

NerveSpa Shoulder Pro

Advanced Shoulder Treatment System
With Jstim Technology 



Read All Instructions Before Using



Nerve Spa Shoulder Pro Package Includes:

- Shoulder wrap
- Treatment device
- Lead wires
- Electrodes
- User's manual and Quick Start Guide
- Charger

Cautions:

- Always consult your doctor when using a device for a medical condition
- If any adverse reaction occurs, discontinue use immediately
- Check skin under pads frequently upon initial uses and over the course of treatments.
- Keep away from pets and children
- Do not use if you have open wounds.
- Consult your physician if you use a pacemaker
- Do not operate a motorized vehicle or operate heavy equipment when wearing.
- It is normal to have light redness after use. If this does not dissipate, stop use and contact your supplier.

Instructions:

- 1) Charge the device for 12 hours or more on first use.
Be sure to line up the copper prongs into the two recessed holes.



- 3) Open and lay the shoulder wrap out, inside face up as follows.



- 2) After charging the device, place it on the landing pad on the front of the wrap portion of the shoulder wrap so that it magnetically clicks into place.



Shoulder Wrap

- 4) Remove one pair of 3"Rd electrodes from the poly bag and place them on the center of each hook and loop area of the wrap with the lead wires pointing towards the black wire channel.



Wire Channel

- 5) Next, connect the lead wires to the pigtails of each electrode. Plug the "active pin" (red) into the top electrode and the white pin into the bottom electrode



the active pin

NOTE: Both of the lead wires should run through the black "wire channel" on the inner side of the brace. When complete both wire plugs can be tucked or stuffed into the wire channel as much as possible.

6) Once all is connected, remove the film covering each electrode and place the wrap and electrodes face down starting with your shoulder, and then bicep. The wrap placement should look like the image to the right.

Tips:

- a. Keep one strap connected to the wrap, the back side strap, to make it easy to grab and hook to the front side.
- b. The long strap helps keep the brace secure, but it can be worn without the long strap. A loose fitting t-shirt can even be worn over the brace to secure it in place.



7) Now you are ready to start your treatment. Turn on the device by holding down the front button with the “N” on it.

a. Mode 1 (Green LED) – runs for 30min

b. Mode 2 (Blue LED) – runs for 30 minutes

* the modes will transition automatically, But you may need to adjust the intensity when the device changes modes



8) Increase the intensity by pressing the “+” sign on the front of the device. You may need to tap this many times before feeling current. The “-” sign will decrease the intensity. Keep the intensity at a comfortable to mild level. Not strong.



9) After 1 hour the device will Shut-off and the treatment is complete.

Usage Recommendation:

The shoulder system is designed to provide therapeutic regenerative therapy to the shoulder joint. In order to help promote cartilage regeneration, repair micro-tears in the muscle, and treat the ligament and tendon, the Shoulder Pro should be used over a long-term, consistent therapy routine of 4-5 sessions/week, over a duration of 6-9 months. Initial therapeutic outcomes should be evaluated after 60-90 days.

After use,

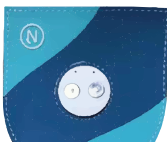
- 1) Un-hook, and carefully remove the shoulder wrap and peel the electrodes off the skin gently
- 2) Charge the device when the device is not in use.

How to care for the electrodes

- 1) Replace the clear film back onto the electrodes after use
- 2) To optimize lifespan (but not necessary) - unplug the pigtails from the lead wires and place the electrodes back into the poly bags.

NOTE :

- 1) Electrodes are good for about 10-12 uses, and then it is recommended to replace the gel pad electrodes. Please contact your supplier to reorder electrodes.
- 2) If you happen to remove the holder and leadwires from the wrap, be sure to replace it back in position with the two debossed dots at the top such as shown below



What does it feel like:

You will feel a mild tingling sensation; it should feel comfortably MILD. A slight sensory pulse. If you feel a sharp prickling sensation, turn down the intensity level then raise the intensity until it feels mild to comfortable. If needed, you can adjust intensity between modes.

SHOULDER PRO: WARNINGS AND CAUTIONS

PRESCRIBING INFORMATION

FOREWORD

Read this User Manual carefully before you start using your Shoulder pro unit. The manufacturer strongly recommends carefully reading the "Warnings and Cautions " and Chapters of this User Manual.

WARNINGS AND CAUTIONS

Prescription labeling

Federal law restricts this device to sale or use by or on the order of a practitioner so licensed by state.

Contraindications:a

1. Do not place the pads on the carotid sinuses located at the two sides of the neck, (where a doctor feels for a pulse), or over the eyes.
2. Do not use this Shoulder pro unit if you have a heart pacemaker of serious heart rhythm problem.
3. Any electrode placement that causes current to flow transcerebrally (through the head).
4. Do Not use whenever pain syndromes are undiagnosed, until etiology is established.

