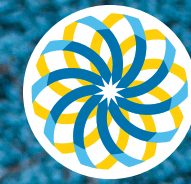


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Turnstone

EMPOWER

2017-18 MISSION REPORT

“We believe
possibilities
exist for all
people, and we
are honored
to partner with
you to make
them **realities.**”



A Letter From Michael Mushett

Thank you.

No two words are more appropriate to begin this annual note to our many supporters. Turnstone's 2017-2018 fiscal year was met with incredible opportunity and milestones, and you, our community, have helped make them possible. With your support, over 3,600 individuals have received support and services from Turnstone this year, more than any other year in Turnstone's 75-year history. With the growth and refinement of our programming options, including memory care, aquatic physical therapy, developmental disabilities recreation, adaptive sports offerings, and more, people with disabilities are ensured that a program exists to help them achieve their goals.

Our recent designation as one of 14 Olympic and Paralympic Training Sites in the United States highlights the significance of the opportunities afforded here at Turnstone. Turnstone's mission is to empower people with disabilities to achieve their highest potential, and this designation affirms that we are in the top percentile of facilities specializing in supporting our clients through their journeys, even if that takes them to the stage of the Paralympic Games as an elite athlete.

The stories of Natalie, Sockie, and Kiersten will share other perspectives of what success looks like here at Turnstone. Every story is unique but we know that every story at Turnstone holds one common theme: possibilities. We believe possibilities exist for all people and we are honored to partner with you to make them realities.

Every Turnstone success over the past year and throughout over seven decades of service is a reflection of the community that has made us who we are today. Our compassionate and skilled staff, our loyal and driven donors, our determined clients, every one of you has played a part in the legacy of Turnstone we celebrate today.

We are energized as we step foot into another year of empowering people with disabilities and honored to have your support.

Thank you.

A handwritten signature in black ink that reads "Michael Mushett". The signature is fluid and cursive, with a large, stylized 'M' and 'M'.

Michael Mushett
Chief Executive Officer



Creating Possibilities for Natalie

Scan this QR code to view Natalie's video story.



Natalie didn't have a family or a home for the first five years of her life.

Natalie didn't have a family or a home for the first five years of her life. She lived in an orphanage with limited mobility in Bulgaria where she was confined to just a crib. She never knew "mom" or "dad", never saw anything outside of the walls of the room she was in, and was never fed solid food. Natalie's future was uncertain, at best. Because of your donations, Natalie now has the services and programs that are suitable for her to grow and learn to become her best self.

Anna DiSanto and her husband, Mike, always had a desire to be parents. While pursuing adoption they discovered Natalie and immediately they were set on adopting her. Then, after an 11 month process, Anna and Mike brought Natalie into their family as their own. Anna and Mike didn't quite know the extent of what Natalie truly went through until they brought her home. Natalie was unable to speak and didn't understand any English. She couldn't walk, crawl, or eat any solid foods. She didn't even know what a toy was or what to do with it. The entire concept of playing and being outside gave her anxiety. In addition to her developmental challenges, the transition was a shock to her system and her new parents didn't know where to turn for help.

Anna and Mike's social worker recommended they contact Turnstone. After touring Turnstone, they knew it was where Natalie needed to be. Anna said, "This is it. This is the place. This is where we want her to go."

Natalie immediately began three different therapies at Turnstone – physical, occupational and speech therapy. Anna and Mike didn't know what to expect from Turnstone but were committed to helping Natalie reach her full potential.

After a year of many hours and days of therapy, Natalie has made tremendous improvements. She now walks all over the place, interacts with others, initiates play, and loves toys! At first she wouldn't make any noises unless out of fear and anxiety. Now she makes eye contact, laughs and is almost talking! Every day Natalie gains an abundance amount of progress and Anna gives all of the credit to Turnstone.

"We are so thankful for Turnstone. I don't know where we would be or where she would be without them and without being here. It's so comforting to know they are here for her and whatever challenges may come, bumps in the road ahead, they're going to be here and they're going to help her with whatever it is."



Sockie Phommachanh was only fourteen pounds and 7 months old when his life changed forever.

