



Debbie Lynn Grace

Global Transformational Leader, Author, Intuitive and International Speaker

Debbie Lynn Grace grew up feeling different, misunderstood and often labeled “too sensitive”, not knowing how to cope with the daily adverse effects of being empathic or understanding what it means to be wired as a Highly Sensitive Person (HSP). Through her own personal journey of transformation, she discovered the right tools that protected her heightened sensitivities, allowed her to flourish in every aspect of her life and helped her embrace her HSP wiring as a gift. Since then, Debbie has helped hundreds of thousands of HSPs worldwide, who have struggled emotionally or physically because of their heightened sensitivities, take back control of their life. Through a powerful 4 step transformational formula, she shows an HSP how to create a life that is in harmony with their natural wiring so they experience greater confidence, physical vitality, emotional safety, resiliency and prosperity. Debbie Lynn Grace is an author, international speaker and has been published in over 200 magazine, newspapers and websites worldwide. She is a frequent media guest and looks forward to sharing with your audience the practical tools that work **immediately** to help any HSP thrive physically and emotionally on a daily basis.

Debbie Lynn Grace’s Most Popular Media Topics

- ✓ **Four step formula that puts a highly sensitive person back in control of their life** – This powerful 4-step formula for the HSP increases your confidence and increases your physical vitality and emotional well being.
Value add for your audience: This simple formula works for every HSP, in every situation and will take away any daily challenges that can often be a result of living with heightened sensitivities.
 - ✓ **Simple tips for protection from unwanted energy for the HSP** – As an HSP you are at risk of taking on unwanted energy from your surroundings into your body that causes physical stress, depletion and exhaustion. Learn simple tools to prevent this from happening.
Value add for the audience: These quick and easy tools are instantly effective and help every HSP lead a more productive life without being physically and emotionally drained.
 - ✓ **How to avoid the 7 common energy blocks of love for the HSP woman**– These 7 common energy blocks can prevent the HSP single woman from attracting love. Learn what they are and how to avoid them.
Value add for the audience: Once you know how to avoid these 7 common energy blocks, the HSP woman becomes more confident and knows how to use her HSP GIFT to her advantage in finding love.
 - ✓ **How to access your intuition immediately**- Your intuition is your secret inner compass that is always RIGHT in giving you the clarity you desire around any situation. Learn how to access it at will.
Value add for the audience: Debbie Lynn Grace will share with your audience how to quickly access your intuition when you feel stuck, need guidance or want clarity on the right course of action to follow.
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Praise

“Thank you, Thank you, Thank you. I am so grateful for you. Thank you for your knowledge, tools, skills, and guidance on how I can truly live my best life as an HSP. Learning from you is one of the best things I have ever done.” ~ Geri T.

“I am so grateful I listened to my intuition to sign up for your HSP course. I have never been taught this information before, and it is life changing. You are helping to change the world in a wonderful way!” ~Diana M



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