

## **CURRICULUM VITAE**

**Kristene Anne Doyle, Ph.D.**

**E-mail Address:** [krisdoyle@albertellis.org](mailto:krisdoyle@albertellis.org)

### **RESEARCH INTERESTS**

- Eating Disorders & Weight Management
- Rational Emotive & Cognitive-Behavioral Treatment of Children and Adolescents
- Cognitive-Behavioral Therapeutic Process, Outcome & Dissemination

### **PROFESSIONAL CERTIFICATES**

- New York State Licensed Psychologist- license #014479
- Fellow and Certified Supervisor, Albert Ellis Institute
- Diplomate in Rational Emotive & Cognitive Behavior Therapy

### **EDUCATION**

**Hofstra University, Hempstead, NY** (APA Accredited)

Ph.D. in Clinical and School Psychology, 1999

***Dissertation: The Relationship Among Caffeine Consumption, Eating Disorder Symptomatology, and Food Deprivation in College Students.***

**The International Institute for the Advanced Studies of Psychotherapy and Applied Mental Health**

Doctor of Science, 2004

**Hofstra University, Hempstead, NY** (APA Accredited)

M.A. Psychology, "with distinction", 1995

**McGill University, Montreal, Quebec, Canada**

B.A. Psychology, 1994

### **MEMBERSHIP/ACTIVITIES IN PROFESSIONAL SOCIETIES**

- Co-editor, *Journal of Rational-Emotive & Cognitive-Behavior Therapy*
- American Psychological Association
- Association for Behavioral and Cognitive Therapies (Website Editor)

## **TEACHING RELATED EXPERIENCE**

St. John's University, Jamaica, NY

Psychology Department

**Adjunct Professor (Full)**

2000- present

- *Group Therapy*, doctoral students in both the clinical psychology and school psychology programs
- *Cognitive-Behavioral Clinical Case Supervision, child tract*, doctoral students in the clinical psychology program
- *Clinical Interventions*, doctoral students in both the clinical and school psychology programs
- *Supervising Psychologist* for doctoral students leading social skills, bereavement, parenting, and general groups for the local community

Goldsmiths, The University of London

2011-2015

Professional and Community Education Department

**External Examiner**

- Served on examining committee for candidates in MSc in Rational-Emotive & Cognitive Behaviour Therapy

## **CLINICAL & ADMINISTRATIVE EXPERIENCE**

Albert Ellis Institute, New York, NY

**Director**

2/11-present

- Assure that the organization has a long-range strategy which achieves its mission, and toward which it makes consistent and timely progress
- Provide leadership in developing program, organizational and financial plans with the Board of Directors and staff, and carry out plans and policies authorized by the board
- Promote active and broad participation by volunteers in all areas of the organization's work
- Maintain official records and documents, and ensure compliance with federal, state and local regulations
- Maintain a working knowledge of significant developments and trends in the field
- See that the board is kept fully informed on the condition of the organization and all important factors influencing it
- Publicize the activities of the organization, its programs and goals
- Establish sound working relationships and cooperative arrangements with community groups and organizations
- Represent the programs and point of view of the organization to agencies, organizations, and the general public
- Be responsible for the recruitment, employment, and release of all personnel, both paid staff and volunteers
- Ensure that job descriptions are developed, that regular performance evaluations are held, and that sound human resource practices are in place
- See that an effective management team, with appropriate provision for succession, is in place

- Encourage staff and volunteer development and education, and assist program staff in relating their specialized work to the total program of the organization
- Maintain a climate which attracts, keeps, and motivates a diverse staff of top quality people
- Be responsible for developing and maintaining sound financial practices
- Work with the staff, Finance Committee, and the board in preparing a budget; see that the organization operates within budget guidelines
- Ensure that adequate funds are available to permit the organization to carry out its work
- Jointly, with the president and secretary of the board of directors, conduct official correspondence of the organization, and jointly, with designated officers, execute legal documents

