

EMPOWER

A newsletter for family & friends



Turnstone

SPRING 2016



Achieving their goal

Getting healthy and having fun is our goal for *Train for Turnstone*.

Is it spring yet? As we dream of being outside in warmer weather and strive for a healthy 2016, we can't help but reminisce about the accomplishments of the Team Turnstone training program. 2016 will be the ninth year for Turnstone to help our clients reach their goal of walking, running or rolling in the Fort4Fitness fall Senior Marathon, 4-mile, 10k, and Half-Marathon races. Last year, 26 Turnstone clients trained at local parks throughout the summer in order to achieve their goals and feel the weight of the finishers medal around their necks.

The range of clients participating was vast. Cole, the youngest participant at 9-years-old, achieved his goal of pushing himself in his wheelchair for all 10K (6.2 miles). His big smile and excitement were captured on television during an interview at the finish line. Bill, whose leg was amputated below the knee, walked the 4-mile race for the second year and proudly finished amid the cheers in Parkview

Field. Coming in at the top of the age groups, Nancy, 81 years young, shared, "I enjoy training with Team Turnstone because it makes me feel so much better and energized. I also make new friends when I train. This will be my sixth year for Fort4Fitness. I look forward to May. Go Team Turnstone!"

Clients' families and friends of Turnstone are also encouraged to be members and raise donations for Turnstone services. 160 people selected Turnstone as their charity partner last year. Team Turnstone members are welcome to join our fitness specialists and Fleet Feet Sports staff as they walk and run with our clients during their training sessions. Additionally, members receive the weekly team updates, a Team Turnstone T-shirt, and the satisfaction of creating possibilities for children and adults with disabilities to achieve their personal fitness goals.

CONTINUED ON PAGE 2

Turnstone CREATING POSSIBILITIES

www.turnstone.org | (260) 483-2100





2015 Train for Turnstone members, staff, and charity partner Fleet Feet sports staff train at area parks.



CONTINUED FROM PAGE 1

Kevin Croy, owner of Fleet Feet Sports said, “Our staff at Fleet Feet Sports feels so fortunate to have had the privilege of participating in Team Turnstone. As a participant, we saw first hand that there is literally no limitation to what a person can accomplish once they put their mind to it.”

Team Turnstone will begin training for the fall Fort4Fitness in May. If you would like to be part of Team Turnstone, all you have to do is select Turnstone as your charity partner when you register for the race at fort4fitness.org, and email michelle@turnstone.org to ensure we have your t-shirt size and to start getting the Team Turnstone updates.

Not only does designating Turnstone as your charity partner help us raise funds to create possibilities for people with disabilities, but it also shows your belief that a healthy lifestyle is important for all people regardless of their age or physical limitations. 🌸

2015 TEAM TURNSTONE PARTICIPANTS

SENIOR MARATHON

Martha Mawhorr
Tench Lopez
Don Barman
Pamela Ramsey

4-MILE

Ashley Harrington
Erica Lomont
Nancy Boylen
Angela Radford
Bill Bailey
Tom Woenker
Mike Nolan
Jeff Trotti
John Kimes
Geoffrey Avery
Caleb Brown

10K

Jenette Henry
Troy Haag
Alex Haag
Mackenzie Haag
Cole Connelley
Tyler Sarrazine

HALF-MARATHON

Neal Niezer
Matt Heyman
Lazero Rodriguez
Bob Burnsworth
Alex Leckron

“Being part of Team Turnstone makes me feel young, happy, and very safe. I love being here!” — Tencha

“Team Turnstone has given me the chance to be physically active and outdoors all summer long. I believe this has helped not only my physical health, but my state of mind as well. Things like doubt, fear, anger — all can be mitigated by rigorous physical activity. And when you train with a super team like Team Turnstone, it makes it easy to stay motivated and on track.” — Neal

MAKING AN IMPACT



Mike Mushett

2016 is shaping up to be a banner year for Turnstone. Clients, family members, staff and board members are settling into our “new spaces”. As an example of impact-the Adult Therapy and Health & Wellness staff moved into their new space in the Plassman Athletic Center this summer. Comparing numbers from August-December 2014 to the same months in 2015, the staff provided 1,128 more hours of service with 125 new members joining our program. We also have returning and existing clients staying longer to take advantage of the great services provided by our motivated and professional staff in the Plassman Athletic Center.

