

# SAFETY PROTOCOLS

While most restrictions in the state of NJ have been lifted, we still feel we are not 100% out of the woods and will maintain a level of COVID guidelines to assure a safe return to racing.

With more than 3,200 athletes competing, as always, we want to continue to provide a safe race.

## EXCLUSIONS FROM RACE WEEKEND

- Expo – vendors and NJ State Triathlon store will not be available.

### Transition

Racking will be expanded to provide a 3' distance between athletes. Please be courteous and do your part stay 3' apart.

### Swim Start

- Time trial start to distance athletes on course.

### Run Course

- Cooling cloths will not be available on the run course.
- Aid Stations will be self serve with volunteers refilling stations only.

### Finish/Catering

- Finish medals and post race water and athlete food will be grab and go at self serve stations.

### Post Race

- Post race festivities – beer garden and awards ceremonies have been eliminated.
- Masks are recommended for athletes and spectators who are not fully vaccinated.

## REQUIRED SELF BODY MARKING FOR 2021

Athletes will be required to self body mark **PRIOR** to arriving on race day. You will not be permitted into transition unless you are body marked.

### BODY MARKING STEPS

1. Magnum or King size Sharpie suggested.
2. Clearly (and large) write your assigned race number on your upper right and upper left arms as well as your left hand.
3. Additionally mark the back of you left calf with your age (as of 12.31.21)if you are racing in the Age Group division or with you race division if you are racing as a Novice, Clydesdale, Athena, Aquabike, Military, or Relay.

## ATHLETE SELF SCREENING

Any athlete that answers yes to the following we ask that you do not race for the safety of all athletes:

1. Have you tested positive for COVID 19 in the past 14 days?
2. Have you been in contact with anyone who has a confirmed case of COVID 19 in the past 14 days?
3. Do you have any symptoms of COVID 19?

If you have answered yes please contact us and we will provide a solution so you can race at a later date.

