

River Valley

SPECIAL RECREATION ASSOCIATION

WINTER SPRING 2024

**Registration starts
December 22, 2023**

Adults



Special
Olympics



Teens



Early Childhood

Represented Park Districts: Bourbonnais Township • Kankakee Valley • Limestone



Special Recreation Association

1335 E. Broadway, Bradley, IL 60915 • 815-933-7336 • Fax: 815-933-4632

Office Hours: 8:30 AM • 4:30 PM Monday thru Friday

E-mail: rivervalleysra@gmail.com • Website: rivervalleysra.com

MISSION STATEMENT Providing year-round recreation, leisure activities and life skills that add to the quality of life for those who participate and their families.

WHAT IS THE R.V.S.R.A.?

The R.V.S.R.A. is an association formed by member agencies to provide community-based Therapeutic Recreation to individuals with disabilities or special needs. Member agencies provide the primary source of operational revenue through a property tax levy available to the park districts who have entered into a cooperative agreement.

ASSOCIATION MEMBER AGENCIES AND BOARD REPRESENTATIVES

Bourbonnais Township Park District

David Zinanni

Jeff Mullinax

Kankakee Valley Park District

Don Palmer

James Frey

Limestone Park District

Doug Krippel

R.V.S.R.A Board Meetings are held on the third Tuesday of each month. Call the office at 815-933-7336 for the location and time of the meeting. The public is invited to attend.

Renee Tanner **Safety & Marketing Coordinator**
renee.rvsra@gmail.com

PROGRAM COORDINATORS

Dorene Mohler **Adults & Special Events**
dorene.rvsra@gmail.com

Jessica Rattin **Early Childhood & Youth**
jessica.rvsra@gmail.com

Emily Ramirez **Athletics & Teens**
emily.rvsra@gmail.com

SPECIAL OLYMPICS

Persons that participate in Special Olympic sports should have a current Medical Application on file with RVSRA. The application is good for 3 years. Athletes must have their application on file with us before practices start and until competitions are complete. Athletes will also need to fill out an Athlete Consent Form. This only needs to be filled out one time. These forms can be found on our website or at the SRA office.



ADA COMPLIANCE

We intend to comply with the Americans with Disabilities Act (ADA) which prohibits discrimination in the provision and inclusion of programs and services to individuals with disabilities whenever possible. However, in some cases, programs are designed to meet the needs of specific disability groups. Parents/guardians should be aware that programs are staffed at a 4:1 ratio and some activities may not be appropriate or adaptable for all participants.

PROGRAM FEES

In District & Out of District fees are in place for most of our programs. Residents living within the boundaries of our member districts are considered in district when registering for programs. Non-Residents can register, but may be required to pay an additional fee for some programs.

All participants who have a fee balance remaining from a previous season will not be allowed to register for new programs until that balance is paid in full.

When registering for programs a 50% payment is required upon enrollment. The remaining balance is due within 45 days.

Refunds and Credits will be given only if a program has been changed, canceled or for medical or relocating reasons.

INCLUSION

RVSRA, Bourbonnais Township Park District, Kankakee Valley Park District and Limestone Park District engage in an interactive process to provide reasonable accommodation for eligible individuals with a disability or special need so that they may participate in recreation opportunities at their local park district. The goal is to provide assistance to children and adults with disabilities and special needs so they may participate in recreation programs with their peers in the general population.

CHECK OUT OUR WEBSITE & Find us on 

IN LOVING MEMORY

Pamela Bright

WE WILL MISS YOU ALWAYS.



JULY 12, 1969 - OCTOBER 28, 2023

Online Registration

HOW TO REGISTER:



Online: RVSRA uses UltraCamp, an online registration system that allows you to search and sign up for programs easily. Online registration is accessible from our website rivervalleysra.com by clicking the "Take Me to Registration" button located halfway down the page. New brochure registration will open online at 7am on Friday December 22, 2023. This is the preferred way to register.

DONATIONS

If you are interested in donating to River Valley Special Recreation Foundation which exists to help participants of River Valley Special Recreation Association, whether it is a one-time donation or you would like to schedule set up recurring donations, it can be done by following this QR code to our registration website (UltraCamp) and answering a few questions.



Winter 2024

Registration Information

ALL INFORMATION BELOW MUST BE COMPLETED FOR FORM TO BE PROCESSED.

MAIL or BRING INTO OFFICE: 1335 E. Broadway, Bradley, Illinois 60915

QUESTIONS: Call 815-933-7336

PARTICIPANTS NAME _____ AGE _____ BIRTHDATE _____

ADDRESS _____ CITY _____ STATE _____ ZIP _____

EMAIL _____ T-SHIRT SIZE _____

MOTHER/GUARDIAN _____ HOME # _____ WORK # _____ CELL # _____

FATHER/GUARDIAN _____ HOME # _____ WORK # _____ CELL # _____

EMERGENCY CONTACT	HOME #	WORK #	CELL #

Registration form must be signed before individuals may participate in programs. Checks can be made payable to RVSRA. Mail or bring in your registration form and payment to the RVSRA Office.