Also, much to our excitement, the United States Men’s National Goalball team, which arrived in Fort Wayne in October of 2015, is hard at work preparing for the Paralympic Games in Rio de Janeiro in September of this year. The team practices Monday–Friday at Turnstone and are ranked No. 3 in the world.

The Adult Day Services (ADS) clients are enjoying their newly remodeled and expanded space. In February, ADS launched its new Memory Care program, a day program designed for individuals with disabilities who are also experiencing dementia.

Recently Turnstone received a generous gift from the Miller Family Foundation to renovate our playground and garden areas. Renovations will begin this spring and will provide new and expanded program opportunities to our Kimbrough Early Learning Center, Adult Day Service, Memory Care programs.

From late February through June, Turnstone will become “tournament central” hosting a series of regional and national tournaments in the Plassman Athletic Center. Events will include: The Midwest Conference Prep & Varsity Tournaments for Wheelchair Basketball (February), the Wheelchair Basketball Midwest American Conference Division III Championships (March), the 2016 Men’s and Women’s National Goalball Championships (June), and the 2016 Power Soccer National Championships (June). Like us on Facebook to get updates on specific game times and volunteer opportunities. Our teams enjoy having a crowd of cheering fans!

Best regards,

Remembering Mark Johnson

by Marilyn Wedler, Adult Physical Therapist

It is with a heavy heart that I inform you that Mark Johnson, adult therapy aide and up and coming facility coordinator, passed away December 7. He had received a bone marrow transplant June 5 after having been diagnosed with myelo dysplastic syndrome—a form of blood cancer. For those of you who did not know Mark, this was actually his second bone marrow transplant. He was diagnosed with adult onset leukemia 9-10 years ago.

Following treatment for leukemia, he received physical therapy at Turnstone for strength, endurance and mobility issues. He also was a fitness member after being discharged from physical therapy. When he had recovered, he came back to Turnstone to volunteer in the ADS program. When adult therapy needed an aide, we recruited Mark. He worked with us for more than five years. He was great with all of the clients, a real encourager and was not shy about sharing his story of recovery with clients that could benefit from an inspiring story.

Mark loved to kid, play practical jokes and sometimes “just irritate” because he could. The love of his life was his 12-year-old daughter, Riley, who carries on with her dad’s spirit and personality. Loved by staff and clients alike, Mark was one of the most loyal friends of Turnstone I have ever known. Even on days when he clearly wasn’t feeling well, he showed up and gave everything he had for our clients, including helping Nancy Boylen complete the 4-mile Fort4Fitness race.



HATS OFF AND THANKS TO ...

C M Paper, the Page family, Nicole Arivett, Brian and Spencer Crowl, St. Vincent's Catholic Church, Community Harvest Food Bank in conjunction with NIPSCO, Allen County Christmas Bureau, the Fort Wayne Mad Ants, Turnstone Staff, and the many agency friends, for helping to make the holidays bright for several Turnstone families by donating gifts.

The **Council on Senior Services** for the funding a certified music therapist for adults with physical disabilities.

The **members of the Plymouth Congregational Church** for providing hats, mittens and books for all of Turnstone's Kimbrough Early Learning Center children this Christmas.

St. Vincent DePaul Church for their support of the agency's Adult Day Services program.

Cargill Company for the donation to support Power Soccer athletes.

St. Joseph Community Health Foundation for their support of Turnstone's Adult Day Services Program.

The **Fort Wayne Sertoma Club** for donating the funds for Turnstone to purchase an augmentative communication device for use with our pediatric clients.

The **Prophet Sisters Foundation, Howard P. Arnold Foundation, Franklin Electric Foundation, and Lincoln Financial Foundation** for the gifts made in support of the Dr. Robert Kimbrough Early Learning Center.

The **Fort Wayne Sport Club** for selecting Turnstone to benefit from its Kickball Tournament.

Maximus Foundation, Mary C. and Perry F. Spencer Foundation, William and Bonnie Hefner Foundation, Weaver Popcorn Foundation, CWC Logistics, and the Zollner Foundation for their support of Turnstone's adaptive sports and recreation program.

