Sustainable Home Offices

We, at UNICC, have always promoted initiatives to increase the sustainability of our workplace and its surroundings. It is our contribution to the UN SDGs.

As we've shifted from a traditional model to home office setting, sustainability becomes our individual responsibility.

- **Use Energy Saving Devices**: When choosing devices for our home office, such as external monitors and printers, we can opt for ones that conserve more energy. This choice can make an intermediate impact.

- **Use Energy Efficient Lighting**: We can replace many tasks of our daily routine with mobile applications, avoiding the usage of paper to take notes, list our tasks, set reminders or analyze a problem. If we cannot get rid of paper, we can procure a whiteboard and use it for our daily tasks.

- **Use Less Paper**

- **Use Recycled Paper**: Using recycled paper can also help the environment and climate, where we could save 100% of the trees, 31% of the energy, 53% of the water, and produces 39% less solid waste (Green America).

- **Print Responsibly**: When we need to print, it is important to consider the different printing options: toner saving, double-sided, multiple pages into one, etc. We can also set these options as the default and change them only when necessary.

- **Temperature is a factor where a home office can be worse than traditional office in terms of its carbon footprint. It is then very important to watch our thermostat, trying to avoid overheating or overcooling but rather to set a different temperature in each room.**

- **Adjust the Power Settings**: Adjusting our computer power settings can also make an impact, it can eliminate waste of electric power. We need to ensure that our computer automatically goes into hibernation or sleep mode when we are not using it. This is especially important for personal devices, given that at UNICC some of these settings may be managed centrally.

- **Adjust Your Thermostat**

- **Participating in Video conferences**

- **Natural Light**: Besides making our home office more sustainable, adequate exposure to sunlight is also one of the most important aspects in the quality of our workspace, as reported by HBR.

- **Eliminate Single Use Cups, Plates and Cutlery**: We spend more time at home and, as a result, we accumulate more waste than usual. Moreover, the traditional office can often be more efficient in terms of waste management. But at home, because we have dishwashers and kitchen sinks, it is then easier to eliminate single use cups, plates and cutlery.

Keeping our workspace properly lit is essential for the quality of our work and for our health. Today we have the possibility to do it by replacing the traditional bulbs with LEDs, among others.

98% of employee carbon footprint is from commuting for work.

98% study from Sun Microsystems

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Working together on the SDGs goals