Albert Ellis Institute, New York, NY

**Associate Executive Director**

9/03-2/11

- Oversaw the daily operations of the Albert Ellis Institute
- Supervised administrative staff
- Reported to the Executive Director and the Board of Trustees
- Oversaw the fiscal department
- Served as a liaison to the public on matters pertaining to the Albert Ellis Institute
- Supervised the production of public and professional educational materials

Albert Ellis Institute, New York, NY

**Director of Clinical Services**

10/02-present

- Direct the Albert Ellis Institute outpatient psychotherapy clinic
- Conduct clinical supervision of post-doctoral fellows and interns
- Oversee the clinical fellowship/internship at the Albert Ellis Institute
- Coordinate clinical seminars
- Enforce HIPAA compliance

Albert Ellis Institute, New York, NY

**Training and Development Coordinator**

6/00-2014

- Facilitated affiliated training centers throughout the world
- As President of the International Training Standards and Policy Review Committee of the Albert Ellis Institute, ensured affiliated training centers adhere to the governance policies and procedures
- Developed and implemented new training programs for professionals
- Reviewed professional publications for inclusion in Albert Ellis Institute's bookstore
- Coordinated outside practica for mental health professionals
- Obtained and oversaw annual continuing education sponsorship approval from APA, NASW, and NBCC

Albert Ellis Institute, New York, NY

**Director, Child and Family Services**

6/00- present

- Conduct psychological evaluations with children and adolescents
- Answer questions from the public and professionals pertaining to children, adolescents, families, and mental health professionals
- Conduct seminars on working with children and adolescents

Albert Ellis Institute, New York, NY

**Staff Psychologist**

6/00- present

- Supervise clinical cases of unlicensed staff therapists
- Conduct workshops for the Primary, Advanced, and Associate Practica in Rational Emotive and Cognitive Behavior Therapy, The Treatment of Addictions, and Working with Children, Adolescents, and Families Practica both at the Albert Ellis Institute and abroad
- Coordinate, present and supervise mental health professionals for the Child and Adolescent Practicum
- Carry a clinical individual caseload of between 11 and 20 clients per week
- Lead a Women's group weekly
- Lead workshops on self-defeating eating, parenting skills, overcoming anxiety and stress, managing depression, and social skills training for the public
- Develop educational materials for the public

Association for Behavioral and Cognitive Therapies, New York, NY

**Website Editor**

11/15-11/18

- Plan, research, write copy and edit content of the website
- Source images and artwork
- Coordinate and communicate with other organization committees

**Membership Issues Coordinator**

11/09-11/12

- Served on and reported to the Board of Directors
- Facilitated and oversaw membership recruitment and retention activities (5000+ members)
- Oversaw Ambassador program
- Oversaw development of future leaders and the annual election
- Oversaw opportunities for communication and networking for membership

**Leadership and Elections Chair**

11/07-11/09

- Responsible for the Call for Nominations for leadership positions to each voting member of the Association
- Developed leadership programs for student and new "full" members

**Ambassador**

4/08-present

- Serve as a role model, encouraging participation and membership in the organization
- Support convention attendance and provide related information
- Serve as a local resource of association knowledge

Association for Advancement of Behavior Therapy, New York, NY

**Institutes Chair**

9/02-11/05

- Created offerings designed for clinical practitioners for the annual convention
- Worked with Convention Program Committee

Association to Benefit Children, New York, NY

**Crisis Team Member**

1/95- present

- Respond to disasters in the New York City area, including September 11<sup>th</sup> and Flight 800

Association to Benefit Children, New York, NY

**Consulting Clinical Psychologist**

6/00 – 12/05

- Conducted psychological evaluations of children and adolescents in various programs
- Conducted workshops and seminars on child management, working with severely emotionally disturbed children, childhood depression and anxiety, and staff burnout

