

# Fundamental Children's Books

## 12 Children's Books About Sex and Puberty

Books by Robie H. Harris

- **It's Not the Stork**
- **It's So Amazing**
- **It's Perfectly Normal**

**What Makes a Baby** by Cory Silverberg

**Sex is a Funny Word** by Cory Silverberg

**The Body Book for Boys** by Rebecca Paley

**The Care and Keeping of You: The Body Book for Younger Girls** by Valorie Schaefer

**The Care and Keeping of You 2: The Body Book for Older Girls** by Cara Natterson

**Who Are You? The Kid's Guide to Gender Identity** by Brook Pessin-Whedbee

**Celebrate Your Body (and Its Changes, Too!)** by Sonya Renee Taylor

**Changing Bodies, Changing Lives** by Ruth Bell

**Our Bodies, Ourselves** by Boston Women's Health Collective