1. Signs of Readiness of Potty Training

1		
2		
3		
4		
5		

PRO TIP: Being dry in the morning is not always a sign of readiness.

2. 5 Reasons Potty Training Fails

1		
2		
3		
4		
5		

PRO TIP: Someone is always in charge; Let it be you!

3. Mistakes Parents Make When Potty Training

1		
2		
3		
4		
5		

PRO TIP: Ignore the negative behaviors; Reward the positive

4. Potty Prep Steps for Success

1		
2		
3		
4		
5		

PRO TIP: Toddlers seek your attention: Give them attention for what you WANT to see happening

The Step Up Plan for Becoming Diaper Free

1	Naked
Step 2	
2	Underwear
Step 3	
3	Clothes
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The Step Up Plan for Becoming Diaper Free

5	Out & About
Step 6	
Step 0	
6	Naps
Step 7	
Step 7	
7	Night time
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Trouble Shooting Toilet Time

1. Let's break down some problems you might have . What about if you are having problems
2. Should you ever start over?

TIP: Toddlers love power - let them make as many choices as they can

Questions and Answers

BRAINSTORM YOUR QUESTIONS HERE:

YAY! YOU DID IT.



YOU ARE ON YOUR WAY TO BEING DIAPER FREE! IF YOU NEED SOME EXTRA HELP ALONG THE WAY I WOULD BE HAPPY TO HELP YOU WITH A LITTLE BIT OF DAILY HELP AND ENCOURAGEMENT AND TROUBLESHOOTING. JOIN MY DREAM BABY UNIVERSITY FOR GROUP COACHING AND INDIVIDUAL ACCESS TO MY HELP TO HELP MAKE MOTHERHOOD MORE ENJOYABLE FOR YOU.