**We accept Credit or Debit Cards
for program payments!**

RVSRA WAIVER AND RELEASE OF ALL CLAIMS

We want the participants in our programs to be aware, in advance, that when they participant in an activity including high risk activities such as, but not limited to: swimming, horseback riding, rock or wall climbing, there is a natural element of risk of injury which each participant must assume.

I (my child) recognize and acknowledge that there are certain risks of physical injury and I (my child) agree to assume the full risk of any injuries, including death, damages or loss which I (my child) may sustain as a result of participating in any and all activities connected with or associated with such program(s). I (my child) agree to waive and relinquish all claims I (my child) may have as a result of participating in the program(s) against the River Valley Special Recreation Association (R.V.S.R.A.), the Bourbonnais Township, Kankakee Valley and Limestone Township Park Districts and their officers, agents, servants and employees. I (my child) do hereby fully release and discharge R.V.S.R.A. and the Park Districts it represents and their officers, servants and employees from any and all claims from injuries, including death, damage and loss which I (my child) may have or which may occur to me (my child) on account of my (my child's) participations in the program. I (my child) further agree to indemnify and hold harmless and defend the RVSRA and the above-named Park District and their officers, agents, servants, and employees from any and all claims resulting from injuries, including death, damages and losses sustained by me (my child) and arising out of, connected with, or in any way associated with the activities of the programs.

I further understand and agree that the terms such as "participation," "programs" and "activities," referred to in the Agreement, include all exercises and physical movements of any nature while I am participating in these programs and further include the provision of or failure to provide proper instructions of supervision, the use and adjustment of any and all machinery, equipment, and apparatus, and anything related to my (my child's) use of services, facilities, or premises involved in these programs, and transportation to and from any events.

In the event of any emergency, I authorize R.V.S.R.A. officials to secure from any licensed hospital, physician and/or medical personnel any treatment deemed necessary for me or my minor child's/ward's immediate care and agree that I will be responsible for payment of any and all medical services rendered. I have read and fully understand the above Program Details, Waiver and Release of all claims and permission to secure treatment. If registering by fax, your facsimile signature shall substitute for and have the same legal effect as an original form signature.

PLEASE REMEMBER TO SIGN AND DATE BELOW

Signature of Participant (if age 18 or above) or Parent / Guardian

Date _____

PROGRAM NAME		FEE	PROGRAM NAME		FEE
Column Total			FINAL TOTAL		



Special Olympics

SWIM TEAM

Previous swim team experience is not required, BUT the ability to swim at least 25 yards without stopping is a must!

If you qualify for your event, dates for Summer Games are June 7th - 9th and an additional fee will be charged.

Practices will be Wednesday nights 7:30 - 8:30 pm. The season begins on January 3rd. Other swim meets will be given out at a later date.

Let's Go Swimming!

- **QUALIFYING DATE: MARCH 23**
- AGES: 12 yrs & up**
- LIMIT: 12**
- MINIMUM: 5**
- FEE: \$110 in district / \$120 out of district**

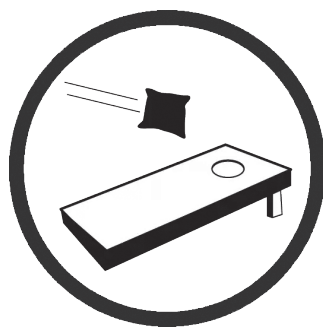
TRACK & FIELD

Whether it's running, walking, or throwing a ball - track has something for everyone!

If you qualify for your event, dates for summer games will be June 7th - 9th, an additional fee will be charged.

Practices will start in March.

- **QUALIFYING DATES: MAY 4 AND 5**
- AGES: 16 yrs & up**
- LIMIT: 12**
- FEE: \$85 in district / \$95 out of district**



UNIFIED BAGS

Special Olympics is test piloting another round of Unified Bags. Last year was a huge success and we would love to do it again. All partners will need to have a current Class A form filled out with Special Olympics. All athletes will need to have a

current medical form cleared through Special Olympics. If you think you already have these done please contact Emily.

- **EXHIBITION DATE: APRIL 13**
- AGES: 18 yrs & up**
- LIMIT: 16**
- ATHLETE FEE: \$50 in district**
\$60 out of district
- PARTNER FEE: \$30 in district**
\$40 out of district

Fee includes a shirt to keep

ATTENDANCE POLICY

Special Olympics Illinois recommends an eight week training period for each sport. By signing up for these programs athletes must be committed and will be expected to attend a minimum of 60% of scheduled practices.

Special Olympics Medical Form Information

In order for an athlete to compete in Special Olympics sports, a current Special Olympics medical form must be on file at the RVSRA office. It is valid for three years from the date the doctor signs the form. Please feel free to call the office to see when your athlete's application expires. The medical form can be found on our website.

