

Measuring Chart for Women

Alpha/Numeric Conversion Chart-Women's Measurements

	XS	S		M		L		XL		2XL		3XL	
Size	4	6	8	10	12	14	16	18	20	22	24	26	28
Chest / Bust	32 1/2 - 33	33 1/2 - 34	34 1/2 - 35	35 1/2 - 36	36 1/2 - 37 1/2	38 - 39	39 1/2 - 40 1/2	41 1/2 - 42 1/2	43 1/2 - 44 1/2	45 1/2 - 46 1/2	47 1/2 - 48 1/2	49 1/2 - 50 1/2	51 1/2 - 52 1/2
Waist	24 - 24 1/2	25 - 25 1/2	26 - 26 1/2	27 - 28	28 1/2 - 29 1/2	30 - 31	31 1/2 - 32 1/2	33 - 34 1/2	35 - 36 1/2	37 - 38 1/2	39 - 40 1/2	41 - 42 1/2	43 - 44 1/2
Hips	34 - 34 1/2	35 - 35 1/2	36 - 36 1/2	37 - 37 1/2	38 - 39	39 1/2 - 40 1/2	41 - 42	42 1/2 - 44	44 1/2 - 46	46 1/2 - 48	48 1/2 - 50	50 1/2 - 52	52 1/2 - 54

Measuring Chart for Men

Alpha / Numeric Conversion Chart - Shirts

Size	XS	S	M	L	XL	2XL	3XL	4XL
Neck	13 - 13 1/2	14 - 14 1/2	15 - 15 1/2	16 - 16 1/2	17 - 17 1/2	18 - 18 1/2	19 - 19 1/2	20 - 20 1/2

Men's Industrial Shirts - Industrial, Cotton, Western, Specialized and Patterned

	Size	S	M	L	XL	2XL	3XL	4XL	5XL
Sleeve Length	RG	33	33 1/2	34	34 1/2	35	35	35	35
	LN	35 1/2	35 1/2	36	36	36	36	36	36
	XLN	37	37	37	37	37	37	37	37
Back Length	RG	Regular Back Length							
	LN	Regular Back Length plus 1 1/2"							
	XLN	Regular Back Length plus 4"							

Men's Cooks Shirts

Size	S	M	L	XL	2XL	3XL	4XL
Neck	14 - 14 1/2	15 - 15 1/2	16 - 16 1/2	17 - 17 1/2	18 - 18 1/2	19 - 19 1/2	20 - 20 1/2
Half Sleeve (SS)							
(SSL)							

Men's Executive Dress Shirt

Size	14	14 1/2	15	15 1/2	16	16 1/2	16	17 1/2	18	18 1/2	19	
Sleeve Length	32	Regular Back Length										
	33	Regular Back Length										
	34	Regular Back Length plus 1 1/2"										
	35	Regular Back Length plus 1 1/2"										
	36	Regular Back Length plus 4"										
	37	Regular Back Length plus 4"										
SS	Regular Back Length					Regular Back Length plus 1 1/2"						

Men's Coveralls - Action Back

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56 - 58	60

Men's Height Conversion Chart

SH	Short	5' 3" - 5' 7"
RG	Regular	5' 7" - 5' 11"
LN	Long	5' 11" - 6' 3"
XLN	XTall	6' 3" - 6' 7"

Insulated Coveralls

Size	S	M	L	XL	2XL
Chest	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52

Men's Jackets and Liners - Alpha / Numeric Conversion Chart

Size is determined by chest measurement. To order, specify the size plus length
NOTE: If waist size is larger than chest size, use waist measurement as size.

Alpha	XS	S	M	L	XL	2XL	3XL
Numeric	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	52 - 54	56 - 58
Actual Cut Size	34	38	42	46	50	54	58

Jackets and Liners are available in both regular and long lengths.

Industrial Parka

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	43	47	51	55	59	63	67	71

Men's Professional Cover-ups

Chef's, Lab, Staff, Lapel/Counter, Shop, Butcher, Specialized, Pocketless Lab, Specialized Lab, Pocketless Lab, Specialized Lapel/Counter, Trim Cut Butcher, Tech

Size	32	34	36	38	40	42	44	46	48	50	52	54	56	58
Alpha	XS	S	M	L	XL	2XL	3XL							

Knit Shirts

Size	XS	S	M	L	XL	2XL	3XL	4XL
Chest	13 - 13 1/2	14 - 14 1/2	15 - 15 1/2	16 - 16 1/2	17 - 17 1/2	18 - 18 1/2	19 - 19 1/2	20 - 20 1/2