The **Fort Wayne Street Rod Association, Preferred Anesthesia Consultants, Mary Margaret Stucky Foundation, the Marvin and Marva Komisarow Foundation, Millcraft Paper, PNC Bank Charitable Trusts, Edward M. and Mary McCrea Wilson Foundation, Edward D. & Lone Auer Foundation, DeMarchis Family Foundation, The Lutheran Foundation, Valiant Foundation, Robert, Carrie and Bobbie Steck Foundation, Jack Ewing Charitable Trust, and the Magee-O'Connor Foundation** for their support of Turnstone's core programs and services.

Parkview Hospital Community Health Improvement Program, the Paul and Virginia Yergens Rogers Foundation, and the McMillen Foundation for their gifts made in support of the agency's Health and Wellness and therapy programs.

Thrivent Choice participants for selecting Turnstone! Because you chose to make a positive impact in your community, our agency received nearly \$4,000 in donations this year to provide services for people in need. 🌟

WELCOME NEW STAFF

June Rambo
Facility Rental Manager

Kim Bates
ADS Program Assistant

Kaitlin Phipps
Life Guard

Nicole Gable
Life Guard

Emalee Reichenbach
Life Guard

Teresa Long
Teacher, Substitute

NEWS NOTES

41st Annual Casino Night

Saturday, March 12, from 7 p.m. to 11 p.m.

Join us for Turnstone's 41st Annual Casino Night.

What happens at Turnstone Casino Night, stays at Turnstone! Casino night is a community favorite that features blackjack, Texas Hold'em, bingo, a silent auction, raffle baskets, food, beer, wine sampling and more! All proceeds benefit Turnstone and advance its mission of empowering people with disabilities.

Purchase tickets by phone (260) 483-2100 or in person at Turnstone. General Admission: \$40 advance/\$50 day of event. Includes games, food, beer & wine tasting!

High Roller: \$100 advance purchase only. Includes entry to exclusive Little Vegas gaming area with heavy appetizers by Club Soda, wine and bourbon tasting by Cap n' Cork, beer sampling and more!

Must be 21 or older. Indiana Gaming #139755

Pizza Hut Buffet Benefit Night

Wednesday, March 16, from 5 to 8 p.m. 20th Annual Pizza Hut Buffet Benefit Night - \$1 from every adult and 50 cents from every child's buffet purchased at menu price that night will be donated to Turnstone. Participating Pizza Hut of Fort Wayne locations include Angola, Auburn, Berne, Bluffton, Columbia City, Decatur, East State St., Huntington, Kendallville, New Haven, North

Manchester, Northcrest, Northwood, Pine Valley, Portland, Southgate, Time Corners, Van Wert, Village of Coventry, Wabash, and Waynedale.

7th Semi-Annual Culver's Day of Caring

Wednesday, May 11, from 11 a.m. to 8 p.m.

In 2015, we were thankful for everyone dining at Culver's during their Turnstone Days of Caring. As a result, Culver's donated over \$5,000 to help support Turnstone. On May 11, Culver's of Fort Wayne will donate 20% of their sales to Turnstone. Participating locations include 3510 East Dupont Road and 1425 West Washington Center Road. Contact Beth for volunteer opportunities at (260) 483-2100.

16th Annual Board of Directors Gala

Thursday, June 16. Turnstone's Board of Directors will host the 16th Annual Gala at Turnstone.

Mark your calendar now for Turnstone's signature fundraising event held this year for the first time in the Plassman Athletic Center at Turnstone. The evening will feature dinner by Club Soda, unique live and silent auctions and a special mission moment shared by a Turnstone client. All proceeds benefit Turnstone's therapy programs for children and adults with disabilities. For more information about tickets and sponsorship opportunities please contact Kris at (260) 483-2100 or kris@turnstone.org.

14th Annual Classic Corvette Raffle

March 12 thru October 13

WIN THIS CAR!

1963 CHEVY CORVETTE ROADSTER | So much more than a car.

Here's your opportunity to win this gorgeous 1963 Corvette convertible with a removable hardtop and soft top, red interior and exterior, 327/340 hp engine, 4-speed transmission, and knock off wheels.



