

SPRINT WAVES

SPRINT DISTANCE WAVE START TIMES

WAVE	TIME	BIB #'s	CAP COLOR
1	7:30	1-90	Red/ White
2	7:37	91-180	Orange/ White
3	7:45	181-270	Silver/ White
4	7:52	271-360	Royal Bl/White
5	8:00	361-450	Green/ White
6	8:07	451-540	Lt Blue/ White
7	8:15	541-630	White/Black
8	8:22	631-720	Pink/ White
9	8:30	721-810	Purple/White
10	8:37	811-900	Lt Blue/ Black
11	8:45	901-990	Silver/ Black
12	8:52	991-1080	Neon Green/ Black
13	9:00	1081-1170	Orange/ Black
14	9:07	1171-1260	Purple/Black
15	9:15	1261-1350	Yellow / Black
16	9:22	1351-1440	Pink/ Black
17	9:30	1441-1530	Yellow / White
18	9:37	1531-1620	Red/ Black

OLYMPIC WAVES

OLYMPIC DISTANCE WAVE START TMES

WAVE	TIME	BIB #'s	CAP COLOR
1	7:30	1-90	Red/ White
2	7:36	91-180	Orange/ White
3	7:42	181-270	Silver/ White
4	7:48	271-360	Royal Bl/White
5	7:54	361-450	Green/ White
6	8:00	451-540	Lt Blue/ White
7	8:06	541-630	Purple/White
8	8:12	631-720	Pink/ White
9	8:18	721-810	Orange/ Black
10	8:24	811-900	Lt Blue/ Black
11	8:30	901-990	Red/ Black
12	8:36	991-1080	Silver/ Black
13	8:42	1081-1170	Green/Black
14	8:48	1171-1260	Yellow / Black
15	8:54	1261-1350	White/Black
16	9:00	1351-1440	Pink/ Black
17	9:06	1441-1530	Purple/Black
18	9:12	1531-1620	Yellow / White