Association to Benefit Children, New York, NY

**Member, Head Start Health Services Advisory Board**

6/01- 6/05

- Served as a psychological consultant for a Head Start program in a therapeutic nursery school
- Met quarterly to discuss issues pertaining to Head Start and the children served

New York City Department of Health & Mental Hygiene Medical Reserve Corps

9/06-present

**Volunteer**

- Respond to public health emergencies in NYC

Association to Benefit Children, New York, NY

**Director of Clinical Services**

5/99-6/00

- Oversaw all clinical activities of the organization
- Evaluated children and adolescents referred to the crisis program
- Supervised psychotherapists and social workers on child and adolescent cases
- Conducted internal professional workshops for staff
- Ensured compliance with Department of Mental Health standards

Albert Ellis Institute, New York, NY

**Staff Therapist**

7/99- 5/00

- Carried an individual therapy caseload and co-lead a women's group
- Lead workshops on binge eating, social skills training, and overcoming procrastination
- Conducted research on the efficacy of Rational Emotive Behavior Therapy

**Fellow**

7/98 - 7-99

- Carried an individual and group therapy caseload
- Co-lead workshops on anger, obsessions, binge eating, interpersonal relationships, and assertiveness training
- Co-lead Friday night workshops with Dr. Ellis
- Conducted research on the efficacy of Rational Emotive Behavior Therapy

## **Intern psychologist**

7/97 - 7/98

- Carried an individual and group therapy caseload
- Co-lead workshops on anger, obsessions, and binge eating
- Co-lead Friday night workshops with Dr. Ellis
- Conducted research on the efficacy of Rational Emotive Behavior Therapy

## **WORKSHOP PRESENTATIONS**

Workshops and professional trainings conducted in: Argentina, Canada, China, Costa Rica, Denmark, Dominican Republic, India, Italy, Greece, Honduras, Mexico, The Netherlands, Turkey, Panama, Paraguay, Russia, South Africa, and throughout the United States.

## **PAPER, POSTER and SYMPOSIUM PRESENTATIONS**

**Doyle, K. A.**, Freeman, A. (2015). *A comparison of psychotherapy approaches with one client* (Terjesen, Chair). Symposium presented at the American Psychological Association 123rd Annual Convention (Division 29, 12, 17, 39), Toronto, Ontario, Canada.

**Doyle, K. A.** (2015). *Training for competency in rational emotive behavior therapy: Practicalities and considerations*. Paper presented as part of the symposium: REBT in the 21st Century---Theoretical, Training, and Empirical Advances (DiGiuseppe, Chair). Presented at the American Psychological Association (APA) Annual Convention, Toronto, CA, August 2015.

**Doyle, K. A.** (2015). Discussant for the Symposium: *Adaptation of Psychological Assessment of Children Internationally – Implications for Practice*. Presented at the American Psychological Association (APA) Annual Convention, Toronto, CA, August 2015.

DiGiuseppe, R. (chair), **Doyle, K. A.**, Freeman, A. (2014). *A comparison of psychotherapy approaches with one client*. Symposium presented at the American Psychological Association 122nd Annual Convention (Division 29, 12, 17, 39), Washington D. C.

Terjesen, M. D. (chair), Camhi, R., DiGiuseppe, R., **Doyle, K. A.** (2014). *REBT in the 21st century- Measurement, intervention, training, and outcome*. Symposium presented at the American Psychological Association 122nd Annual Convention (Division 29, 12, 17, 41), Washington D. C.

**Doyle, K. A.**, Kassay, K., Terjesen, M., DiGiuseppe, R. (2011). *Where's Ellis? Where and how is REBT practiced internationally?* Symposium presented at the American Psychological Association 119th Annual Convention (Division 12), Washington, D. C.

Terjesen, M., Kassay, K., Schare, M., Konstas, D., Laniti, M., **Doyle, K. A.**, Anderson, L. (2011). *Dissemination of evidence-based practice internationally*. Symposium presented at the American Psychological Association 119th Annual Convention (Division 52), Washington, D. C.

