and domestic relocation.

Go to liveandworkwell.com for quick access from your desktop or mobile device to mental health and Navigator resources anytime, any day. Log in with code: **JetBlue (not case sensitive) and search for providers, explore topics and access Navigator services. Create a unique ID to view Behavioral Health claims.**

...there for me too

HOW TO USE NAVIGATOR

JUST TUNE IN

Don't miss a beat! Connect with Navigator, powered by BlueCarpet, 24/7.



PHONE

Call BlueCarpet at **1-866-529-1675** and say "Navigator."



WEB

Visit **liveandworkwell.com** and log in with code: **JetBlue** (not case sensitive) to search for providers, explore topics and access Navigator services.



MOBILE

Visit a mobile-enhanced version of **liveandworkwell.com** from your smartphone or tablet.

Currently using services through LifeSolutions?

If you are currently working with LifeSolutions, you may continue to do so until you have completed your sessions. Feel free to give Navigator a call to plan your next steps.



FIND YOUR RHYTHM

CALL NAVIGATOR

**CONNECT WITH RESOURCES
THAT COULD MAKE LIFE
A LITTLE SMOOTHER**

1-866-529-1675 | [liveandworkwell.com](https://www.liveandworkwell.com)

This service should not be used for emergency or urgent care needs. In an emergency, call 911 or go to the nearest emergency room. For Crewmembers who are covered under the JetBlue health plan, BlueCarpet is available at no additional cost as part of such health plan. For Crewmembers NOT covered under the JetBlue health plan, BlueCarpet is available at no additional cost as part of your benefits. CERTAIN PROGRAMS OR SERVICES ARE AVAILABLE TO CREWMEMBERS WHO ARE COVERED UNDER THE JETBLUE HEALTH PLAN ONLY. CONTACT YOUR BLUECARPET OR PEOPLE DEPARTMENT REPRESENTATIVE FOR MORE INFORMATION. The information provided is for informational purposes only. Program representatives cannot diagnose problems or recommend specific treatment and are not a substitute for your doctor's care. Your health information is kept confidential in accordance with the law, and as such they may use or disclose the information you provide in furtherance of the BlueCarpet program; or, for Crewmembers who are covered under the JetBlue health plan, other services in furtherance of such health plan. Discuss with your doctor how the information provided is right for you. This is not an insurance program and may be discontinued at any time. Please refer to your plan materials for complete information.