

When does this program start? What are the live dates? What if I am not able to start now?

- **Self-Study** – This is truly at your own pace with 2 Live group calls per month and one Live group healing call per month. We start the last week of August and end mid December. The materials can continue to be integrated over your lifetime.
- If you received Bonus 1-1 session with Jessica those will be scheduled between May - September.

### Live Dates for Mentoring + Healing Calls:

27	AUG 2019, TUE	● 7:30 – 8:30pm	AHA Live Call Kick Off
3	SEP 2019, TUE	● 7:30 – 8:30pm	AHA Live Mentoring Call
10	SEP 2019, TUE	● 7:30 – 8:30pm	AHA Live Healing Call
17	SEP 2019, TUE	● 7:30 – 8:30pm	AHA Live Mentoring Call
1	OCT 2019, TUE	● 7:30 – 8:30pm	AHA Live Mentoring Call
15	OCT 2019, TUE	● 7:30 – 8:30pm	AHA Live Mentoring Call
22	OCT 2019, TUE	● 7:30 – 8:30pm	AHA Live Healing Call
5	NOV 2019, TUE	● 7:30 – 8:30pm	AHA Live Mentoring Call
12	NOV 2019, TUE	● 7:30 – 8:30pm	AHA Live Healing Call
19	NOV 2019, TUE	● 7:30 – 8:30pm	AHA Live Mentoring Call
3	DEC 2019, TUE	● 7:30 – 8:30pm	AHA Live Mentoring Call
10	DEC 2019, TUE	● 7:30 – 8:30pm	AHA Live Mentoring Call
17	DEC 2019, TUE	● 7:30 – 8:30pm	AHA Live Healing Call

### **How much time do I need to commit?**

Everyone is different, but this is set up for you to go at your own pace. This could mean going through a full class at a time or doing 30 minutes a day or week. Please do what works best for you and your schedule; it's more important to begin integrating the knowledge, healing and practices into your daily life than to rush through and complete it quickly. Once you've completed the program, I recommend incorporating some of the healing tools and visualizations into your daily practice. For most people their ongoing daily practice is 10 – 30 minutes. Taking daily action so that you can keep momentum is more important than the amount of time you spend on the activities.

Some clients can only commit 1-2 hours a week, while others set aside additional time each week for implementation. The Healer's Academy supports you wherever you are on your journey.

You'll receive access to all materials and the live recordings for LIFE, so you can learn and implement whenever you need to, time and time again!

### **Do I need to complete the classes in a specific order?**

I recommend that you start at the beginning of the program and go through it in order once. Some of the activities only need to be completed once, while other parts of the system are tools that can be incorporated into your daily rituals or used when limiting beliefs or emotions or whatever calls to be healed arises for you or your clients. After you've gone through the classes, you can then apply the tools and daily practices in a way that feels good to you and fits within your lifestyle. Remember, focus on quality and consistency over quantity!

**Will this system help me if I've already taken other Energy Healing courses or certifications such as coaching, Reiki, Mindset, Meditation, Law of Attraction, or other applicable courses? What if I've already done healing work and manifested a lot of the things I desire?**

**Short answer is YES- absolutely.**

**Healing is a journey and since energy is always in movement, it is vital to embrace the new energy and knowledge of ascended healing as an added benefit and resource for your own souls' evolution.**

**If you haven't yet manifested the life, work, love, relationships, sex life, and fulfillment you desire, then this course will help you to do so. If you've manifested some of those things but not to the level you want or with ease, e.g. you've had to "work really hard" for everything so far, then this course will help you to bring your dreams to the next level with greater ease and more quickly.**

**Manifesting has everything to do with healing!**

**I've designed this as a System so that, unlike the courses we've taken in the past, you can continue to apply these energy resources daily and revisit the system more intensively as you up level in life and business. This is a LIFETIME SYSTEM so that you can manifest with ease and speed and bring to light your deepest gifts and desires.**

**Do you offer refunds?**

**No. And not simply because the content is instantly-accessible, but because I totally over-deliver with everything I co-create, and we know that this system will work as long as you're committed to going through it. If you don't believe this course can work for you, if you're looking for a magic bullet that will simply get you results by hitting the "buy" button, and/or if you're not willing to put in a few minutes every day towards healing your energy and achieving your dreams, then this course won't bring you the results you desire. If any of those apply to you, we recommend you don't buy this system, as it will only work if you do.**