Weekly Programs

CLUB

This exciting program is offered two days a week. We know how to fill your day with crafts, games, exercise, life skills and laughter. You'll make some new friends and the day will just fly by. Try this program out for the first time and get your very own Club sweatshirt that you can wear each week. A newsletter will be sent home daily so that you can talk about your day with your family. Daily rates are available upon requests.



- **@ SRA Office, Bradley**
DAY: TUESDAYS & THURSDAYS for 15 weeks
TIME: 9:00 am - 3:00 pm
DATES: JANUARY 16 - APRIL 25
AGES: 21 yrs & up
LIMIT: 15
FEE: \$450 in district / \$520 out of district
(one day a week)
\$880 in district / \$1,020 out of district
(two days a week)



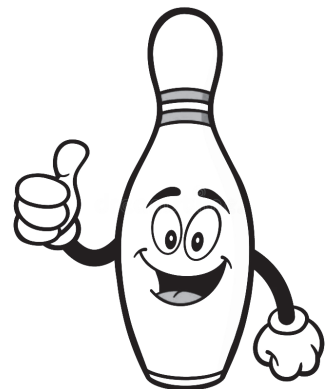
LAP / OPEN SWIM

If you like to get some great exercise while you are wet, then learn how to swim with this class. Our experienced instructor will teach you the basics so that you can do laps in the YMCA pool. We'll help you develop your swimming skills over the course of this class.

- **@ YMCA, Kankakee**
DAY: TUESDAYS for 5 weeks
TIME: 6:30 - 7:15 pm
SESSION #1:
JANUARY 23 - FEBRUARY 20
SESSION #2:
MARCH 19 - APRIL 16
AGES: 8 yrs & up
LIMIT: 7
FEE: \$55 in district / \$65 out of district
FEE APPLIES FOR EACH SESSION

BOWLING

Bowling two games on a Saturday morning is a great start to your weekend. We have two different time slots for you to choose from. The bowling alley supplies the ramps, bumpers, shoes and ball if you need them. Participants under the age of 9 should be accompanied by an adult.



- **@ Brookmont Bowling Center,**
200 W. Brookmont Blvd., Kankakee
DAY: SATURDAYS for 6 weeks
TIME: 9:00 - 10:00 am OR 10:15 - 11:15 am
(Please sign up for one time slot in each session.)
SESSION #1: JANUARY 13 - FEBRUARY 17
SESSION #2: MARCH 2 - APRIL 6
AGES: 5 yrs & up
LIMIT: 35
FEE: \$65 in district / \$75 out of district
FEE APPLIES FOR EACH SESSION.

Weekly Programs

WALKING

Walking is a great way to get some exercise. You can also visit with your friends as you walk along. We will contact everyone the morning of our program to inform you of the location. We may be at the Mall or at Perry Farm. We'll take advantage of the nice weather while we can. Try this program out for the first time and you will receive a Walking T-shirt for you to wear. Bring a water bottle to keep yourself hydrated.



- @ Perry Farm or Northfield Mall, Bradley
DAY: WEDNESDAYS for 8 weeks
DATES: MARCH 6 - APRIL 24
TIME: 4:30 - 5:30 pm
AGES: 9 yrs & up
LIMIT: 20
FEE: \$40 in district / \$45 out of district



SOCIAL CIRCLE

We will play some fun board games, play cards or put together a puzzle. It will be fun to unwind and relax with your friends. A snack will be provided.

- @ SRA Office
DAY: THURSDAYS for 5 weeks
DATES: FEBRUARY 15 - MARCH 14
TIME: 3:00 - 4:30 pm
AGES: 9 & up
LIMIT: 15
FEE: \$40 in district / \$50 out of district

KARATE

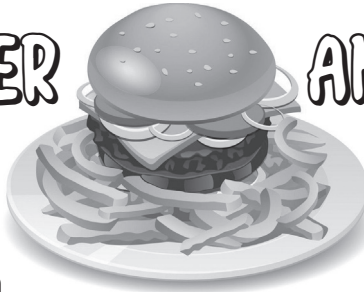
Tri-Star Martial Arts will help you with memory, balance, teamwork and control while learning the art of karate. Gain confidence as you exercise your body and mind. If this is your first class, there will be a charge for your karate suit.



- @ TRI-STAR MARTIAL ARTS
275 Industrial Dr., Bradley
DAY: FRIDAYS for 6 weeks
TIME: 3:15 - 4:00 pm
SESSION #1: JANUARY 19 - FEBRUARY 23
SESSION #2: MARCH 8 - APRIL 19
(No class on March 29)
AGES: 12 yrs & up
LIMIT: 20
FEE: \$60 in district / \$70 out of district
FEE APPLIES FOR EACH SESSION.

Teen Programs

THE CHEESEBURGER AND FRY CHALLENGE



We will be buying cheeseburgers and fries from different fast food locations in town. Each participant will get a bite of each and guess which fast food place it is from. Let's see who has the taste buds to win this challenge. The person who wins will walk away with a free scoop of ice cream from Culver's!

