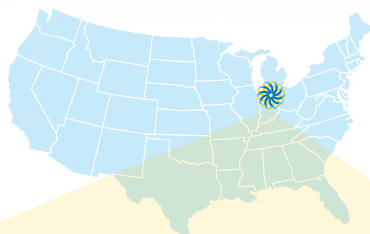




Turnstone

Creating possibilities.



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CREATING POSSIBILITIES



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About Turnstone

Turnstone empowers people with disabilities to reach for their full potential in every aspect of life. The agency's programs and services evolve and expand to respond to the needs and desires of people with disabilities and their families throughout our community, regionally, and nationally.

We are guided by the vision that one day, all people will live, work, learn and play in a community based on abilities, not disabilities. To accomplish this, Turnstone is a national leader in the provision of social services, therapies, health and wellness, childcare, adult day services, memory care, sports and recreation programs for people with disabilities.

Turnstone is where disabilities are turned into possibilities.

Social Services

Turnstone's licensed social workers and case managers are the first point of contact for people interested in receiving services. Social workers and case managers provide referrals and support to help clients and their families access agency services, as well as to other community resources, to help them achieve a greater level of self-sufficiency.

Rehabilitation Therapy Program

Turnstone's licensed therapists are experienced, client-focused and dedicated to maximizing the independence of each of our clients. Therapists determine the scope of PT, OT, Speech, and Aquatics Physical Therapy, through an initial evaluation and create an individualized treatment plan.

Turnstone's therapists are highly trained and specialized in many approaches to treatment. A team approach enables our therapists to work with other agency services to provide a continuum of care unmatched in our community. We also offer unique treatment modalities, such as the Snoezelen room, an Augmentative & Alternative Communication (AAC) lab, and more. Our ultimate goal is to empower children and adults to maximize their independence.

Adult Day Services (ADS)

Turnstone's Adult Day Services program is a compassionate environment that meets the unique needs of adults and veterans with physical disabilities, age 18 and older, with the goal of helping them remain in their home environment. Turnstone's caring staff provides a variety of activities, including intergenerational activities, recreation, music therapy, crafts, cooking classes, book club and much more.

Adult Day Service activities are not only therapeutic, but provide client centered care and are designed to increase socialization, activity level and promote further independence. Adult Day Services offers respite for caregivers with the comfort of knowing our licensed nurse and qualified staff are also providing monitoring and assistance.





Memory Care Program (MC)

Turnstone's newest program, provides a safe, monitored setting to those who have a medical diagnosis of Dementia or Alzheimers. Clients participate in structured activities meant to engage and maintain their level of activity.

Sports & Recreation

As an official Paralympic Training Site, Turnstone offers numerous competitive adaptive sports, recreational and leisure activities for children and adults with physical and visual disabilities. Our programs are fun, educational and physical. The program is designed for children and adults, age 5 and older, with physical disabilities.

Currently, Turnstone is home to competitive teams in Wheelchair Basketball, Power Soccer, Sled Hockey, Rugby, and Track and Field. Other activities include kayaking, wheelchair tennis, archery, boccia, cycling, goalball, bowling, rowing, and adaptive golf. Turnstone is also home to USA Goalball and the Goalball Center of Excellence through a partnership with the United States Association of Blind Athletes.

There are a variety of sports, recreational, social and leisure programs for clients with intellectual and developmental disabilities, including basketball, yoga, bowling, and cooking classes.

Health & Wellness

Turnstone's unique Health and Wellness program provides an environment, in a fitness center and two warm water therapy pools fully accessible to people with physical disabilities. Turnstone's Health & Wellness Center is designed specifically for the needs of people with physical disabilities. The center is complete with adaptive strength training and cardio equipment. Turnstone's certified fitness staff are trained to develop individualized fitness plans to help members achieve their fitness goals.

Turnstone provides several specialty programs, such as the Parkinson's Exercise Group, Aqua-cise, Krank-Cycle, and more. The agency is a Silver Sneakers and Renew Active provider.

Kimbrough Early Learning Center (KELC)

The Dr. Robert Kimbrough Early Learning Center is a full-day childcare program that takes into consideration the unique physical, developmental and social needs of children of all abilities, ages 2-6.

The program is inclusive, utilizes the High Scope Curriculum and provides a safe, accessible, child-centered environment. The KELC is a level 3 Paths to Quality provider and licensed by the state of Indiana.

Equipment Loan

Turnstone lends gently used adaptive devices and equipment to children and adults with disabilities. This free program includes walkers, wheelchairs, crutches, portable commodes, shower seats, and more. Please call for availability.