Men's Uniform Shirts - Security, Broadcloth and Solid Dress Uniform Shirts

	Size	S	M	L	XL	2XL	3XL	4XL
Sleeve Length	Neck	14 - 14 1/2	15 - 15 1/2	16 - 16 1/2	17 - 17 1/2	18 - 18 1/2	19 - 19 1/2	20 - 20 1/2
	32-33	Regular Back Length						
	34-35	Regular Back Length plus 1 1/2"						
	36-37	Regular Back Length plus 4"						
	SS	Regular Back Length						
SSL	Regular Back Length plus 4"							

Men's Dress Uniform Shirts - Stripes and Red

	Size	S	M	L	XL	2XL	3XL	4XL
Back Length	Neck	14 - 14 1/2	15 - 15 1/2	16 - 16 1/2	17 - 17 1/2	18 - 18 1/2	19 - 19 1/2	20 - 20 1/2
	RG	33	33 1/2	34	34 1/2	35	35	35
	LN	35 1/2	35 1/2	36	36	36	36	36
SS	Regular back Length plus 4"							
SSL	Regular back Length plus 4"							

Men's Pants and Slacks

Size is determined by waist and inseam measurements. To order, specify waist and inseam in inches.

Baggy Chef's Pants

Size	S	M	L	XL	2XL
Waist	28-30	32-34	36-38	40-42	44-46

METRIC CONVERSION CHART - INCHES TO CENTIMETERS

NECK SIZES		WAIST / CHEST SIZES				INSEAM LENGTHS	
Inches	Centimeters	Inches	Centimeters	Inches	Centimeters	Inches	Centimeters
13	33	20	71	44	112	28	71
13 1/2	34	29	74	46	117	29	74
14	36	30	76	48	122	30	76
14 1/2	37	31	79	50	127	31	79
15	38	32	81	52	132	32	81
15 1/2	39	33	84	54	137	33	84
16	41	34	86	56	142	34	86
16 1/2	42	35	89	58	147	35	89
17	43	36	91	60	152	36	91
17 1/2	44	37	94	62	157	37	94
18	46	38	97	64	163		
18 1/2	47	39	99	66	168		
19	48	40	102	68	173		
19 1/2	50	42	107	70	178		
20	51						
20 1/2	52						
21	53						
21 1/2	55						
22	56						
22 1/2	57						
23	58						
23 1/2	60						

Lee® Woven & Denim Shirts

MEN's	Sleeve	Collar	WOMEN's	Sleeve	Collar
S	34	15	S	30	15 1/2
M	35	16	M	31	16
L	36	17	L	32	16 1/2
XL	37	18	XL	33	17
2XL	38	19	Women's Defined Twill Shirt sleeve length is		
3XL	38 1/2	20			

Regular Length

Unisex Sizing Chart - Tech Coats, Wraps, Unisex Lab Coats, Vests Size is determined by chest measurements. To order, specify alpha size.

Note: If waist size is larger than chest size, use waist measurements as size.

Size	XS	S	M	L	XL	2XL	3XL
Chest	30 ¹ / ₂ - 34	34 ¹ / ₂ - 38	38 ¹ / ₂ - 42	42 ¹ / ₂ - 46	46 ¹ / ₂ - 50	50 ¹ / ₂ - 54	54 ¹ / ₂ - 58
Hip	33 ¹ / ₂ - 36	36 ¹ / ₂ - 39	39 ¹ / ₂ - 42	42 ¹ / ₂ - 46	46 ¹ / ₂ - 50 ¹ / ₂	51 - 55	55 ¹ / ₂ - 59 ¹ / ₂

Sizing Chart

4XL	39	21
5XL	39 ¹ / ₂	22
XLT	39	18
2XLT	39 ¹ / ₂	19

+1/2" longer than indicated in the chart.

WOMEN'S SIZING FOR CHEF'S COAT

Suggested Women's Size		...with hips measuring up to:	Actual Garment Size	
ALPHA	NUMERIC		ALPHA	NUMERIC
	6	35	XS	32
S	8	36	XS	34
	10	37	S	36
M	12	38 ¹ / ₂	S	38
	14	40	M	40
L	16	41 ¹ / ₂	M	42
	18	43 ¹ / ₂	L	44
XL	20	45 ¹ / ₂	L	46
	22	47 ¹ / ₂	XL	48
2XL	24	49 ¹ / ₂	XI	50
	26	51 ¹ / ₂	2XL	52
3XL	28	53 ¹ / ₂	2XL	54
	30	55 ¹ / ₂	3XL	56
4XL	32	57 ¹ / ₂	3XL	58
**CONVERSIONS ARE BASED ON CHEST MEASUREMENTS				