Sockie Phommachanh was only fourteen pounds and 7 months old when his life changed forever. Sockie's family's house caught on fire on December 11th, 1994 and he was severely burned from the flames. He was rushed to the hospital and spent two months there fighting for his life. At the time, there weren't any doctors in Fort Wayne who knew how to handle facial burns. He was transferred to Shriners' Burn Institute in Cincinnati, OH and they created a vinyl mask for his face. Shriners' Burn Institute didn't have the resources to provide local rehab therapy for Sockie so they collaborated with Turnstone.

At the time, Turnstone was the only facility willing to bring Sockie in and provide the specialized therapy treatment he would need. Remembering back to those struggling times, Neva said, "Sockie had only a 2% chance to live, was told he would never walk, talk or be of any mental value. I needed Turnstone." Thanks to your support and donations, Neva was able to bring Sockie to

Turnstone where he was able to receive the necessary treatment and services to help him grow into the successful man that he is today.

Sockie always had his family and support system at Turnstone surrounding him. He dedicated his time to therapy at Turnstone for 7 years, 5 days a week, and 3 ½ hours each day. He endured 35 different surgeries and therapy encompassed his entire life. However, he didn't let that stop him from accomplishing his goals.

Sockie defied the odds to become an amazing wrestler in middle school and continued wrestling up until his sophomore year of college. He made Homecoming Court his freshman year of High School and recently graduated college with a Bachelor's Degree in Health and Rehab Services. Sockie's experience at Turnstone influenced his career path decision to become an Occupational/Physical Therapist. He wants to positively impact others just like Turnstone positively impacted him.

Sockie still to this day, thanks Turnstone for teaching him and guiding him to become the person he is. "Turnstone's taught me what's difficult to learn – to be a good person, to be a good healthcare professional and to embrace other people. Turnstone has just made a very monumental impact on my life."



then & now



Scan this QR code to view Sockie's video story.





Sports & Recreation

Turnstone is one of 12 Gold Medal Paralympic Sports Clubs and one of 7 official Paralympic Training Sites in the United States. It is also proud to be the home of the Goalball Center of Excellence where the USA Men's and Women's Goalball teams train for the upcoming 2020 Paralympics in Tokyo.

Turnstone offers numerous competitive adaptive sports and leisure activities for children and adults with physical disabilities. Currently, Turnstone is home to wheelchair basketball, power soccer, sled hockey, wheelchair rugby and track and field teams. Other activities include adaptive rowing, archery, bocchia and adaptive golf.

CREATING POSSIBILITIES FOR independence



Rehab Therapy

Turnstone provides physical aquatic, occupational, physical, and speech therapy services for children and adults of all ages. Turnstone therapists evaluate and provide treatment on an as needed basis. Therapists work in tandem with other agency services to provide a continuum of care. While the therapy discipline may differ, the ultimate goal remains the same: empowering children and adults to maximize their independence.



Adult Day Services (ADS) & Memory Care

Turnstone's Adult Day Services meets the unique needs of adults and Veterans with physical disabilities. The goal of this program is to assist the client to remain in their home setting, as independently as possible. Memory Care programs are designed to maintain independence, enhance socialization, while offering respite for the family, for clients with a diagnosis of Dementia or Alzheimer's.



Intellectual/Developmental Disabilities

Turnstone offers a variety of adaptive sports and recreation programs for children and adults ages 5 and up who have an intellectual or developmental disability. Programs are held in Turnstone's Plassman Athletic Center and are led by qualified staff and volunteers. We also utilize many community partners for additional program space and instruction.

Health & Wellness

Turnstone's Health & Wellness program consists of two warm-water therapeutic pools and a fully accessible fitness center. Turnstone's warm-water therapeutic pools are equipped with a hydraulic lift and are fully accessible. The fitness center is complete with adaptive strength training and cardio equipment. Turnstone also provides several specialty programs such as the Parkinson's exercise group, Youth Fit and is also a Silver Sneakers provider.



Kimbrough Early Learning Center (KELC)

The Dr. Robert Kimbrough Early Learning Center is a full-day childcare and before and after-school care program that takes into consideration the unique physical, developmental and social needs of children of all abilities. The program is inclusive, utilizes the HighScope Curriculum and provides a safe, accessible, child-centered environment. The KELC is a level 3 Paths to Quality provider and licensed by the state of Indiana.



Social Services

Turnstone's licensed social workers and case managers are the first point of contact for people interested in receiving services. Social workers and case managers provide referrals and support to help clients access agency services, as well as to other community resources and to help people achieve a greater level of self-sufficiency.

