

# I-REMOVE®

## Fat Binder

Weight loss is an ongoing challenge for many Americans. People find it very hard to achieve their weight-loss goals - let alone maintain the results.

## Introducing I-REMOVE

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I-REMOVE®, the **number-one selling weight-loss formula in Europe, is now available in the U.S.**

Losing weight can be difficult, especially in today's busy world, but I-REMOVE can help a person who has decided to make a change to be healthier and reach their weight-loss goals. While diets have a beginning and an end, I-REMOVE is meant to help people adopt a healthier lifestyle that they can sustain over the long-term.

Clinically tested and shown to help people lose weight and maintain weight loss, I-REMOVE can deliver up to 3X more weight loss than dieting alone. It can help people achieve their weight-loss goals by a dual action of fat binding for decreased fat absorption and increasing satiety, which together result in a reduced calorie absorption intake, without undesirable side effects.<sup>\*1,3</sup>

## I-REMOVE is for:

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- Adults 18 years of age and older<sup>1</sup>
- People who are overweight or slightly obese<sup>1</sup>
- Those who understand that losing weight requires to eat healthier and to move more

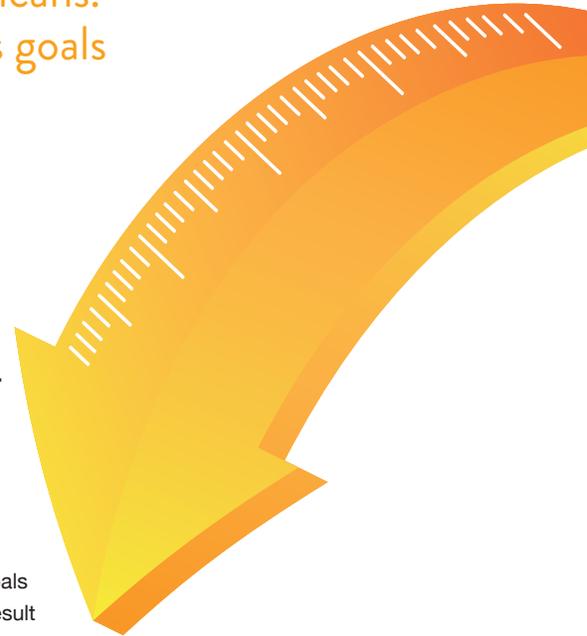
I-REMOVE has been extensively studied, with clinical data showing its effectiveness in both people who are overweight and those who are slightly obese.

## Powered by LITRAMINE®

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I-REMOVE contains Litramine, a patented natural-fiber complex with fat-binding properties. When taken after a meal, I-REMOVE binds to a portion of the fat molecules in food, forming fat-fiber complexes that are too large to be absorbed by the intestine.

The body then naturally and gently eliminates up to 28% fat from the meals with an average of 15%, making less fat available for absorption. Additionally, I-REMOVE has been shown to promote a pleasant feeling of fullness. In clinical studies, 60% of participants reported increased satiety in the Litramine group as compared to just 12.5% in the placebo group.<sup>\*3,4</sup>



# Clinically Tested

Litramine has been validated with clinical data from five clinical trials.

- In a 12-week study, over 50% of overweight patients taking I-REMOVE with Litramine lost between nine and 18 lbs in 12 weeks, while 73% of overweight patients lost six lbs or more.<sup>1</sup> Both groups, Litramine and placebo, were following a calorie restriction diet.
- People taking I-REMOVE with Litramine also experienced\*<sup>1</sup>:
  - Reduction of BMI, waist circumference, and body fat mass
  - No undesirable side effects
  - Increased feeling of fullness
- Over a period of six months, 92% of patients in the Litramine group were able to maintain their achieved weight loss as compared to just 25% in the placebo group.<sup>\*3</sup>

## It's Different

### Real Results

In combination with a healthier lifestyle, I-REMOVE has been demonstrated to effectively help boost weight-loss efforts in people 18 years of age and older who are overweight or slightly obese.<sup>1</sup> Over 12,000 people in Europe have self-reported their experiences with I-REMOVE through apps and on-line programs, showing over 60% higher average weight loss than in clinical trials.<sup>5</sup>

### No Undesirable Side Effects

As a purely “physical” fat binder, I-REMOVE has no pharmacological effects and no product-related GI side effects, such as oily spotting.<sup>1,3</sup>

