



# ARE YOU AN EMPATH TEST

**1. IF YOU HAVE EXPERIENCED THE PHYSICAL EFFECTS FROM ANOTHER'S PAIN OR SUFFERING AS IF THEY ARE YOUR OWN OR HAVE SENSED LOWER ENERGY IN A ROOM WITHOUT KNOWING WHY OR WHERE IT HAS COME FROM?**

YES OR NO

**2. IF YOU EXPERIENCE AN EMOTIONAL CONNECTION WHEN SOMEONE IS SUFFERING OR IN PAIN AS A REACTION AND FEELING AS IF YOU ARE GOING THROUGH THESE THINGS YOURSELF, OR IF YOU ARE COMPLETELY DRAINED WHEN BEING IN A GROUP OF PEOPLE OR AROUND LOWER ENERGY?**

YES OR NO

**3. YOU KNOW WHAT IT IS LIKE TO TAKE ON SOMEONE'S PERSONALITY?**

YES OR NO

**4. YOU HAVE SEEN SPIRIT, AN ENERGY FROM GOD, SUCH AS AN ANGEL, JESUS, OR DEPARTED LOVED ONE?**

YES OR NO

**5. YOU SEE VIVID COLORS WHEN YOU MEDITATE?**

YES OR NO

**6. YOU FEEL PHYSICALLY ILL WHEN SOMEONE IS SICK?**

YES OR NO

**7. YOU CRY OFTEN AND SOMETIMES CAN'T CONTROL YOUR EMOTIONS?**

YES OR NO

**8. YOU CAN EASILY CHANGE THE ENERGY OF A PERSON OR SITUATION?**

YES OR NO





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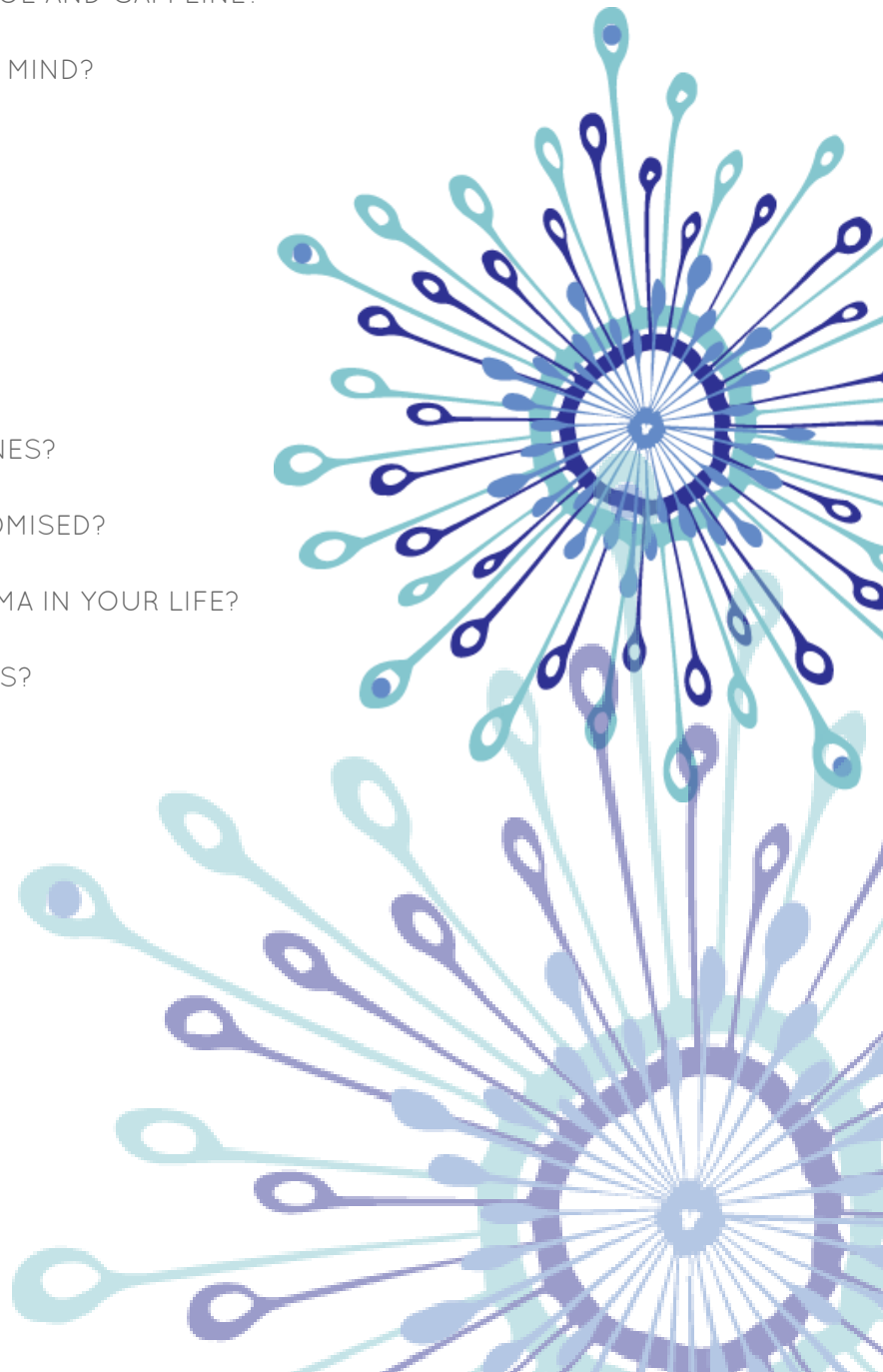
MARK A Y FOR YES FOR THE FOLLOWING THAT APPLY TO YOU.

- YOU EASILY PICK UP OTHERS ENERGY?
- YOU ARE AWARE OF ENERGY THAT IS NOT YOURS AND TRY AND PROCESS IT?
- YOU BECOME OVERSTIMULATED OR OVERWHELMED EASILY?
- YOU ARE SENSITIVE TO CHEMICALS, ALCOHOL AND CAFFEINE?
- YOU HAVE A HYPERACTIVE, OVER-THINKING MIND?
- YOU HAVE LOW OR HIGH BLOOD SUGAR?
- YOU HAVE CHRONIC FATIGUE?
- YOU HAVE HORMONE IMBALANCES?
- YOU SUFFER FROM ADRENAL FATIGUE?
- YOU SUFFER FROM HEADACHES OR MIGRAINES?
- YOUR IMMUNE SYSTEM IS LOW OR COMPROMISED?
- YOU HAVE SUFFERED AN EMOTIONAL TRAUMA IN YOUR LIFE?
- YOU HAVE HAD FUTURE VISIONS OR DREAMS?
- YOU HAVE DIGESTION ISSUES?

TOTAL YES ANSWERS

IF YOU HAVE 16 - 22 YES ANSWERS  
**YOU ARE AN EMPATH.**

IF YOU HAVE 1-15 YES ANSWERS  
**YOU ARE A SENSITIVE SOUL.**





Goddess YOUNIVERSITY

# **EMPATH TEST**