► @ SRA Office, Bradley
DATE: WEDNESDAY, JANUARY 17
TIME: 5:00 - 6:00p m
AGES: 13 - 22 yrs & up
LIMIT: 10
FEE: \$15 in district

Valentine's Day *MOCKTAILS*

► @ SRA Office, Bradley
DATE: TUESDAY, FEBRUARY 13
TIME: 5:00 - 6:00 pm
AGES: 13 - 22 yrs
LIMIT: 10
FEE: \$10 in district / \$15 out of district

Come join us at the SRA office for some fun mocktail drinks.
We will have a mixologist come in to make us some cool Valentine's drinks!
We will sample drinks while we listen to music and enjoy some snacks.

The Luck of the Irish

Let's celebrate St. Patrick's Day with a movie and snacks!

We will watch the Disney original "Luck of the Irish" while enjoying themed snacks and drinks.

► @ SRA Office, Bradley
DATE: FRIDAY, MARCH 15
TIME: 5:30 - 7:30 pm
AGES: 12 - 22 yrs
LIMIT: 10
FEE: \$10 in district / \$15 out of district

Programs For All Ages

ST. PATRICK'S DAY DANCE

Are you a wee bit Irish? Doesn't matter! Wear green and come enjoy a night of St. Patrick's Day fun. A snack will be given out at the end for you to take home. Those under the age of 9 should be accompanied by an adult.

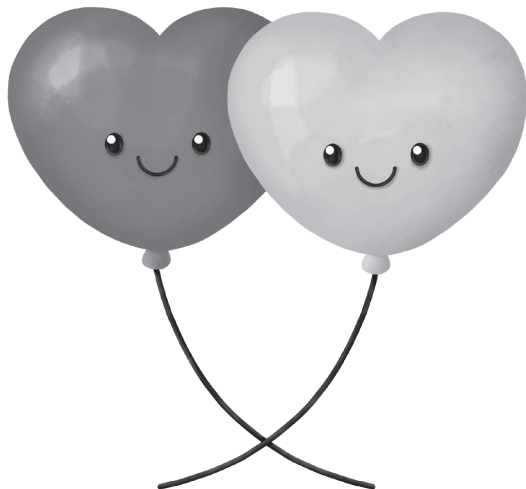


- @ **CIVIC AUDITORIUM, Kankakee**
DAY: MONDAY, March 18
TIME: 6:30 - 8:00 pm
AGES: ALL AGES
LIMIT: 150
FEE: \$10 in district / \$12 out of district

VALENTINE'S DANCE

Roses are red, Violets are blue. I've been thinking about dancing, how about you? A snack will be given out at the end for you to take home. Those under the age of 9 should be accompanied by an adult.

- @ **CIVIC AUDITORIUM, Kankakee**
DAY: FRIDAY, February 16
TIME: 6:30 - 8:00 pm
AGES: ALL AGES
LIMIT: 150
FEE: \$10 in district / \$12 out of district



WINTER CARNIVAL

Come one! Come all! Play some carnival games to earn some prizes and enjoy some time clowning around. Those under the age of 9 should be accompanied by an adult.

- @ **River Valley Special Recreation Association Office**
1335 E. Broadway, Bradley
DAY: SATURDAY, January 17
TIME: 2:00 - 4:00 pm
Open House - come whenever and leave whenever
AGES: ALL AGES
LIMIT: 45
FEE: \$12 in district / \$15 out of district



EASTER BUNNY VISIT

Grab your baskets and cameras because this is going to be super fun! The Easter Bunny will come to your house and put out eggs for your own hunt while sticking around for a photo opportunity. The visit with the bunny will be about 15-20 minutes and you will know when the visit will happen prior to the date.

- @ **YOUR HOUSE**
(Bradley, Bourbonnais & Kankakee Residents)
DAY: SATURDAY, March 24
TIME: 11:00 am - 3:00 pm
AGES: ALL AGES
LIMIT: 12
FEE: \$40 in district / \$45 out of district

Sports Trips

• PICK ONE OF THE THREE •

CHICAGO BULLS



Watch the Bulls take on a win against
the Toronto Raptors.

Enjoy the evening with all your friends
and cheer on your favorite basketball team.

► **UNITED CENTER**
DATES: TUESDAY, JANUARY 30
TIME: 4:30 - 11:15 pm
AGES: 16 yrs & up
LIMIT: 10
FEE: \$130 in district / \$150 out of district



CHICAGO BLACKHAWKS

The Blackhawks will play against the
Vancouver Canucks tonight. This will be
our first Blackhawks game.

Watch the acclaimed Stanley Cup winner
as they skate to another win!

► **UNITED CENTER**
DATES: TUESDAY, FEBRUARY 13
TIME: 4:30 - 11:15 pm
AGES: 16 yrs & up
LIMIT: 10
FEE: \$130 in district / \$150 out of district



CHICAGO WOLVES

WE ARE THE WOLVES

The Rockford Icehogs will never know
what they have gotten themselves into
against the Wolves. We'll howl every
time that our team scores.