INDIANA RAFFLE LICENSE #139754

Contest rules available online at turnstone.org/raffle

TICKETS \$15 each) \$30 for 3) \$60 for 8) \$100 for 15) \$250 for 40) **WINNER DRAWN 10/13/2016**



MEMORIALS & HONORARIUMS

Thanks to all who gave honoraria and memorials to Turnstone between Sept. 1, 2015 and Jan. 21, 2016.

IN MEMORY OF...

Norma Azar

Julie Heeter

Todd Berning

Gene & Sylvia Berning

Wayne Best

Beverly Meyer

Naum Bircheff

Julie Heeter

David Bonar

Kenton & Janne
Buesching

Paul Brinker

Ruth Ann Brinker

Dick Clark

Robert & Wendy Tyler

Erwin Denig

Fritz & Sally Aichele
Bercot, Inc.
Carol Buttell
Chuck & Karen Chaffee
Christopher James
Menswear
Ted & June Despos
Russell & Connie
Felderman
Felger's Peat Moss
Paul & Stephanie Fleming
James & Judy Frey
Nancy Greulach
Griffin Real Estate
Services, Inc.
Tom & Linda Irmischer
Patricia Jackson
Gerald & Mary Kramer
Lafayette Consulting Co.
Don & Carolyn Lahman
Austin & Renee Larr
Nancy & Carl Louraine
Mark R. Rekoweg Farms
Kent & Dawn Martz
Dave Meyer
Jerry & Janice Meyer
Jim & Gloria Nash
Dan & Angela O'Neill
Paint the Town
Graphics, Inc.
Jane Prible-Givens
Gary Probst
Ruich Bros.
Landscaping, Inc.
Jennifer & Michael
Ruprecht
Jackie Schaller
Stewart, Brimner
Peters & Co., Inc.
Ron & Bonnie Straessle
Barry Sturges
Reg Vorderman
Tim & Karen Wagner
Gary & Kay Wasson
Marni & Dick Waterfield
The Zacher Company

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Kristi Dunn
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Denise & Scott Wood

Barbara & Donald Eckrich

Katherine Grosh
Kurt & Louise Ostrow

Dick Freeland

Mitchell Henke

Margaret Fueller

Marilyn Salon

Billy Garr

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Todd Gerke

David & Peggy Hughes

Dennis A. Girardot

Joan Girardot

Bob Heckman

Deb & Bruce Guebard

Charles Hieber

Nancy Laub
Nancy & Carl Louraine

Phyllis Hill

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Barbara Kerch
Janet Williams

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Hubert Holley

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Tracy & Gretchen
Shellabarger
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Duane & Joan Teders
Camellia Tobin
April Urban
Debbie Wagner
Tom & Mary Waning
Marilyn & Gary Wedler
Denise & Scott Wood

Carly Klotz

Carol Rowe

Sharon Krause

Diane Compton

Elizabeth Ley

Phyllis Ley

Joan Liebmann

Mary Lu Durham

Charles Maldeney

Bill & Kay Bailey
Daniel & Shirley Boyle
Betty Bubb
Parkview Health
Sharon Reuille

Bill Mallers

Jim & Pat Mallers

Patty & Tony Martone

Aspasia Johns
Amy & Tim Martone
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Kathleen Mau

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Ken McIlvride

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Kurt Nettleton

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Don Pearson

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James & Nancy
Volmerding

Mary Pratt

Matthew & Ramona
Branning

Emily Redmond

Randy & Pam Potts

Mary Reilly

Jim & Pat Mallers

Velma Roberts

Peggy & Art Bell
Janet & Michael Berghoff

Richard & Julie Boggess
Janet Davis
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of Barb Roberts
Patricia Hayes
Nancy & Carl Louraine
Tom & Marjorie Roberts
Linda & John Schutte
John & Kathleen Snyder
Lisa Williams
Delores Witte

Norm Rockwell

Roxana Rockwell

Mike Schieferstein

Mr. & Mrs. Nick Schatko

John Schumacher

Kenton & Janne
Buesching
Carol Schumacher

Marion Sharples

Martha Thompson

Elizabeth Shuster

Kirk Shuster

John Stump

Jeff & Carol McCracken
Denise Stump

Jerry Suetterlin

Vincent Backs
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Luann Grover
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Johnny Applesseed
Festival, Inc.
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Rosemary Sweet

