

HIGH HAMPTON



BEFORE YOUR STAY

WHAT TO EXPECT

Our Guest Services team is anticipating your arrival at The Inn at High Hampton! Continue to visit highhampton.com to see the latest news and updates as you get excited and prepare for your visit.

WHAT TO DO WHILE YOU'RE HERE

- Hiking
- Fitness Studio
- Fitness Classes
- Tennis

We are always delighted to answer any questions you may have regarding your room reservation, and our Concierge team is available to schedule any activities and to confirm dinner times. The Concierge team can also guide you on the best activities to do during your stay. If you would like to explore all of our activities, please click the following link: <http://www.highhampton.com/activities>.

If you would like to reach the Concierge team, please email concierge@highhampton.com or dial 828.547.0662.

Please read our guest wellbeing efforts to learn more about what you can expect during your stay. [Click here.](#)

For directions to High Hampton, please [click here.](#)

WHAT TO PACK

We have a variety of activities that you can enjoy during your stay at The Inn at High Hampton. No matter what you plan to do, we recommend bringing the following essentials, along with an open mind and an excited heart to fully immerse yourself in the longstanding traditions and new adventures that await you at High Hampton.

To dine in The Dining Room, suits, dress pants, skirts, dresses, well-kept dark denim and collared shirts are great options. Ties are optional, while jackets are suggested. T-shirts, sporting attire and casual wear are not permitted for dinner.

Meals in The Tavern are resort casual.

Athletic clothes and shoes are perfect for activities such as hiking, tennis, the fitness center and golf. For pickleball, soft soled shoes are recommended instead of cross trainers or hiking shoes and protective eyewear is preferred.

Swimwear is ideal for days spent by the pool, in the steam rooms and by Lake Hampton.

Bring comfortable lounge wear for unwinding in your room or relaxing at The Inn.

We advise packing a rain jacket or rain gear. The weather in North Carolina is relatively rainy. Luckily, we are prepared to have fun in any weather! A day might start with rain and end with sunshine, so we encourage you bring a variety of outerwear and footwear options.