**Doyle, K. A.** (2011). *The influence of General Semantics on Rational Emotive Behavior Therapy*. Lecture presented at the 59th Annual Institute for General Semantics Alfred Korzybski Memorial Lecture, New York, NY.

Vidair, H. B. (chair), Albano, AM, **Doyle, K. A.**, Grayson, J. B., & Zeiss, A. (2010). *What professionals look for when they hire new employees*. Symposium presented at the 44<sup>th</sup> Annual Convention of the Association for Behavioral and Cognitive Therapies, San Francisco, CA.

**Doyle, K. A.** (2008). *Rational emotive behavior therapy and its application to high level athletes*. Roundtable presentation at The 2008 Summer Olympics, Beijing, China.

**Doyle, K. A.** (2004). *Rational emotive behavior therapy and the treatment of battered wives*. Keynote presentation at I Congreso Panameno De Psicoterapia: Psicología Y Psicoterapia En Los Eventos Traumáticos: En Lo Clínico, Laboral e Institucional, Panama City, Panama.

Ellis, A., Vernon, A., **Doyle, K. A.**, & Ivey, A. (2003). *Albert Ellis at 90: Rebel and Revolutionary*. Panel presented at the 2003 Annual American Counseling Association Convention, Kansas City, Kansas.

**Doyle, K. A.** (2003). *Rational emotive behavior therapy and at-risk youth*. Keynote presentation given to Teaching Family Association Annual Convention, Cape May, New Jersey.

**Doyle, K. A.** (2003). *The application of Rational emotive behavior therapy in the treatment of eating disorders*. Workshop given at Nassau County Psychological Association's annual convention, Garden City, New York.

Terjesen, M., DiGiuseppe, R. A., Jacofosky, M. D., & Froh, J. J. (2002). **Chair: Doyle, K. A.** *Introducing positive psychology to the field of school psychology: Implications for educators, researchers, and practitioners*. Symposium presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.

Terjesen, M. D., **Doyle, K. A.**, MacLaren, C., Perez, L., & Allen, K. (2002). *The role of cognitions in eating disorders*. Symposium presented at the 36<sup>th</sup> Annual Convention of the Association for Advancement of Behavior Therapy, Reno, NV.

Terjesen, M., **Doyle, K. A.**, Flanagan, R., Perez, L., & Froh, J. (2002). *Cognitive-behavioral group interventions with children and families*. Symposium presented at the 110<sup>th</sup> Annual Convention of the American Psychological Association, Chicago, IL.

**Doyle, K. A.** (2002). Applications of social psychological findings to the practice of Rational Emotive Behavior Therapy. In (D. David) (Chair), *The Practice and Applied Research in Rational Emotive behavior Therapy: New Developments*. Symposium conducted at the 32<sup>nd</sup> European Association for Behavioral and Cognitive Therapies Congress, Maastricht, The Netherlands.

**Doyle, K. A.** (2001). Training supervisors in REBT for efficacy and accountability. In (M. D. Terjesen) (Chair), *Research, instruction, and supervision in REBT: Implications for science and practice*. Symposium presented at the 35<sup>th</sup> Annual Association for Advancement of Behavior Therapy Convention, Philadelphia, PA.

**Doyle, K. A.** (2001). *The application of social psychology to Rational Emotive Behavior Therapy*. Session given at the 45<sup>th</sup> Celebration of Rational Emotive Behavior Therapy, Keystone, Colorado.

**Doyle, K. A.** (2001). *The use of Rational Emotive Behavior Therapy in the treatment of eating disorders*. Workshop presented at the 45<sup>th</sup> Celebration of Rational Emotive Behavior Therapy, Keystone, Colorado.

**Doyle, K. A.** (2001). *The application of Rational Emotive Behavior Therapy in the treatment of time-limited eating disorder groups*. Symposium presented at the 109<sup>th</sup> Annual American Psychological Association Convention, San Francisco, CA.