CREATING POSSIBILITIES FOR **fun!**



then & now



Scan this QR code to view Kiersten's video story.

"When I grow up, I want to be a physical therapist so that I can help kids like Miss Sarah, Miss Haley, Miss Kristen, and Miss Casey did for me!"

Kiersten was diagnosed with Spastic Diplegia Cerebral Palsy when she was just two and a half years old. Jason and JaNae, Kiersten's parents, felt like their world turned upside down. They didn't expect this hurdle for their daughter. They didn't know where to turn, what to do or how to feel. Thanks to your donations and support, Turnstone's mission was carried out by providing Kiersten with the appropriate services and programs to help guide her to living a full and active childhood with even more opportunities ahead.

Kiersten's neurologist recommended that she start physical therapy. Jason and JaNae then started asking their friends and family if anyone knew or had experience with pediatric physical and occupational therapists. Turnstone's name was brought to the surface so Kiersten visited, was evaluated, and the whole family was beyond pleased with their experience.

Kiersten began receiving physical therapy at Turnstone once a week until she had Selective Dorsal Rhizotomy surgery when she was 7. When she was 9, Kiersten then had another surgery - Gastroc Recession surgery on both legs. In between and after enduring these two surgeries, she spent four days per week at Turnstone for quite some time until eventually growing strong enough to lessen therapy to once a week. Though many of Kiersten's days were spent working hard at Turnstone, she "loved



doing obstacle courses with Miss Sarah and learning to roller skate and going down the big slide!"

Jason and JaNae were especially grateful for the other amenities that Turnstone also provided for Kiersten. They borrowed a wheelchair, walker, and crutches which allowed Kiersten to become more independent after her surgeries. Kiersten also used the warm therapy pool often for Lap Club and physical therapy. "Turnstone has opened up a world of opportunities that I don't think we would've known about otherwise," JaNae said. Kiersten is now currently running on her elementary school's cross country team and is taking ballet lessons as well. Kiersten has already accomplished so much, but she still has big dreams ahead! "When I grow up, I want to be a physical therapist so that I can help kids like Miss Sarah, Miss Haley, Miss Kristen and Miss Casey did for me!"

Reflecting over the past years, Jason and JaNae said, "Turnstone became like another home and family to us. The therapists and employees genuinely cared about Kiersten and watched her grow up during her time there. Kiersten's confidence in herself and her abilities has grown tremendously because of Turnstone." Kiersten added, "Before you go to Turnstone, you can't do many things. When you leave Turnstone, you can do a lot of things!"

13,530 hours
73 children

of therapy services provided

ages 2-13 served annually in the
Kimbrough Early Learning Center

133 adults

with disabilities participate annually in our Adult Day Services &
Memory Care Programs