► **ALLSTATE ARENA**
DATES: SATURDAY, MARCH 30
TIME: 4:30 - 11:15 pm
AGES: 16 yrs & up
LIMIT: 10
FEE: \$80 in district / \$90 out of district

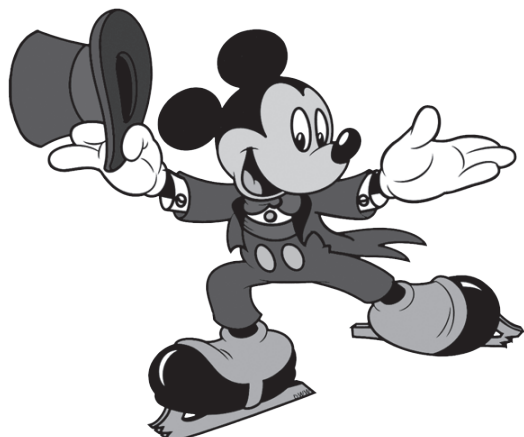
Family Trip



Join Mickey, Minnie, Donald, Daisy and Goofy as they journey through the timeless stories of Cinderella, Aladdin, and Toy Story, and today's favorites including Encanto, Frozen 2, and Moana.

Create enchanted memories with the Disney Princesses and celebrate Raya's on-ice debut at Disney On Ice!

Bring your family members and enjoy a wonderful show together.



Each family member needs to purchase a ticket.

- **DATES: SUNDAY, JANUARY 21**
- TIME: 9:00 am - 3:00 pm**
- AGES: 16 yrs & up**
- LIMIT: 20**
- FEE: \$85 in district / \$100 out of district**

Winter Programs

Let's Learn About Ethiopia



Let's take some time and learn something new! We will be providing a hands-on experience to learn about Ethiopia. A special guest will be here to show you some clothing, helping you with crafts and sharing some snacks from the Ethiopian culture. She is excited to answer all questions and give you some knowledge to share with others.

► **@ SRA Office, Bradley**
DATE: THURSDAY, JANUARY 18
TIME: 5:00 - 6:15 pm
AGES: 12 yrs and up
LIMIT: 13
FEE: \$10 in district / \$15 out of district

SMOOTHIE FLIGHTS

Join us at Essential Smoothies in the mall for a hands-on experience with making smoothies. You will get to make and try a variety of smoothies while working one on one with the owners. Drop off and pick will be at the mall in the food court area.



► **@ Northfield Square Mall Food Court, Bradley**
DATE: WEDNESDAY, JANUARY 31
TIME: 4:30 - 5:30 pm
AGES: 12 yrs and up
LIMIT: 13
FEE: \$30 in district / \$35 out of district

Love being a fan of River Valley sports? Want to step it up to the next level? Well Cheer Camp is for you. We recruited a cheer coach to come teach you all the skills you need to cheer on our basketball team. You will meet once a week for four weeks in January for an hour. After the four weeks you will perform the January 25th basketball game at BBCHS during half time.



► **@ SRA Office, Bradley**
DATES: TUESDAYS
January 2
January 9
January 16
January 23
TIME: 6:30 - 7:30 pm
AGES: 12 yrs and up
LIMIT: 10
FEE: \$55 in district
\$60 out of district
Fee includes a t-shirt for performance day

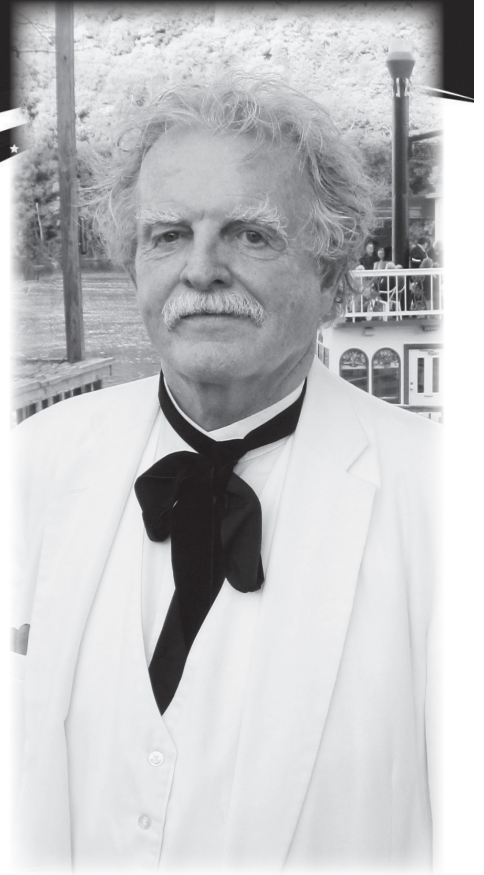
MARK TWAIN *for* PRESIDENT 2024

★ ★ *It's better to be popular
than right.*

*"I have pretty much made up my mind
to run for President.*

*What the country wants is a candidate who cannot be
injured by investigation of his past history."*

- Mark Twain



**Samuel L. Clemens, a.k.a. Mark Twain, will talk about his
political affiliations, philosophies, and why we should vote for him
for the President of the United States.**

*"I have met some presidents over the years and advised several. We can discuss
voting issues, freedom of speech, importance of education and so much more."*

- Mark Twain

"No party holds the privilege of dictating to me how I shall vote."