WARNINGS

1. Do not use this Shoulder pro unit during the pregnancy or at anytime on the abdomen during pregnancy.
2. Shoulder pro is not effective for pain of central origin (Include headache).
3. Shoulder pro should be used only under the continued supervision of a physician.
4. Shoulder pro has no curative value.
5. Shoulder pro is a symptomatic treatment and as such suppresses the sensation of pain, which would otherwise serve as a protective mechanism.

6. The user must keep the device out of the reach of children.
7. Electronic monitoring equipment may not operate properly when Shoulder pro stimulation is in use.
8. Do not use Shoulder pro if you are driving or operating machinery.
9. If you have epilepsy, consult your doctor before using Shoulder pro.

PRECAUTIONS

1. Isolated cases of skin irritation may occur at the site of electrode placement following long-term application.
2. Effectiveness is highly dependent upon patient selection by a person qualified in the management of pain patients.

ADVERSE REACTIONS

Skin irritation and electrode burns are potential adverse reactions.

GENERAL WARNINGS

1. Do not immerse Shoulder pro unit in water.
2. Do not place the Shoulder pro unit close to excessive heat.
3. Do not use any pad which size is less than 40mm x 40mm.
4. In the Shoulder pro, use either: two 1.5voltAAAalkaline disposable (LR6) batteries or two 1.2 volt AA Ni-MH rechargeable batteries only. The use of any other battery could damage the unit and is not recommended.
5. When using a battery charger and rechargeable batteries wit your unit, use only Ni-MH rechargeable batteries in your charger. Do not place non-rechargeable batteries (i.e. disposable alkaline batteries) in a battery charger-this may cause a battery leak or possible explosion.
6. Remove batteries if the unit is not used for a long period of time.
7. Keep the unit away from sources of high magnetic fields such as TV's, microwave ovens and hi-fi speakers, as these may affect the LCD screen.
8. Temperature & R.H. of storage : -20't --+80t, 8%-80% R.H.
9. Temperature & R.H. of transportation: -20't --+80t, 8%--80% R.H.

SHOULDER PRO: WARNINGS AND CAUTIONS

PRESCRIBING INFORMATION

FOREWORD

Read this User Manual carefully before you start using your Shoulder pro unit. The manufacturer strongly recommends carefully reading the "Warnings and Cautions " and Chapters of this User Manual.

WARNINGS AND CAUTIONS

Prescription labeling

Federal law restricts this device to sale or use by or on the order of a practitioner so licensed by state.

Contraindications:a

1. Do not place the pads on the carotid sinuses located at the two sides of the neck, (where a doctor feels for a pulse), or over the eyes.
2. Do not use this Shoulder pro unit if you have a heart pacemaker of serious heart rhythm problem.
3. Any electrode placement that causes current to flow transcerebrally (through the head).
4. Do Not use whenever pain syndromes are undiagnosed, until etiology is established.

WARNINGS

1. Do not use this Shoulder pro unit during the pregnancy or at anytime on the abdomen during pregnancy.
2. Shoulder pro is not effective for pain of central origin (Include headache).
3. Shoulder pro should be used only under the continued supervision of a physician.
4. Shoulder pro has no curative value.
5. Shoulder pro is a symptomatic treatment and as such suppresses the sensation of pain, which would otherwise serve as a protective mechanism.

6. The user must keep the device out of the reach of children.
7. Electronic monitoring equipment may not operate properly when Shoulder pro stimulation is in use.
8. Do not use Shoulder pro if you are driving or operating machinery.
9. If you have epilepsy, consult your doctor before using Shoulder pro.

PRECAUTIONS

1. Isolated cases of skin irritation may occur at the site of electrode placement following long-term application.
2. Effectiveness is highly dependent upon patient selection by a person qualified in the management of pain patients.

ADVERSE REACTIONS

Skin irritation and electrode burns are potential adverse reactions.

GENERAL WARNINGS

1. Do not immerse Shoulder pro unit in water.
2. Do not place the Shoulder pro unit close to excessive heat.
3. Do not use any pad which size is less than 40mm x 40mm.
4. In the Shoulder pro, use either: two 1.5voltAAAalkaline disposable (LR6) batteries or two 1.2 volt AA Ni-MH rechargeable batteries only. The use of any other battery could damage the unit and is not recommended.
5. When using a battery charger and rechargeable batteries wit your unit, use only Ni-MH rechargeable batteries in your charger. Do not place non-rechargeable batteries (i.e. disposable alkaline batteries) in a battery charger-this may cause a battery leak or possible explosion.
6. Remove batteries if the unit is not used for a long period of time.
7. Keep the unit away from sources of high magnetic fields such as TV's, microwave ovens and hi-fi speakers, as these may affect the LCD screen.
8. Temperature & R.H. of storage : -20't --+80t, 8%-80% R.H.
9. Temperature & R.H. of transportation: -20't --+80t, 8%--80% R.H.