551 individuals

served in our Intellectual/Developmental Disabilities Programs

323 pieces of equipment

were loaned for free through social services

1 of 14

U.S. Olympic & Paralympic
Training Sites

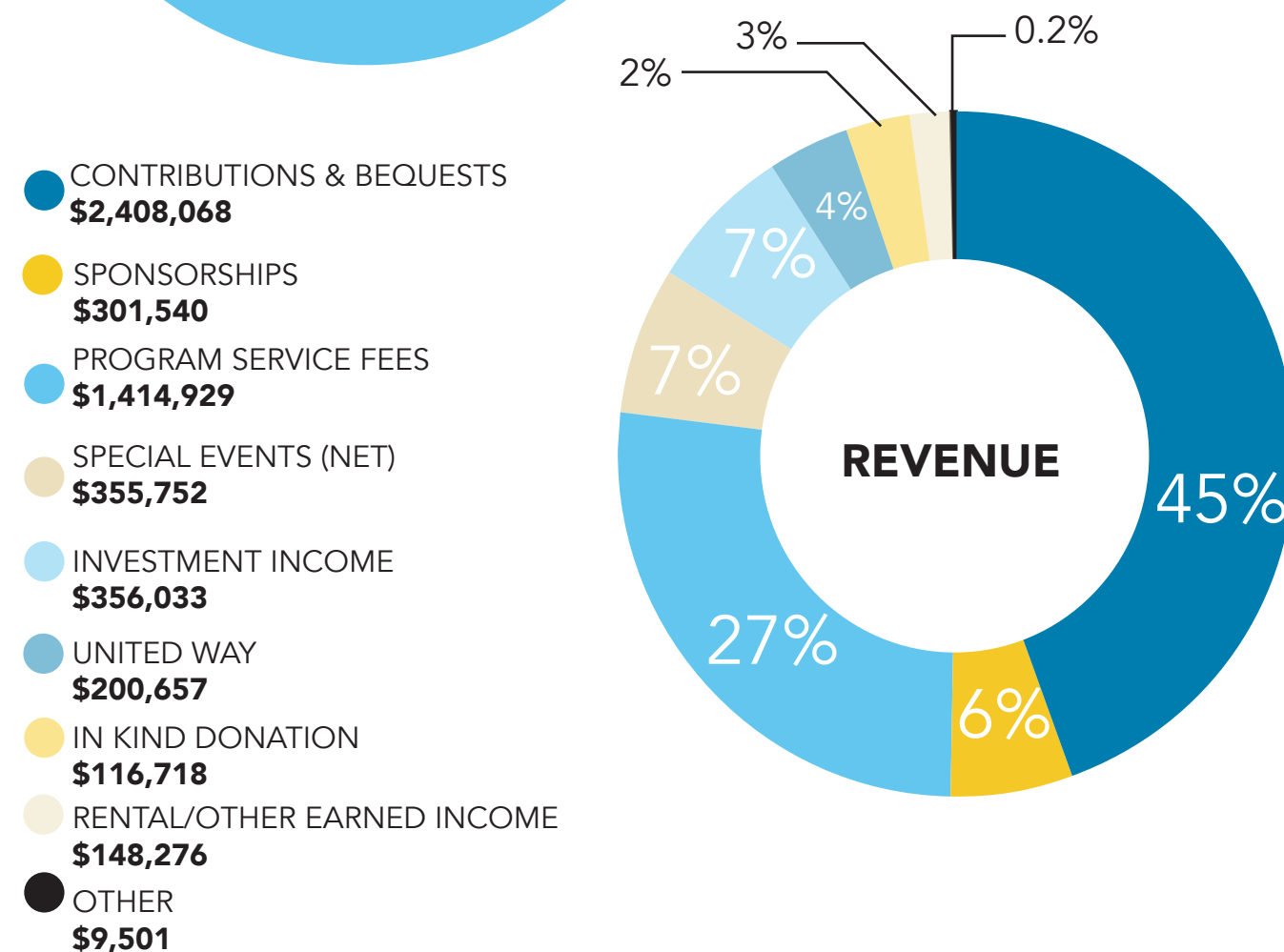
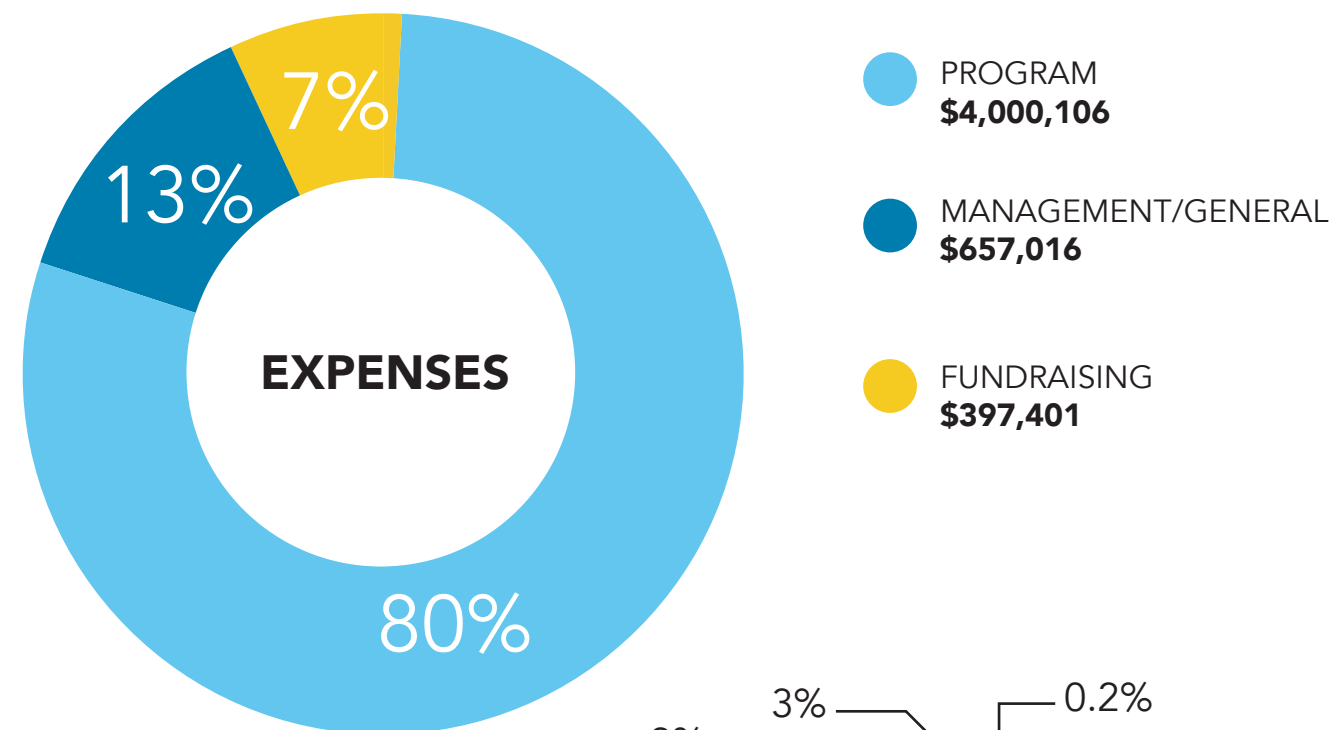