- Mark Twain

▶ @ SRA Office
DATE: SATURDAY, APRIL 6
TIME: 2:00 - 3:30 pm
LIMIT: 50
FEE: FREE

We will make and color
origami jumping frogs and have a
"jumping frog" race.

Adult Programs



GREASE SING-A-LONG

Ever wanted to know what it's like to be a T-bird or a Pink Lady but never quite felt cool enough to pull it off? Warm up your vocal cords and join us as we sing along to this play.

► **@ BBCHS AUDITORIUM, Bradley**
DAY: WEDNESDAY, February 28
TIME: TBA
AGES: 16 yrs & up
LIMIT: 25
FEE: \$7 in district / \$12 out of district



Let's go watch some of our very own friends in the It Takes 2: A Broadway Review play! We will ride together from the RVSRA office and cheer on our Easy Street friends while they perform this fun and engaging performance.

► **@ KANKAKEE**
Meet at the RVSRA Office
DAY: WEDNESDAY, February 28
TIME: 6:15 - 9:00 pm
AGES: 16 yrs & up
LIMIT: 12
FEE: \$29 in district / \$34 out of district

Programs

SUNDAY MORNING MOVIE CLUB

We'll meet at the theaters and enjoy a new flick together on a Sunday morning.
A reminder will be sent with the theater location and time.



► **@ River Valley Special Recreation Association Office**
1335 E. Broadway, Bradley
DATES: SUNDAYS:
JANUARY 14
FEBRUARY 18
MARCH 10
APRIL 14
TIME: TBA
AGES: 12 yrs and up
LIMIT: 15
FEE: \$25 in district / \$30 out of district

Programs



TRACY'S COOKING CLASS

Gather all the ingredients that are needed for some delicious recipes.

Then you will all work together to add them one at a time and learn the basics of cooking. Stirring, mixing and measuring is so important to make sure it tastes delicious.

► @ River Valley Special Recreation
Association Office

1335 E. Broadway, Bradley

DATES: SATURDAY, JANUARY 20

Individual Pizzas

SATURDAY, FEBRUARY 24

Cake Pops

SATURDAY, MARCH 16

St. Patrick's Cookies

SATURDAY, APRIL 20

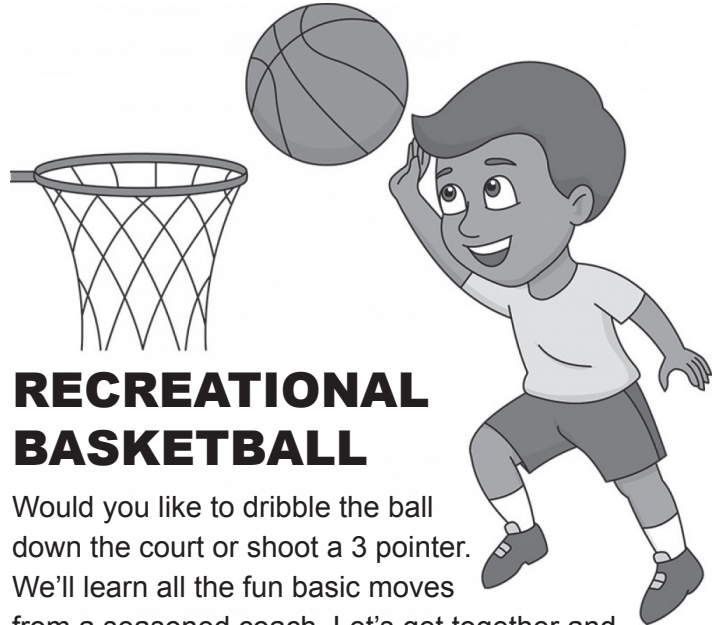
Lasagna

TIME: 1:00 - 2:00 pm

AGES: 12 yrs and up

LIMIT: 10

FEE: \$25 in district / \$30 out of district



RECREATIONAL BASKETBALL

Would you like to dribble the ball down the court or shoot a 3 pointer. We'll learn all the fun basic moves from a seasoned coach. Let's get together and have some fun on the basketball court. Note: This is not a Special Olympic program.

► @ River Valley Special Recreation
Association Office

1335 E. Broadway, Bradley

*Last 2 practices will take place at
Adventure Commons.*

**DATES: MONDAYS, JANUARY 15 TO
FEBRUARY 12 (5 weeks)**

TIME: 6:00 - 7:00 pm

AGES: 12 yrs and up

LIMIT: 16

FEE: \$30 in district / \$35 out of district

LINDA'S CRAFT CLASS

It's always fun to make a gift for someone or just keep it yourself. You will cut, glue & paint your projects to perfection. You can be proud to say "I made this myself".



