

# Empower

WINTER/SPRING 2017



**Julianna  
makes giant leaps  
forward at Turnstone**



**Turnstone**

CREATING POSSIBILITIES. MAXIMIZING POTENTIAL.



**“I was there  
and recorded  
the first time she  
walked without  
any help.”**

ROSARIO ESCOBEDO



# Small Steps and giant leaps forward

**SUPPORTED BY HER FAMILY AND HER NEW FRIENDS AT TURNSTONE,  
JULIANNA RANGEL-ESCOBEDO ACHIEVES THINGS NEVER THOUGHT POSSIBLE**

Achieving your potential starts with a belief in yourself. When others say you can't accomplish something, you can either agree—or strive to prove them wrong. Turnstone client Julianna Rangel-Escobedo has taken the latter approach, serving as a reminder that limitations are no match for conviction.

Several physicians had told her mother, Rosario Escobedo, that Julianna would never walk—and for a time, it seemed they were right. Born with multiple disabilities, Julianna used a wheelchair exclusively until she was three and a half years old.

During this same time, Julianna also struggled with therapy. Prior to finding Turnstone, her mom says Julianna was unhappy every time she attended a session.

“She seemed fearful,” Rosario says. “She couldn't talk at the time, but she would hug me hard because she didn't want me to drop her off for therapy. I knew I had to look for something different.”

Things changed for Julianna, however, when she began attending special education Pre-K at Holland Elementary. That's where the Escobedos met therapist Roxy Rockwell, who also worked at Turnstone. Julianna and Roxy hit it off immediately. For the first time, Julianna stopped crying when her mother brought her to therapy. After Roxy gained their trust, the Escobedos asked her for advice and Turnstone was recommended to supplement Julianna's school-based care.

When they visited Turnstone, the Escobedos were introduced to Angela Williams, a pediatric social worker. Julianna receives physical, occupational, and speech therapies. The results, Rosario says, were almost immediate.





"I noticed a radical change in Julianna," she says. "It was different. She started talking."

That was just the beginning, however. Working with Williams and Turnstone therapists Casey Harper, Megan Russ, and Nancy Shepler, Julianna improved significantly in other areas as well—including something once not thought possible.

"My biggest satisfaction was to see her walk," Rosario says. "At Turnstone, she started using a walker. Later they encouraged her to go without it. I was there and recorded the first time she walked without any help."

Emboldened, Julianna kept progressing. Approximately a year ago, she stopped using her wheelchair altogether. And soon, she plans to start swimming.

It's been a long journey for the Escobedo family, but Julianna—now five and a half years old—has led them to places they never thought they'd go. Along the way, Turnstone has been at Julianna's side, encouraging her to take steps she—literally—was told she might never take.

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"I noticed a radical change in Julianna. It was different. She started talking."

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"What I appreciate the most is the kindness, professionalism, and competence of the therapists," Rosario says. "Turnstone is very special for us."

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## Thank you for helping us **Create Possibilities!**



We appreciate your support and welcome your ideas and questions about Turnstone. Please feel free to contact me at 260-483-2100 or [mike@turnstone.org](mailto:mike@turnstone.org). We appreciate everything you do to help us Create Possibilities!

*Michael Mushett*

Mike Mushett, CEO





# Upcoming **Events**

## SPECIAL EVENTS

### INAUGURAL TURNSTONE MILE

FEBRUARY 11, 2017

*Kick off a healthier year with this fun one-mile run, walk, and roll. All abilities welcome!*

### 42ND ANNUAL CASINO NIGHT

MARCH 11, 2017 | 7 - 11 PM

*Enjoy food, beer, and wine tastings. Test your skills at blackjack, roulette, bingo, and other fun activities. All proceeds go towards helping Turnstone empower people with disabilities. Visit [Turnstone.org/Casino](http://Turnstone.org/Casino) for complete details. Purchase tickets by calling (260) 483.2100 or in person at Turnstone 3320 North Clinton Street, Fort Wayne. Indiana Gaming #142610*

### 2ND ANNUAL BIKE FUSION BIKES, BREWS AND MUSIC

MAY 5, 2017 | 5 - 9 PM

*Join bike and fitness enthusiasts and community groups to kick off the start of the summer cycling and running season. You can even test ride a new bike on our indoor track!*

### 17TH ANNUAL TURNSTONE BOARD OF DIRECTORS' GALA

JUNE 15, 2017 | 5:30 - 9:30 PM

*Bring out the sparkle and the suits for Turnstone's signature fundraising event featuring dinner, entertainment, a unique live and silent auction, and a special mission moment shared by a Turnstone client.*

