NerveSpa

ADVANCED SUPPLEMENTATION

CLINICIAN-DEVELOPED FORMULA



PERIPHERAL NERVE SUPPORT

Nerve Regeneration Formula

Science-led nutritional support for peripheral nerve function. One daily drink powder that targets the convergent pathways nerves depend on: energy, redox balance, metabolism and signaling.

SUPPORTS HEALTHY NERVE REGENERATION
R-Alpha Lipoic Acid + Acetyl L-Carnitine + Benfotiamine

SUPPORTS HEALTHY NERVE CIRCULATION
R-Alpha Lipoic Acid

NOURISHES & ENERGIZES NERVES
Acetyl L-Carnitine + Coenzyme Q10

SUPPORTS HEALTHY NERVE SIGNALING
Benfotiamine + Magnesium

Formulation Strategy: Convergent Pathway Support

Mitochondrial cofactors, redox modulators and metabolic regulators at clinically studied doses, in a single daily serving.

MITOCHONDRIAL BIOENERGETICS

Acetyl L-Carnitine 500 mg supports mitochondrial substrate transport and cellular energy output. **CoQ10 60 mg** supports the electron transport chain essential for ATP production.

REDOX REGULATION

R-Alpha Lipoic Acid 400 mg supports intracellular antioxidant balance through redox cycling. **N-Acetyl Cysteine 300 mg** supports glutathione synthesis.

METABOLIC PATHWAY SUPPORT

Benfotiamine 200 mg supports transketolase activity in the pentose phosphate pathway, relevant to cellular responses to glucose-derived intermediates.

INFLAMMATORY SIGNALING

Turmeric Extract 200 mg (95% curcuminoids) has been studied for antioxidant properties and modulation of inflammatory signaling pathways.

MICRONUTRIENT COFACTORS

Magnesium (glycinate) and **Zinc** (L-carnosine) provide enzymatic cofactors for neuromuscular transmission and membrane stability.

DAILY DOSE

1 scoop · 8 g

Mix in water once daily. 30 servings per jar. Naturally flavored Strawberry Lemonade.

MADE IN THE USA · THIRD-PARTY TESTED · cGMP · HEAVY METALS TESTED · 100% Artificial Dyes Coloring Sweeteners

Supplement Facts

Full label panel, per 1-scoop (8 g) serving.

Supplement Facts

Serving Size: **1 Scoop (8 g)**
Servings Per Container: **30**

Amount Per Serving		%DV*
Vitamin C (as Calcium Ascorbate)	250 mg	280%
Vitamin D3 (as Cholecalciferol)	20 mcg	100%
Vitamin K2 (as Menaquinone-7)	120 mcg	100%
Calcium (as Calcium Ascorbate)	22.5 mg	2%
Magnesium (as Magnesium Glycinate)	50 mg	10%
Zinc (as Zinc L-Carnosine)	15 mg	140%
Acetyl L-Carnitine HCl	500 mg	†
L-Taurine	500 mg	†
R-Alpha Lipoic Acid	400 mg	†
N-Acetyl L-Cysteine	300 mg	†
L-Glycine	300 mg	†
Turmeric Extract (95% curcuminoids)(*Curcuma longa*)(Root)	200 mg	†
Benfotiamine	200 mg	†
Coenzyme Q10 (Ubiquinone)	60 mg	†

* Percent Daily Values (DV) are based on a 2000 calorie diet
† Daily Value (DV) not established

Other Ingredients: Citric Acid, Malic Acid, Natural Flavoring, Stevia rebaudiana, Silicon Dioxide

SERVING
1 scoop (8 g)

SUPPLY
30 servings · 240 g

FORMAT
Drink powder

FLAVOR
Strawberry Lemonade

Clinical Research Context

The key ingredients have been evaluated in controlled human trials with neuropathy-related endpoints.

R-Alpha Lipoic Acid

Randomized controlled trials in distal symmetric polyneuropathy. Endpoints: neuropathy symptom scores, Total Symptom Score (TSS), nerve conduction and quality of life.

SYDNEY 2 · NATHAN 1 (Diabetes Care)

Acetyl L-Carnitine

Randomized controlled trials examining nerve fiber metrics and conduction outcomes. Endpoints: nerve fiber density, pain scales and conduction velocity.

Sima et al. (Diabetes Care)

Benfotiamine

Controlled research in diabetic polyneuropathy examining metabolic pathway modulation. Endpoints: symptom scores and metabolic pathway markers.

Stracke et al. (BENDIP Study)

Coenzyme Q10

Randomized controlled research as an adjunct in painful diabetic neuropathy. Endpoints: neuropathic pain scores and clinical symptoms.

Hernández-Ojeda et al. (2012) · Amini et al. (Eur J Clin Pharmacol, 2022)

PART OF THE NERVESPA NEUROPATHY PROGRAM

Designed for consistent daily use alongside NerveSpa devices as part of a comprehensive peripheral nerve support strategy.

Stock it in your clinic

Wholesale pricing, bundles and program support available for providers. Contact us to open an account.

PRODUCT CODE NRF100

PHONE 1-800-239-7880
EMAIL support@nervespa.com
WEB nervespa.com/wholesale

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease. Consult a healthcare provider before beginning any supplement, especially if pregnant, nursing, taking medication or managing a medical condition.

© 2026 NerveSpa. All rights reserved.