

DO NOT LOOK DIRECTLY INTO OR AT THE RED LIGHT WITH THE NAKED EYE.

NERVE BEAM

LLLT Therapy

Please read all instructions before using.

TREATMENT DURATION:

LLT therapy can be used a couple times per day, as long as treatment sessions are as follows:

- 1) kept to 10-minute sessions or less
- 2) proper time in rest periods are maintained.
At least 10 minutes of rest between sessions.

Note - given that black, brown or darker skins absorb light energy a lot more effectively than lighter skin tones, please use caution if this applies to you.

THE NERVE BEAM OFFERS TWO DIFFERENT WAVELENGTHS:

- 1) 808nm Lasers which can penetrate 5-7cm into the tissue to help deliver therapeutic pain relief.
- 2) 650nm lasers which can penetrate 2-3cm into the tissue to help provide a topical analgesic effect, and an anti-inflammatory response.

TECHNICAL SPECIFICATIONS:

- 1) 808nm Infrared - able to penetrate 5-7cm (qty 3)
- 2) 650nm Red light - able to penetrate 2-3cm (qty 33)
- 3) 36 pcs of red light
- 4) output power - 438mW
- 5) timer - 10 min auto-shutoff
- 6) environment temperature - 20-40 degrees C
- 7) size - 8cm x 8cm x 1.8cm
- 8) Operating voltage: 3.6V
- 9) Input voltage power: 100-240V

INSTRUCTIONS FOR USE:

- 1) Make sure the device is charged by plugging the charging cord into the device, and then the cord into a wall outlet. Charge for at least 6 hours.
- 2) The device contains a li-ion battery and does not need plugged into the wall to operate. Detach cord when not charging.
- 3) Included are three straps, small, medium and large. The strap can be applied in a variety of ways to treat a variety of body parts or joints. i.e. see below images.
- 4) Slide the device onto the foot, positioning the lights facing the skin side. The laser can be stretched into place to treat the top or bottom of the foot, and even the calf. Alternately, the device can be slipped into the hand (lights facing out outward) to treat a body part (by holding the lights against the treatment site).
- 5) Turn on the device - press the on/off button for two seconds, you will see the laser light turn on
a. DO NOT look directly at the laser
- 6) Start the treatment
a. We suggest 10 minutes per treatment area
b. 2 times per day initially.
c. Take a rest day, every 5 days of treatment
- 7) If using for peripheral neuropathy on the feet, you may need multiple treatments to cover the specific areas of the foot in pain, and/or treat the bottom, top and instep of the foot. Or multiple devices can be used at the same time.
- 8) If using for a particular pain condition, place the device directly on the pain point.
a. Use the long Strap included to strap the device into place



CAUTIONS:

- 1) Do not look directly into or at the red light with the naked eye.
- 2) Check skin during and after treatment
- 3) Use under the supervision of a physician if you are under 18 years old or pregnant.
- 4) Do not use on carcinoma, or malignant tumors, and consult with a physician if you are using for cancer or open wounds.
- 5) Avoid treating areas with black or brown blemishes - i.e. moles as those can harness the heat
- 6) Use caution when treating dark, or brown skin color.
- 7) Clean skin before treatment
- 8) Overuse is not recommended as the mucosal tissue in the human body can become desensitized to the irradiation of energy.
- 9) If any adverse reaction occurs discontinue use and contact your supplier or physician.
- 10) Even if not using the device - charge the battery from time to time, so that it does not damage the battery.
- 11) Keep away from children
- 12) Do not use on infants
- 13) Use on only healthy skin/no open wounds

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For more information visit nervespa.com

IMPORTANT CAUTIONS AND WARNINGS – MUST READ BEFORE USE

DANGER: To minimize the risk of burns, adverse reactions, or malfunction, DO NOT use this device without carefully following the instructions and warnings.

Patients first need to be assessed by their physicians for contraindications, risk factors, and medical history before using this product.

Supervision may be necessary to ensure precautions are followed, especially with young children and the elderly.

HIGH HEAT WARNING: Infrared and red light therapy generate heat that is capable of burning the skin, especially when the pad is pressed firmly against the skin. TO AVOID BURNS FOLLOW ALL INSTRUCTIONS CAREFULLY

CAUTION: if you have any lack of sensation or numbness in your foot, please use extreme caution.