► @ River Valley Special Recreation
Association Office

1335 E. Broadway, Bradley

DATES: SATURDAY, JANUARY 20

Valentine Craft

SATURDAY, FEBRUARY 24

Tye Dye Shirts

SATURDAY, MARCH 16

Easter Eggs

SATURDAY, APRIL 20

Flower Pots

TIME: 2:15 - 3:15 pm

AGES: 12 yrs and up

LIMIT: 10

FEE: \$25 in district / \$30 out of district

Early Childhood & Youth Programming

FAMILY SIGN LANGUAGE

Wanting to learn some basic sign language? Know some already and looking to learn more? Come check out our family sign language class. We will learn some functional signs and some silly signs. Everyone is welcome to join.

- **@ River Valley Special Recreation**
Association Office
1335 E. Broadway, Bradley
DAY: SATURDAY, January 27
TIME: 11:00 am - 12:00 pm
AGES: 3 yrs - 10 yrs
LIMIT: 4 minimum / 10 maximum
FEE: \$12 in district / \$17 out of district



CHEF IN TRAINING

Let's learn how to cook, try new recipes, learn from our mistakes, be fearless and above all have fun. We will make different recipes throughout this session varying from main dishes to desserts. Aprons will be available to wear during this program.

- **@ River Valley Special Recreation**
Association Office
1335 E. Broadway, Bradley
DAY: MONDAYS, February 5 - 16
TIME: 5:00 - 6:30 pm
AGES: 4 yrs - 12 yrs
LIMIT: 4 minimum / 10 maximum
FEE: \$40 in district / \$45 out of district

SCIENCE EXPERIMENTS

All experiments are learning experiences even when they don't go as planned. We will make predictions, create the experiment, and try it out all while being safe and having fun.

- **@ River Valley Special Recreation**
Association Office
1335 E. Broadway, Bradley
DAY: SATURDAY, April 13
TIME: 10:00 - 11:15 am
AGES: 5 yrs - 12 yrs
LIMIT: 4 minimum / 10 maximum
FEE: \$12 in district / \$17 out of district

EASTER EGG CRAFT & FUN

We will create our own tissue paper egg craft to take home with us and enjoy some games together. Let's get creative and have fun while celebrating the Easter holiday.



- **@ River Valley Special Recreation**
Association Office
1335 E. Broadway, Bradley
DAY: THURSDAY, March 18
TIME: 5:30 - 6:30 pm
AGES: 3 yrs - 10 yrs
LIMIT: 4 minimum / 10 maximum
FEE: \$12 in district / \$17 out of district



GENERAL INFORMATION

RVSRA is committed to conducting its recreation programs and activities in a safe manner and holds the safety of participants in high regard. RVSRA continually strives to reduce such risks and insists that all participants follow safety rules and instructions that are designed to protect the participants' safety. However, participants and parents/guardians of minors registering for the RVSRA programs/activities must recognize that there is an inherent risk of injury when choosing to participate in recreational activities/programs. You are solely responsible for determining if you or your minor child/ward are physically fit and/or skilled for the activities contemplated by this agreement. It is always advisable, especially if the participant is pregnant, disabled in any way, or recently suffered illness, injury, or impairment, to consult a physician before undertaking any physical activity.

PROGRAM CHECK IN PROCESS

When arriving at a program for the first time it is important to check in with one of our Special Recreation staff. Some of our programs will take place off sight and it is crucial that our staff know that a participant is in attendance.

REMINDERS

Reminders will be sent for specific programs approximately 7-10 days prior to the date with important details. After receiving these, if you have any questions please call the office.

MEDICATION DISPENSING

The exchange of medication and information can become hectic as a group prepares to leave for an activity. To be sure that all medication is in order and staff has the appropriate information, we ask that you put medication in specifically marked envelopes, complete the label, and give it to the program supervisor before the group activity begins/leaves. For overnight trips, envelopes will be available at the RVSRA office. These should be picked up ahead of time and ready upon drop off. For day trips, staff provides envelopes at the drop-off point. We are happy to provide a supply of labeled envelopes to you at anytime so you can prepare well in advance of any program.

DISCIPLINE

A positive approach will be used regarding discipline. Staff will periodically review rules with participants during the program session. If inappropriate behavior occurs, a prompt resolution will be sought specific to each individual's situation. The agency reserves the right to suspend/dismiss a participant whose behavior endangers his or her own safety or the safety of others.

RIVER VALLEY SPECIAL RECREATION FOUNDATION

MISSION STATEMENT

Dedicated to providing financial support for recreational and therapeutic programming that enhances and enriches the lives of RVSRA participants and their families and to creating recreational opportunities for RVSRA participants.

SCHOLARSHIPS

Because some residents are unable to participate in recreation programs due to economic hardship, the RVSRF is providing financial support to those that stop by and fill out an application. Support will be offered to those that need help in this process. Applications also on our website.