Terjesen, M. D., & **Doyle, K. A.** (2000). *Order effects on REBT and Behavior Management Training*. Poster session presented at the 108<sup>th</sup> annual convention of the American Psychological Association (APA; Division 29), Washington, D.C.

**Doyle, K. A.**, & Schare, M. L. (1999). *The relationship among caffeine consumption, eating disorders, and food deprivation in college students*. Poster session presented at the 33<sup>rd</sup> Annual Association for Advancement of Behavior Therapy Convention, Toronto, Ontario.

Terjesen, M., Rose, R. D., & **Doyle, K. A.** (1999). Assessing Behavioral Techniques in REBT: Session Content Analysis, Homework Assignment Generation, and Outcome. In (M. D. Terjesen) (Chair), *The behavioral side of Rational Emotive Behavior Therapy (REBT)*. Symposium conducted at the 33<sup>rd</sup> annual convention of the Association for Advancement of Behavior Therapy (AABT), Toronto, Ontario.

Terjesen, M., **Doyle, K. A.**, Rose, R., Sciotto, M., Callbro, E., & Zampano, G. (1999). *Rational Emotive Behavior Therapy in the schools: A review and implications for school psychologists*. Poster session presented at the 107<sup>th</sup> Annual Convention of the American Psychological Association (APA; Division 49), Boston, MA.

Schare, M., & **Doyle, K. A.** (1999). *Traditional within and between group designs*. Workshop presented at an International Professional Seminar titled Research Design in Modern Psychology, at the V. M. Bekhterev Psychoneurological Research Institute, St. Petersburg, Russia.

**Doyle, K. A.**, & Feingold, J. D. (1998, July). *A cognitive-behavioral training program for parents of young children*. Poster session presented at the World Congress of Behavioral and Cognitive Therapies, Acapulco, Mexico.

Terjesen, M., Sciotto, M., **Doyle, K. A.**, Rose, R. D., Vidalakis, N. K., & Diguiseppe, R. (1998). *A psychometric review of measures of irrational beliefs: Implications for psychotherapy*. Poster session presented at the 106<sup>th</sup> Annual Convention of the American Psychological Association, San Francisco, CA.

Diguiseppe, R., Terjesen, M., Goodman, R., Rose, R., **Doyle, K. A.**, & Vidalakis, N. K. (1998). *Selective abstraction errors in reviewing REBT outcome studies: A review of reviews*. Poster session presented at the 106<sup>th</sup> Annual American Psychological Association Convention, San Francisco, CA.

**Doyle, K. A.** (1998). *The use of Rational-Emotive Behavior Therapy for the treatment of eating disorders*. Paper presented at the International Symposium on Modern Trends in Cognitive Behavioral Psychotherapy: Theory and Practice, at The V. M. Bekhterev Psychoneurological Research Institute, St. Petersburg, Russia.



Terjesen, M. D., & **Doyle, K. A.** (1998). *The use of Rational-Emotive Behavior Therapy for preschoolers*. Workshop presented at Brooklyn College, Graduate Program in School Psychology, Innovative preschool practice: Spanning the disciplines.

Kassinove, J. I., **Doyle, K. A.**, & Milburn, N. (1997). *Gambling involvement and alcohol use in adolescents*. Poster session presented at the American Psychological Association Annual Convention, Addictions Division, Chicago, Illinois.

Kassinove, J. I., & **Doyle, K. A.** (1997). *Gambling amongst adolescents*. Symposium presented at the 11th Annual Conference on Pathological Gambling, New Orleans, Louisiana.

**Doyle, K. A.** (1996). *Innovative respite care design: A comprehensive and community-based approach to family preservation and support*. Presented at the Sixth National Conference on Respite and Family Support.

**Doyle, K. A.**, Schare, M. L., & Kassinove, J. I. (1996). *Caffeine consumption as an early diagnostic factor in the assessment and treatment of eating disorders*. Presented at the 30th Annual Convention of Association for The Advancement of Behavior Therapy, NY, NY.