## UPCOMING SPORTS TOURNAMENTS

### PREP/VARSITY WHEELCHAIR BASKETBALL

REGIONAL TOURNAMENT

JANUARY 28 & 29, 2017

MIDWEST CONFERENCE TOURNAMENT

FEBRUARY 25 & 26, 2017

### ADULT WHEELCHAIR BASKETBALL

DII TOURNAMENT

FEBRUARY 4 & 5, 2017

DII MID-AMERICAN CONFERENCE

TOURNAMENT

MARCH 4 & 5, 2017

### SLED HOCKEY

SILVER STICK TOURNAMENT & BOB CHASE

FROSTBITE CHALLENGE

FEBRUARY 11 & 12, 2017

### POWER SOCCER

MID-AMERICAN POWER SOCCER LEAGUE PLAY

MARCH 4 & 5, 2017

MID-AMERICAN POWER SOCCER LEAGUE PLAY

MAY 13, 2017

### GOALBALL

GOALBALL TOURNAMENT

MARCH 18 & 19, 2017

GOALBALL NATIONALS

JUNE 22 - 24, 2017

### ENDEAVOR GAMES

A VARIETY OF SPORTS, CLINICS AND CLASSIFICATIONS

APRIL 21 - 23, 2017

### TENNIS

TURNSTONE TENNIS OPEN

JUNE 9 - 11, 2017

FOR MORE INFORMATION VISIT [TURNSTONE.ORG](http://TURNSTONE.ORG)



# Upcoming **Activities**

## PEDIATRIC THERAPY

### TURNSTONE SPEECH CAMP

**JUNE 19-AUGUST 3, 2017 (NO CAMP WEEK OF JULY 4)**

Turnstone's speech camp is a theme-based program designed for children ages 3-8 with speech and language delays or disorders. Camp is led by Turnstone's speech therapists and supported by undergraduate speech students. Campers participate in language-enriching activities, games and snacks while addressing their own personal speech and language goals. A current plan of care or IEP from a speech language pathologist is required. Please contact Chanda Lichtsinn for more information (260) 483-2100.

### AAC COMMUNICATION CAMP

Turnstone is starting a new camp for our AAC device users. This camp will allow users the opportunity to work on the functional use of the AAC in different settings such as classrooms, restaurants, stores, etc. This camp will be designed to encourage communication, participation, vocabulary enrichment, and inclusion in a school-like setting. The camper must already be using an AAC device and have one to bring with them to camp. Please contact Chanda Lichtsinn for more information (260) 483-2100.

### TURNSTONE LAP CLUB

Lap club is an adapted aquatic program with supervision and monitoring of progress and status, based upon an evaluation. Class occurs once a week for an hour for a total of seven weeks. The program focuses on helping children from early childhood to 18 years of age become comfortable in an aquatic setting, different swimming strokes, water safety techniques, and group building activities. Sessions ongoing; please call (260) 483-2100 for more information.

## ADULT DAY SERVICES

Turnstone's Adult Day Service & Memory Care programs would love to take you and your loved ones on a tour of our facility and show you the services that we offer to adults with disabilities. You can schedule a time for a tour and to observe the programs to see how our active adult day clients spend the day. If you are interested in scheduling a tour, please call (260) 483-2100.





# Upcoming **Activities**

## NEW! – INTELLECTUAL & DEVELOPMENTAL DISABILITIES

Turnstone now has activities for individuals with intellectual or developmental disabilities, ages 8 and up. These sports, recreation and leisure programs are designed to improve overall health and wellness, increase physical activity level, socialization opportunities and independence. Programs include: Girls Night Out, Hoopers Basketball, floor hockey, dances, pool time, indoor cycling and creative movement. If you are interested in learning more about these activities, please contact Rio James at [rio@turnstone.org](mailto:rio@turnstone.org) or (260) 969-7678.

## HEALTH & WELLNESS

Turnstone's Health & Wellness program consists of two warmwater therapeutic pools and a fully accessible fitness center, specially designed for people with disabilities, including those recovering from hip and knee replacements. The fitness center features adaptive strength training and cardio equipment and our pools are equipped with a hydraulic lift. Turnstone is a Silver Sneakers provider. We also provide several other specialty programs, including a Parkinson's exercise group and Youth Fit.

## RECREATIONAL SPORTS

Turnstone offers a wide variety of recreational sports opportunities. All recreational programs are open to individuals with and without a permanent physical disability and/or vision loss. Programs include: cycling, boccia, monthly socials, goalball, table tennis, sit volleyball, and many others. If you are interested in learning more about these activities, please contact Kevin Hughes at [kevin@turnstone.org](mailto:kevin@turnstone.org) or (260) 969-7654.

