

THRONE CHECK

We need to regularly repent of the idolatry of food, entertainment, or sleep. As Christians, we should also be mindful of **who** we allow to replace Christ on the throne of our lives.



- ✓ **Read each statement.**
- ✓ **Determine which one is the truest for you.**
- ✓ **Add the corresponding points from each question to get your total score.**

WHICH STATEMENT IS THE TRUEST ABOUT...

...your relationship with God?

- 1** I spend intimate time with God in prayer and Bible study every day or almost every day.
- 2** I spend time with God in prayer and Bible study a few times each week.
- 3** I read my Bible and pray a few times a month.



...your relationship with others?



- 1** It bothers me when others criticize or don't respond positively to me, but I use Scripture to remember how much I am loved by God.
- 2** It hurts when other don't approve of me and I often feel tempted to prove I'm good enough.
- 3** I try to convince others of my worth by pleasing them even if it violates my conscience or God's Word.

...your "thinking" time?

- 1** I strive to set my mind on things above by memorizing scripture or listening to positive music.
- 2** I constantly wrestle with keeping my thoughts on spiritual things.
- 3** My thoughts are consumed with how others perceive me.



...your goals or dreams in life?



- 1** I lay my dreams before the Lord and trust he will reveal my path and direct me to what is best for his kingdom and for my life.
- 2** I sometimes feel like God is unfair for letting me have desires, but not letting me fulfill them.
- 3** I often feel like God is holding back on me so I have to achieve my goals without him.

...when you are stressed?

- 1** I recall God is in control, regularly use scripture to rein in my concerns or fears, and pray until I can surrender and feel at peace.
- 2** I have a hard time feeling like God is there or he cares about the little things in my life.
- 3** I often rely on myself to work things out because I feel God isn't powerful enough to take care of me or I feel like I'm not worthy of his attention.



Add up your score to determine who's seated on the throne of your life today.

5-7

Jesus seems to have a fairly firm seat in your life right now!

Keep it up so He can complete the good work He started in you (**Philippians 1:6**). Be vigilant of threats to His throne.

8-11

Warning, Jesus' seat is shaky.

You're letting other things compete for Christ's sovereignty in your life. Time to repent and get reconciled again by setting your heart and mind on things above (**Colossians 3:1-2**).

12-15

Oh, no! You've lost your first love.

You are treading in dangerous, shark-filled waters. Time to repent and do the things you did when you first fell in love with Jesus (**Revelations 2:4-5**).