Carl David Syndram

Kathy & Joe Baer
Mary Baron
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Jan Roberts
Denise Stump
Joannie Tumbleson
Brian & Becka Whitman
Angela & Roger Williams
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Richard Trigg

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Althea Watson

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Richard & Sue Butts
Mary Ellen Comstock
Janet Williams

Dorothy Lee Witwer

Arlene Green

Craig Wrogeman

Jon Bill
Inland Cat Class
Sailing Assoc.
Karen Wrogeman

Linda, Timothy & Benjamin Wysong

Arlene Green

IN HONOR OF...**Emily Moehnke**

Rory & Marie Mahnken

Their children, grandchildren & great grandchildren

Janey & Jack Green

Keith & Rita Bohnke's 50th Wedding Anniversary

Carol Schumacher

Jessie Ackels

HR Screening Services

Erin Arnold

Chris & Dan Arnold

Geoffrey Avery

Dan & June Avery

Harold Bauer, Sr.

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Rumschlag

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Katy Elizabeth
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Beth Memmer
Kimberly Neuhaus
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Chris & Angie Philpott

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Alex Leckron

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Nancy Louraine

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Richard & Joan Johnson

Leonard & Ruth Goldstein's 70th Wedding Anniversary

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Michael Nolan

Margaret Campbell

Jane Pautsch

Jim & Pat Mallers

Saralou Pedigo

Arthur & Monica Thomas

Sharon Peters

Percy & Becky Talati

Tanner Pfeiffer

DeVon & Millicent
Schuman

Angela Radford

Phil Johnson

Rosemary Reszel

Paul Reszel

Brooke Rodgers

Jerry & Janie Falls

Chris Schuhler

Bruce Klineman

Jim Shank

Helen Shank

Sarah Sims

Beth Nygaard

Rex & Ginny Smith

The employees
of Generec

Casey Sowers

Bruce & Brenda Sowers

Bob Sullivan

Peg Sullivan

Peg Sullivan

Nancy Flaherty
Robert Sullivan

Team Turnstone

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Gerry & Darlene Ehle
David & Yvonne Fee
Dick & Susan Fox
Bob Gibson
Troy & Tina Haag
Pete & Erica Lomont
Nancy & Carl Louraine
Tonya Meyer
Mike & Pat Nolan
Angela Radford
Dino & Peggy Redmond
Rose Insurance Agency
Tracy & Gretchen
Shellabarger
Anne Snook

Achievements of Turnstone clients

Wanda Frehse

Mia Welker

Jill & Jeff Schwarz

Elaine Welty

Dorothy Mowery
Ken & Sally Schilf

UPCOMING SPORTS & RECREATION TOURNAMENTS

WHEELCHAIR BASKETBALL—MIDWEST CONFERENCE PREP & VARSITY DIVISION CHAMPIONSHIP
Saturday and Sunday, February 27 & 28

WHEELCHAIR BASKETBALL—MIDWEST AMERICAN CONFERENCE (DIVISION III—BANDITS)
Saturday and Sunday, March 5 & 6

WHEELCHAIR BASKETBALL—PREP & VARSITY DIVISION TOURNAMENT
Saturday and Sunday, March 19 & 20

POWER SOCCER—MID AMERICAN LEAGUE CHAMPIONSHIP (ALL DIVISIONS- BOTH YOUTH AND ADULTS)
Saturday and Sunday, April 23 & 24

**POWER SOCCER—NATIONAL POWER SOCCER TOURNAMENT
FOR THE CHAMPIONS, FOUNDERS, PRESIDENTS, AND PREMIER CUPS.**
Friday through Tuesday, June 17-21

GOALBALL—2016 US GOALBALL NATIONAL CHAMPIONSHIPS
Thursday thru Saturday, June 23-25



Turnstone Center for
Children and Adults with Disabilities
3320 North Clinton Street
Fort Wayne, Indiana 46805
(260) 483-2100



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Call (260) 483-2100. Quantities limited. Call today!



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