**Doyle, K. A.**, & Feingold, J. D. (1995). *Physical and sexual violence in psychiatric institutions*. Paper presented at St. Petersburg University, St. Petersburg, Russia.

## **PUBLICATIONS**

MacLaren, C., **Doyle, K. A.**, & DiGiuseppe, R. (2016). Rational emotive behavior therapy (REBT) theory and practice. In Tinsley, H. E. A., Lease, S. H., & Giffen Wiersma, N. S. (Eds.) *Contemporary Theory and Practice in Counseling and Psychotherapy* (pp.233-263). Thousand Oaks, California: SAGE Publications, Inc.

DiGiuseppe, R., **Doyle, K. A.**, Dryden, W., & Backx, W. (2014). *A practitioner's guide to rational emotive behavior therapy*. New York: Oxford University Press.

**Doyle, K. A.** (2013). The death of a spouse: Using rational emotive and cognitive behavior therapy to cope. *Journal of Rational Emotive and Cognitive-Behavior Therapy*, 31(2).

**Doyle, K. A.** (2012). Helping couples deal with terminal illness. In A. Vernon (Ed.), *Cognitive and rational-emotive behavior therapy with couples*.

**Doyle, K. A.** (Ed.). Albert Ellis and Rational Emotive Behavior Therapy's influence: Past, present, and future (Special Issue). *Journal of Rational Emotive and Cognitive-Behavior Therapy*, 29(4).

**Doyle, K. A.**, & Terjesen, M. D. (2006). Rational emotive behavior therapy and attention deficit disorders. In M. E. Bernard, & A. Ellis (Eds), *Rational Emotive Behavioral Approaches to Childhood Disorders: Theory, Practice and Research*. New York: Springer Publishing.

Weinrach, S. G., Dryden, W., DiMattia, D. J., **Doyle, K. A.**, MacLaren, C., & O'Kelly, M. (2003). Post September 11<sup>th</sup> perspectives on religion, spirituality, and philosophy in the personal and professional lives of selected REBT cognoscenti. *Journal of Counseling and Development*, 82, (426-438).

**Doyle, K.A.** (2003). The contribution of social psychology to Rational Emotive Behavior Therapy. In W. Dryden (Ed.), *Theoretical Developments in REBT*. New York: Brunner Routledge.

**Doyle, K.A.** (2003). My idiosyncratic practice of Rational Emotive Behavior Therapy. In W. Dryden (Ed.), *Idiosyncratic Rational Emotive Behaviour Therapy*. Herefordshire: PCCS Books Ltd.

**Doyle, K. A.** (2002). The Application of Rational emotive behavior therapy in women's groups. In W. Dryden & M. Neenan (Eds.), *Rational Emotive Behaviour Group Therapy*. London: Whurr Publishing.

DiGiuseppe, R., **Doyle, K. A.**, & Rose, R. D. (2002). Achieving unconditional self-acceptance (USA): Rational Emotive Behavior Therapy with a depressed woman. In M. Reinecke & B. Cohler (Eds.), *Comparative Treatments of Depression*. New York: Springer Publishing.

Kassinove, J. I., **Doyle, K. A.**, & Milburn, N. (2000). Gambling and alcohol use in adolescence. *Journal of Social Behavior and Personality*, 15, 1-16.

**Doyle, K. A.**, & Schare, M. L. (1997). *Measuring caffeine intake: A proposed diagnostic factor for eating disorders*. Universidad Latino, Argentina.

## **MEDIA & PRESS APPEARANCES**

ABC's 20/20  
BBC Radio  
Channel 2 News  
Channel 11 News  
Access Hollywood  
New York Now  
The New York Times  
The Wall Street Journal  
U.S. News and World Report  
The St. Petersburg Times  
The Huffington Post  
O, The Oprah Magazine  
Allure Magazine  
The Daily News  
Caring Today  
Women's World  
AM New York