



Infant, Early Childhood, Family Mental Health

- Consultation provided in all childcare settings ages 0-6.
- Child-Parent Psychotherapy.

- Professional development provided to all staff
- Stress management and support to all staff and families

Community Awareness & Education

- Evidence-based trainings provided to local businesses and organizations (First responders, Medical staff, Teachers, Coaches, etc)

- Mental Health First Aid- Adult, Youth, Teen
- SafeTalk
- QPR

Support for Professionals and Care-takers

- Regularly scheduled workshops and trainings for specific professions and roles (medical, first responders, teachers, social workers, parents and caregivers, etc)

- Prevention of compassion fatigue
- Building compassion resilience
- Learning and practicing self-care and stress management strategies

Consultation & Support for Changing Workplace Culture

- Onsite support and consultation for building and maintaining a supportive and cohesive workplace environment and culture, increasing job satisfaction as well as productivity and attendance. Using the compassion resilience toolkit.

Sustainability & Workforce Development

- Training programs/paid positions for Clinicians in-training and interns working toward course and licensure requirements
- Clinical supervision (individual and group)
- Incentives for continuing their work in our community after full licensure is achieved
- Consortium to manage across all outpatient behavioral health settings in our community
- Close the gap in coordination of care between behavioral/mental health providers, medical providers, and community providers.