

Ignite Your Soul Fire Immersion Intensive

(PDF overview and zip file of ALL mp3 recordings = 7 hours 20 minutes) – Value \$247

Ignite Your Soul Fire and Activate the Divine Power Within



Ignite Your Soul Fire was a 15-Day Immersion Intensive held in March 2018. Recordings span 15 consecutive days. For best experience, users should start on Day 1 and listen in order through Day 15. Please go through it at the pace that is right for you.

Anyone would be blessed to know me.

Anyone would be inspired and uplifted to be with me.

My soul fire invites all to shine their light brightly, as they choose to.

Day 1:

As you hold the blue of the flame within you and connect to the Universal Heart of Power for Sacred Creation you open the portal for Sacred Soul Fire and Creation. In recording #1, you are building receptor sites for the treasures of your infinite nature to be alive and well in you.

Day 1 recording link:

<https://cl.ly/2D2W2Q1L163w>

Day 2:

Take five minutes to do a stream of consciousness writing on what Soul Fire is for you - from your heart and body, not from your head. Use your opposite hand if that helps. This is a way to let your guides assist you to come forth with new ways to describe this phenomenon, to

open you to a greater experience of what your sacred creative power field is and can bring you.

Day 2 recording link:

There is no recording for Day 2. See above for Day 2 writing exercise.

Day 3:

What if you saw everything in your life as a reflection of the power of Love? Wouldn't that be a grand new paradigm for you to experience and revel in?! In today's meditation your mantras are, "This is Love" and "This is the Power of Love".

Day 3 recording link:

<https://cl.ly/3n2Q3b1H1W2r>

Day 4:

To know your soul's fire coursing through you, you must make space for its pulsation. You are creating a whole new way of being. That is exciting! Making space for the true and genuine embodiment of all of you also includes acknowledging and letting go of the old way to make space for what you long for. Enjoy the way you make space within yourself and your abdomen today for the new sacred creation fueled by your soul fire.

Day 4 recording link:

<https://cl.ly/3e2o322b1R0F>

Day 5:

#timesup for abundant parts of you to be in hiding any more. It's time for ALL of you to come out of hiding. Time to be in full revelation and here is how you #takethelead. You lead by being fully engaged in the playing field of life ignited by genuine soul power.

Day 5 recording link:

<https://cl.ly/1R15430j213i>

Day 6:

Ah, blessed sleep. Today we look at the deeper reasons for difficulty with sleep and how to give yourself what you need in order to fall asleep and stay asleep. Sleep asks of you to keep your heart

free and clear, especially. Oh happy day and happy night to you!

Day 6 recording link:

<https://cl.ly/3p0c1k200c1j>

Day 7:

A beautiful way to move into a power filled space lies before you in this day. It is an excellent source of meditation to take you right out of your head, into your heart and to your cauldron for knowing your soul fire. To deep relaxation!

Day 7 recording link:

<https://cl.ly/0Q0I252D2p43>

Day 8 & 9:

How do we step forward with clarity of inner assertiveness and still feel taken care of with all of our needs met? This includes feeling seen and understood, loved, and holding a deep sense of belonging. Putting others first just gives them your power that you need to come forth in all your glory. You come first.

Day 8 & 9 recording link:

<https://cl.ly/1X2Z0U3w1c3I>

Day 10:

To feel great about giving expression to our divine creative power we must be at peace with those who are giving expression to what they value. Your soul fire is deeply valuable. Do not lessen it when others show theirs.

Day 10 recording link:

<https://cl.ly/1S1G2s3I3V02>

NOTE: The recording begins by saying "Welcome to Day 8". I am human...it is meant to say "Day 10" :)

Day 11:

I have a fabulous means for you to allow the connection to Soul Fire that you are developing to become as easy and natural as breathing! Having this Soul Fire ignited every time you breath is

definitely a huge gift to your body, your Self and your world!

Day 11 recording link:

<https://cl.ly/1Y0Z3f0Y3718>

Day 12:

Today we focus on the essential nature of clear, clean, honoring power of the divine masculine as a sacred creation to generate inspired action. Money and power will never be the same again in your reality. How great is that! You are indeed a sacred, powerful creation as you allow your soul fire to fully inhabit your blessed body - another sacred creation.

Day 12 recording link:

<https://cl.ly/1H0K3P2o0S3A>

Day 13:

Today's meditation is R rated - for the root chakra. Go into it as fully as you can to unlock the true aliveness of soul fire being ignited all the way to your root chakra. You will thank me for it even though it may not have its most comfortable moments in the process.

Day 13 recording link:

<https://cl.ly/0c3X0q332y0V>

Day 14:

There is nothing wrong with you. That is a statement from your soul's fire burning brightly within you. There is nothing wrong with me. Everything is a sacred creation. Hold your belly and all it contains of you, hidden or undeveloped, or emerging, sacred with love and watch the transformation of this space for soul fire to blossom. It will produce more space for abundant you!

Day 14 recording link:

<https://cl.ly/3I0E1N3X1N0x>

Day 15:

You are the flame of universal fire burning brightly. Let that tremendous nature you are ignite all your sacred creations. Your soul fire cannot be harmed as you hold it sacred within your temple. A whole new world is emerging for you, filled with relationships that magnify your abundance.

Day 15 recording link:

<https://cl.ly/0m1N1M04111y>

It has been a deep honor and so much creative fun to be with you these 15 days of paradise and transformation!

Please stay in touch and let me know how your garden is blossoming!

With great Love,

A handwritten signature in black ink, appearing to read "Susanna". The script is fluid and cursive, with a prominent initial 'S'.