1. Do not wrap tightly to the body. **A LOOSE FIT IS REQUIRED!**
 - a. When using the stretchy straps create a loose fit between the body part and the wrap.
 - b. The skin must have room to breathe during treatment, do not compress tightly.
2. Do not use on carcinoma, malignant tumors, or open wounds.
3. Avoid treating areas with black or brown blemishes – i.e. moles, as those can harness heat.
4. Do not use this product while sleeping.
5. Do not wear this product under clothes or cover with a blanket. **DO NOT TRAP IN HEAT**
6. Do not smother the pad by sitting or lying on it. **ALLOW AIR TO CIRCULATE THROUGH THE PAD**
7. Move your body part or foot around and/or shift the wrap when you feel it getting warm or hot.
8. Check skin after every 10 minutes of use. If you have any adverse reactions discontinue use immediately and contact your supplier.
9. If you find that the heat is uncomfortable, remove and reduce therapy session length as necessary.
10. Do not use on a recent injury. Wait at least 72 hours.
11. Do not look directly at the light
12. Keep children and pets away while in use.
13. Anyone under the age of 18 must use this product under strict supervision.
14. **DO NOT USE ON INFANTS.**
15. **DO NOT USE IF PREGNANT.**
16. **DO NOT USE ON AREAS OF INSENSITIVE SKIN.**
17. **BURNS CAN OCCUR REGARDLESS OF CONTROL SETTING. CHECK SKIN UNDER PAD FREQUENTLY.**
18. **NEVER USE PAD WITHOUT COVER IN PLACE.**
19. **CAREFULLY EXAMINE INNER COVER BEFORE EACH USE. DISCARD THE PAD IF INNER COVERING SHOWS ANY SIGN OF DETERIORATION.**
20. **DO NOT USE THIS PAD CONTINUOUSLY WITH A BREAK/REST PERIOD**
21. **PATIENT MUST CONSULT THEIR MEDICAL PROFESSIONAL FOR APPROPRIATE TREATMENT TIMES/LENGTHS.**
22. **DO NOT USE PINS OR OTHER METALLIC MEANS TO FASTEN THIS PAD IN PLACE.**
23. **DO NOT SIT ON OR CRUSH PAD**

ELECTRICAL PRECAUTIONS

Keep connections dry. Always keep the unit in a place where it will not fall into water (e.g., a tub, sink, etc.). If the electrical connections fall into water, do not touch any wet part of the product. Unplug only at dry electrical connections.

Do not operate — or unplug immediately — if plug, or cord, is damaged.

To resolve damaged parts, unplug and contact your supplier.

- » CONNECT TO A 110V AC OUTLET ONLY.
- » DO NOT HANDLE THE ELECTRICAL CORD WITH WET HANDS.
- » UNPLUG TO STOP THE PRODUCT WHEN NOT IN USE.
- Unplug immediately after use. Never leave unattended when plugged in.
- » USE INDOORS ONLY

Do not use in places with flammable vapors or gasses, high oxygen concentrations or other oxidizers. Risk of explosion if used in the presence of flammable anesthetic. Keep all cords away from heated surfaces.

If you experience any adverse reactions discontinue use immediately and contact your supplier.

CONTRAINDICATIONS

- » History of heat injury or adverse reactions to heat
- » Application areas with compromised local circulation
- » Potential wound healing problems, including those from multiple surgical procedures; do not apply heat to areas that are susceptible to developing bedsores
- » Circulatory syndromes such as Raynaud's disease, Buerger's disease, peripheral vascular disease, vasospastic disorders, sickle cell anemia, and hypercoagulable clotting disorders
- » Local tissue infection
- » Hand/wrist or feet/ankle surgery w/ complex regional pain syndrome
- » Impaired cutaneous thermal sensations
- » Defective arterial cutaneous circulation
- » Dermatitis or eczema
- » Tumors
- » Skin damage due to ionizing radiation
- » Tuberculosis
- » Photosensitivity
- » Hyperesthesia
- » Mental retardation
- » Metal implant
- » Fever