### Well-Tolerated

Clinical trials have demonstrated that I-REMOVE with Litramine is well tolerated, and over an 11-year period only 0.003% of people taking I-REMOVE have reported any undesirable health complaints.<sup>\*3</sup> To date, more than 28 million packs of I-REMOVE have been sold worldwide.<sup>5</sup>

### Simple to Use

I-REMOVE can be easily incorporated into a busy schedule, but must be part of a healthy lifestyle, which includes eating healthier and moving more. This doesn't mean making drastic changes or spending hours in the gym, it means making better eating decisions — even if the occasional slip up happens—and incorporating more movement into a typical day.

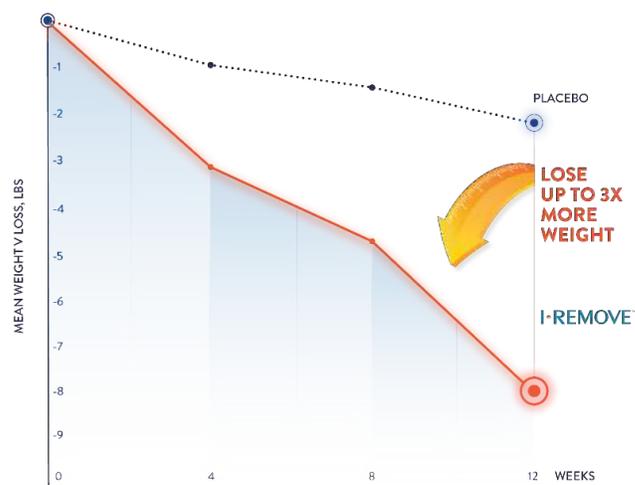
### Weight-loss Support

I-REMOVE also offers weight-loss support via the “Real You. Real Results.” Facebook community page and the free I-REMOVE app.

### Easy to Purchase

I-REMOVE can now be purchased, without a prescription, in Walgreens retail locations, on walgreens.com, and on amazon.com. It will soon be available at other drugstores and pharmacies nationwide. I-REMOVE is sold as a dietary supplement in the U.S.

### MEAN WEIGHT LOSS



12-week placebo controlled clinical study, Grube et al. 2013, overweight subjects average weight loss 7.89lbs vs. placebo 2.07lbs as part of a reduced calorie [fat] diet and moderate exercise. Results not typical, individual results may vary. A clinical study demonstrated 3x more weight loss than diet and exercise alone for overweight individuals. Weight loss results based on the use of I-Remove in conjunction with a reduced calories.

Zaluvida, the makers of I-REMOVE, is a global, integrated life science group that is pioneering therapies and technologies to tackle some of the most critical challenges in health care, including obesity, antimicrobial resistance, and greenhouse gas emissions. Zaluvida's first-generation weight-management formula, Litramine, was launched in Europe in 2006, and was soon awarded a Class II medical device certification. Litramine was the first weight-management formula in the world to achieve this designation. Litramine is sold in the U.S. as a dietary supplement.

Zaluvida is led from its corporate headquarters in Switzerland and the company has research and office facilities throughout Europe, North America, and Asia.

### References:

1. Grube B, Chong PW, Lau KZ, Orzechowski HD. A natural fiber complex reduces body weight in the overweight and obese: a double-blind, randomized, placebo-controlled study. *Obesity* (Silver Spring). 2013;21:58-64.
2. Dulloo AG. Explaining the failures of obesity therapy: willpower attenuation, target miscalculation or metabolic compensation? *Int J Obes* (Lond). 2012;36:1418-1420.
3. Grube B, Chong PW, Alt F, Uebelhack R. Weight maintenance with Litramine (IQP-G-002AS): a 24-week double-blind, randomized, placebo-controlled study. *J Obes*. 2015;2015:1-6.
4. Uebelhack R, Busch R, Alt F, Beah ZM, Chong PW. Effects of cactus fiber on the excretion of dietary fat in healthy subjects: a double blind, randomized, placebo-controlled, crossover clinical investigation. *Curr Ther Res Clin Exp*. 2014;76:39-44.
5. Data on file. InQpharm.
6. Mean weight-loss results. Database summary file Omega Pharma.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.