3) Hearing Loss and Cognition: The Role of Hearing Aids, Social Isolation and Depression

* Studies find evidence that hearing aids may improve quality of life and increase social engagement.
* If you can’t hear it you wont remember it. Studies show treating hearing loss makes a significant contribution to reducing the burden associate d with cognitive decline and reduced quality of life.
* Social isolation and poor hearing were significantly associated with higher frequency of depression.
* Frequency of depression and social isolation were associated with poorer cognition.

Dawes P, Emsley R, Cruickshanks KJ, Moore DR, Fortnum H, et al. (2015) Hearing Loss and Cognition: The Role of Hearing Aids, Social Isolation and Depression. PLOS ONE 10(3): e0119616. <https://doi.org/10.1371/journal.pone.0119616>