MEMBERS

Peggy King
Rose Gianotti
Doug Krippel
Gary Dupuis
Brian Hebert



815-936-0100 (V)

815-936-0132 (TTY)

www.optionscil.org

— Providing 5 Core Services —

- Information & Referral • Peer Support & Mentoring
- Independent Living Skills • Advocacy • Transition Services.

Partnering with people with disabilities who want to live independently and participate fully in society.

CODE OF CONDUCT

RVSRA promotes the concept that recreation and leisure activities add to the quality of life. However, certain rules are necessary to ensure everyone's safety and enjoyment. RVSRA participants are expected to exhibit appropriate behavior at all times. Listed below are examples of some inappropriate behavior that may need to be addressed:

- 1 Show respect to all participants, staff, and volunteers. Participants should follow program rules and take direction from the staff.
- 2 Refrain from using abusive or foul language.
- 3 Refrain from threatening or causing bodily harm to self, other participants, or staff.
- 4 Show respect for equipment, supplies, and facilities.
- 5 Does not possess any weapons.

ESSENTIAL ELIGIBILITY REQUIREMENTS

Given the virtually limitless nature of medical and personal conditions for which individual participants may request assistance, it is not possible to create a "one size fits all" guideline for determining whether and how staff might provide assistance in a particular instance - there is no precise formula for assessing and addressing requests for accommodation. River Valley SRA has designed some guidelines for certain types of programs that can be viewed at our office. Requests for specific accommodations will be evaluated on a case-by-case basis. River Valley SRA reserves the right to determine if a program is appropriate.

EARLY DROP OFF & LATE PICK UP POLICY

Participants arriving more than 15 minutes prior to a program or special event will be charged a \$10 fee for every 15 minutes early. Please pick-up participants at the designated time. If parents/guardians are not on time for pick-up, a \$10 fee will be applied for every 15 minutes late.

YOU MUST BE PRE-REGISTERED FOR PROGRAMS, UNLESS SPECIFIED IN THE PROGRAM DESCRIPTION.

January 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Cheer Camp	3	4	5	6
7	8	9 Cheer Camp	10	11	12	13 Bowling
14 Sunday Movie Club	15 Recreational Basketball	16 Cheer Camp Club	17 Teen Program - The Cheeseburger and Fry Challenge	18 Let's Learn About Ethiopia Club	19 Karate	20 Tracy Cooking Linda Crafts Bowling
21 Disney On Ice	22 Recreational Basketball	23 Cheer Camp Club Lap/Open Swim	24	25 Cheer Game Club	26 Karate	27 Early Childhood - Family Sign Language Winter Carnival Bowling
28 Special Olympics Basketball Regionals	29 Recreational Basketball	30 Bulls Lap/Open Swim Club	31 Smoothie Flights			

February 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Club	2 Karate	3 Bowling
4	5 Recreational Basketball Chef in Training	6 Lap/Open Swim Club	7	8 Club	9 Karate	10 Bowling
11	12 Recreational Basketball Chef in Training	13 Teen Program - Valentine's Mocktails Blackhawks Lap/Open Swim Club	14	15 Social Circle Club	16 Valentine's Dance Karate	17 Garage Sale Bowling
18 Sunday Movie Club	19 Chef in Training	20 Lap/Open Swim Club	21	22 Social Circle Club	23 Karate	24 Tracy Cooking Linda Crafts
25	26 Chef in Training	27 Club	28 Grease Sing-a-long	29 Social Circle Club		

YOU MUST BE PRE-REGISTERED FOR PROGRAMS, UNLESS SPECIFIED IN THE PROGRAM DESCRIPTION.

March 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 Bowling
3	4	5 Club	6 Walking	7 Social Circle Club	8 Karate Easy St. Theater	9 Special Olympics State Basketball Bowling
10 Sunday Movie Club	11	12 Club	13 Walking	14 Social Circle Club	15 Teen Program - The Luck of the Irish Karate	16 Tracy Cooking Linda Crafts Bowling
17	18 St. Patrick's Day Dance	19 Lap/Open Swim Club	20 Walking	21 Club	22 Karate	23 Special Olympics Swim Regionals Bowling
24 Easter Bunny Visits	25	26 Lap/Open Swim Club	27 Walking	28 Early Childhood - Easter Egg Craft & Fun Club	29	30 Wolves Bowling
31						

April 2024

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Lap/Open Swim Club	3 Walking	4 Club	5 Karate	6 Mark Twain for President Bowling
7	8	9 Lap/Open Swim Club	10 Walking	11 Club	12 Karate	13 Special Olympics Unified Bags Exhibition Early Childhood - Science Experiments
14 Sunday Movie Club	15	16 Lap/Open Swim Club	17 Walking	18 Club	19 Karate	20 Tracy Cooking Linda Crafts
21	22	23 Club	24 Walking	25 Club	26	27
28	29	30				

Garage & Bake **SALE FUNDRAISER**



Saturday, February 17

8:00 am - 2:00 pm

at

River Valley SRA Office

**1335 E. Broadway St.
Bradley, Illinois**

**We will start accepting donated priced items on
Monday January 29.**

Help us out with your donated items or baked goods.