Local, Regional, and National
Tournaments (1501 athletes,
294 coaches, 2866 attendees)

1297 volunteers

11

competitive sports teams



Save the Dates

January 26 & 27:
2018 Junior Division Regional Qualifier-
Prep/Varsity Wheelchair Basketball

February 2 & 3:
Turnstone Summit City Shootout- Adult
Wheelchair Basketball

February 2 & 3:
Silver Stick Sled Hockey Tournament

February 16 & 17:
Bob Chase Frostbite Classic- Adult Sled
Hockey Tournament

March 2 & 3:
Turnstone Summit City Shootout- Power
Soccer League Day

April 26 – 28:
Endeavor Games Series

June 28 – July 10:
2019 IBSA Goalball & Judo
International Qualifier

Casino Night: March 9, 2019

On Saturday, March 9, 2019, Turnstone is hosting its 44th Casino Night. This evening is full of Casino themed games, as well as, food, beer, and wine sampling from local vendors. From playing poker and black jack to bingo and crab races, there is something for everyone!

Corvette Raffle: May – October, 2019

Proceeds from our Corvette Raffle support Turnstone’s therapy, education, wellness, recreation, and sports programs. Enjoy the great feeling that comes with knowing you’ve helped kids with disabilities to realize their potential though Turnstone’s therapeutic services & programs.

Board of Directors’ Gala: June 13, 2019

The sparkles and suits get brought out for Turnstone’s signature fundraising event hosted by Turnstone’s Board of Directors’. The event features cocktails, hors d’oeuvres and dinner, and unique live and silent auctions. A special “Mission Moment” is shared by a Turnstone client, which always proves to be the highlight of this extraordinary evening.

JERK League Golf Outing: August 10, 2019

On Saturday, August 10th, Turnstone is partnering with the JERK League to host its 10th Annual Golf Outing. The event features 18 holes of golf, beverages and lunch, a few specialty holes such as corn hole, marshmallow drive, and an adaptive hockey shot. The event promises to be a good time had by all golfers!

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Chief Marketing Officer
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Chief Program Officer
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Director of Wellness and
Adaptive Sports
CHANDA LICHTSINN –
Director of Rehab Therapy
- Speech Language
Pathologist
COLIN LYMAN –
Director of Facilities
ADRIANNE LYON –
Director of Kimbrough
Early Learning Center

For a full list of our generous donors please
visit turnstone.org/donate

Our Mission

Turnstone provides therapeutic, educational, wellness and recreational programs to **empower** people with disabilities.

Our Vision

We will **evolve** and **expand** to respond to the needs and desires of all people with disabilities and their families throughout our regional community.