How Heavy Metals Impact Your Genes

The subject of toxins in our environment is becoming widely known. Do you think nothing can be done about this? Listen as Dr. Ben Lynch and Dr. Joseph Pizzorno discuss the major exposures people aren't aware of that are causing symptoms on a daily basis. Dr. Lynch and Dr. Pizzorno provide you with actionable solutions to limit your current toxin exposure.

Dr. Joseph Pizzorno

thetoxinsolution.com
The information, comments, and opinions expressed in this presentation are those of the speaker(s) and are based on their own clinical experience and interpretation of the literature. Published content is intended for educational purposes only. Seeking Health LLC, Dr Ben Lynch LLC, Dr Ben Lynch, and other featured speakers will not be held liable for any direct, indirect, consequential, exemplary, or other damages and/or injuries arising from the use or misuse of any materials or information published.

Always seek medical advice from your qualified health professional. This information is not intended as a substitute for seeking care from a qualified health professional.

*These statements within have not been evaluated by the US Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.
Conventional vs. Traditional Medicine

Conventional Medicine

• Operates under the thesis that the body makes mistakes and it’s up to the doctor to fix those mistakes by taking over control of the body

Natural Medicine

• Operates under the thesis that our body has huge healing capacities and wisdom, and the doctor’s job is to understand what the body needs to become healthy

• Works with the body to support the body’s own processes
Major Exposures

Arsenic is the #1 toxin

Water

• 10% of the public water supply in the U.S. have arsenic levels that are high enough to be known to induce disease

• If there is more than 10 mcg per L of arsenic in water it increases people’s risk of disease

• 10% of the water supply is above 10 mcg/L

• 3% of the water supply is above 50 mcg/L

Rice

• When rice is cooked in water contaminated with arsenic, the rice will absorb the arsenic.

Chicken

• Until very recently, arsenic was an approved additive to the food supply of chickens

• Causing trouble in humans
Major Exposures (Continued…)

How the body gets rid of arsenic

• The primary way the body gets rid of arsenic is a 2 step methylation process: MMA – DMA

• MMA: monomethyl arsenic – 8 times more toxic than arsenic

• DMA: dimethyl arsenic – 400 times LESS toxic than arsenic

Major exposures people aren’t aware of causing symptoms on a daily basis.

• 2 – Organophosphate pesticides & Organochlorine pesticides
Glutathione plays 3 critical roles in protection from toxins:

1. **Glutathione** is *the most important* antioxidant in our body
   • Our first line of defense against environmental toxins

2. Glutathione is critical for phase 2 glutathione conjugation
   • Main pathways we get rid of many chemical toxins through conjugation in the liver

3. Glutathione binds to mercury in the cells and pumps it across the cell membranes to get it into the blood and out of the cells.
The Toxin Solution

• How toxins are damaging your health
• Where the toxins are coming from
• How to get the toxins out of your body

Get your copy today here: Click here
Regain Control of Your Genes...

• Find out how: DirtyGenes.com
• Get free gifts from Dr. Ben Lynch:
  • ABC’s of Clean Genes (Bonus Chapter)
  • Air & Mold Resource Guide
  • Genetic Testing Resource Guide
• 2 Videos:
  • Fundamentals of Genetics
  • Genetic Testing & Reports
• Seeking Health discounts
Support Your Genes…

• Where to start: seekinghealth.com
  • ProBiota HistaminX
    • Support the gut’s healthy response to ingested histamine*
  • Optimal Liposomal Glutathione Plus
    • Support the body’s healthy free-radical defenses*
  • Optimal Electrolyte
    • Support healthy hydration, energy, muscle recovery, and muscle growth*

• Enjoy $10 off your order! Enter this coupon code at checkout: DGSummit

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.