## KIMBROUGH EARLY LEARNING CENTER

The Kimbrough Early Learning Center is gearing up for a great summer of fun for all of our children. The last day of school for Fort Wayne Community Schools is May 31. Our summer program begins June 1; please contact us about any summer openings. Enrollment for our fall programs will begin in June. Please contact a case manager for availability at (260) 483-2100. **Summer program begins June 1. Enroll for August openings in June.**

FOR A COMPLETE LIST OF UPCOMING EVENTS & ACTIVITIES, PLEASE VISIT [TURNSTONE.ORG](https://turnstone.org)





## MEMORIALS & HONORARIUMS

Thank you to everyone who provided memorials and honorariums to Turnstone between April 16 and Nov. 15, 2016. The following were recognized by our donors:

### IN MEMORY OF...

Audrey Stier  
Beverly A. Michelle O'Boyle  
Charles Studebaker  
Emily Redmond  
Francis Roberts  
George Dunn  
Gerald Kramer  
Helen Joan Wysong  
James Irey  
John Talarico  
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Pamela Stier  
Peg Bugher  
Rebecca Vorderman  
Roseann Martin

Shirley Pine  
Thomas Haley  
Tony Rosco Rietdorf  
Wilma Wilhelm  
Winifred Studebaker

### IN HONOR OF...

Mia Welker  
Ava Maxwell  
Rosemary Noecker's birthday  
Art Litton

## WE THANK THESE PEOPLE AND ORGANIZATIONS FOR THEIR SUPPORT!

**iAB Financial** volunteered during Veterans Day to spruce up our building for the holidays.

**Ian Kissel** raised funds for Turnstone's sports and recreation program through his "Hoops for Turnstone" pledge drive.

**Steel Dynamics** volunteered during the 2016 United Way Day of Caring.

**Voss Automotive** hosted a spectacular carnival for our children; we all had a great time.

**The Fort Wayne Mad Ants** donated proceeds from their Basketball Toss event.

**Thrivent Financial** supplied Turnstone with wish list items; your support has been super.

**Fleet Feet, Steel Dynamics, and Implus Corporation** supported Team Turnstone in Fort4Fitness.

**Foellinger Foundation** supported the agency's operating, limited capital improvement, and capacity building needs.

**St. Joseph Community Health Foundation** provided us with the Kasper Award for Exceptional Service to the Poor.

**The AWS Foundation** awarded us grant funding to enhance quality of life for people with intellectual and developmental disabilities.

**The Council on Senior Services** provided grant funding to purchase a specialized lift chair for our adult day services clients.

**The Howard P. Arnold Foundation, Prophet Sisters Foundation,**

**Franklin Electric Foundation, Mary Margaret Stucky Foundation, and Lincoln Financial Foundation** made gifts in support of the Kimbrough Early Learning Center.

**Culver's** on Dupont and Washington Center Road, and **Granite City** hosted charitable events with a portion of the proceeds supporting Turnstone programs.

**80/20 Foundation, Community Foundation of Greater Fort Wayne, St. Vincent's Council Knights of Columbus, Charles W. Kuhne Charitable Foundation, M.E. Raker Foundation, English Bonter Mitchell Foundation, Edward M. & Mary McCrea Wilson Foundation, Edward D. & Ione Auer Foundation, the New Hope Foundation, and the Dorset Charitable Trust** provided core program support.

**K&K Insurance** and the **Aon Foundation, the Zollner Foundation, the United States Association for Blind Athletes, Disabled Sports USA, and Adaptive Sports USA** supported the agency's sports and recreation program.

The **Carson and Rosemary Noecker Family Foundation, Chaffee Family Foundation, PHP Foundation, Mary Cross Tippmann Foundation, Waterfield Foundation, Jim & Gloria Godschalk Family Foundation, O'Rourke Schof Family Foundation, Owen and Jean Pritchard Foundation, and PNC Foundation** supported Turnstone's therapeutic services.







## LET THE GAMES BEGIN!

Saturday, March 11, 2017 • 7-11 p.m.  
Plassman Athletic Center at Turnstone  
3320 North Clinton Street, Fort Wayne

## ANTE UP!

Purchase tickets by calling 260-483-2100 or in person at Turnstone 3320 North Clinton Street, Fort Wayne

### General Admission

\$50 advance/\$60 day of event, includes games, food, beer, and wine tasting!

### High Roller

\$125 advance only, quantities limited. Includes all General Admission opportunities plus: Exclusive gaming area, bourbon tasting, 50/50 pot starts at \$1,000, High Roller gaming attendants, and gourmet food and appetizer trays!

Indiana Gaming #142610



Turnstone

3320 NORTH CLINTON STREET  
FORT WAYNE, INDIANA 46805



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