## **ABIDE TIME**

Jesus used the picture of branches united to the vine when he said, "Abide in me, and I in you" (John 15:4). He is the True Vine, the sufficient source. We are His branches, dependent on the vine for all we need. We can live *in* Him and *with* Him. Set aside time everyday to *rest* in God, *rely* on God, *release* all to God, and *receive* all we need from God.

## **REST & PRAY**

Wait on the Lord in hope and rest (Ps. 62:1, 5). Invite God to lead your time together and reveal what He would like to say to you. "Open my eyes that I may see wonderful things in your law" (Ps. 119:18 NIV).

that I may see wonderful things in	Tyour law (PS. 119:18 NIV).
vite You today (date):	to reveal your insight in (Scripture):
· ·	at God is saying to you through them. Start with the 10-1-1 approach. ches your attention. Focus on one word to receive and remember today
rse seems important?	
<b>rd or phrase</b> within the one ve	erse will I receive and ponder today?
	ECEIVE  The Bible slowly and focus on whomore until one verse or phrase cate  see seems important?

3. What does God want me to **know, value, or do** from today's reading (e.g., about God, people, next steps)? **Ask God, "what do I need to know** *about You* **today? What are You calling me to do** *with You* **today?"** 

## **RELEASE & RELY**

Respond to God through prayer. Worship God, and thank Him. Talk to Him about what you read in His Word, and listen for His promptings. (The Holy Spirit will never prompt you to do anything contrary to God's Word.) Release any burdens, worry, or fear to God. Rely on Jesus who is with you always, and invite the Holy Spirit to fill you and work through you today. Ask for His help to abide in Christ all day and trust Him to provide the wisdom and strength you need.

Write out your prayer or a memory verse from today's passage:

