

# FISHER PARENT & GUEST GUIDE

*Suggestions for family & friends to support their student through the first semester and beyond*

## WEEKS 1-5: Kick off the semester strong

Your student will be adjusting to new freedoms, responsibilities and friendships. Students often worry about fitting in and navigating OSU on their own. They're likely adjusting to the new rigor of college coursework, learning new routines and how to manage their time.

- Don't panic during those first frantic calls! Listen carefully and encourage and help your student to solve problems at their own pace without solving problems FOR them. Refer student to their campus support system.
- Ask how are they keeping track of assignments and tests?
- Inquire about how they're sleeping? Eating healthy? Balancing work and fun?

## WEEKS 6-10: Gearing up for midterms and fall break

The initial newness and "shock" is over and students are settling into a new routine. With fewer planned activities, students will have to find healthy options for entertainment on their own. Some students find what worked in high school for studying and homework might not work now that a new level of effort is expected.

- Express interest in their academics and encourage them to talk to their instructors. Remind them of the academic resources available to help prevent poor grades, and not just recover from them.
- Ask how their BUSADM 1100 class is going?
- Ask if they've taken advantage of any of the **FREE** resources available to them for academic and personal support?

## WEEKS 11-16: Semester starts to wind down, and finals approach

Final papers and projects are often due and your student may feel overwhelmed or stressed. Late night studying may cause them to neglect proper sleep, nutrition and exercise. Class scheduling for spring has begun, so they should be working with their advisor to ensure the classes they're planning are appropriate.

- Encourage your student to manage stress by continuing healthy habits. If they seem reluctant to share their grades, make sure to remind them of academic resources. Remember that transition issues affect everyone and not all students will do as well as they hoped.
- Ask how prepared they feel for finals?
- Remind them that you understand how stressful the final few weeks of the semester can be and ask how they're doing?



Undergraduate  
Programs, by the  
numbers

17

Academic Advisors

4

Student Life Professionals

22

Peer Leaders

Our staff is committed to  
supporting the success of  
your students.



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THE OHIO STATE UNIVERSITY  
FISHER COLLEGE OF BUSINESS

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*Helpful resources for you and your students*

**Fisher Parent, Family & Guest Orientation Session: Supporting your Business Buckeye**  
Join **Fisher Undergraduate Programs team members** as we provide information and insights about your student's journey as a Business Buckeye. Hear about the many ways we support your student from recruitment to graduation and everything in between. All sessions are the same, so please make sure to attend AFTER your student has attended orientation.



**Sessions will take place live on Zoom:**

- Tuesday, June 21 from 12:00-12:45 PM EDT
- Wednesday, June 22 from 6:00-6:45 PM EDT
- Tuesday, August 2<sup>nd</sup> from 12:00-12:45 PM EDT
- Wednesday, August 3<sup>rd</sup> from 6:00-6:45 PM EDT

*Use the QR code to the left to access the session.*

## ESEPSY 1259: Learning and Motivation: Strategies for Success in College

If your student wants to be proactive about their academic success, suggest they discuss this 3-hour course with their Academic Advisor. This course is taught by our learning specialists in the Walter E. Dennis Learning Center and covers topics such as: time management, motivation, study skills, procrastination, note-taking strategies, and more.

## Fisher Peer Mentor Program

Encourage your student to sign up for the Fisher Peer Mentor Program. This program matches first-year students with an upper-class Fisher volunteer mentor. Students meet their mentor during a kick-off event and participate in meetings throughout the year. Student can access the application at:

<https://go.osu.edu/fisherpeermenteeapp2022>

### Benefits Include:

- Developing interpersonal relationships
- Expanding personal and professional network
- Having a “go to” person to help guide your student as they develop
- Students learn about Fisher opportunities from classmates with firsthand experience



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