



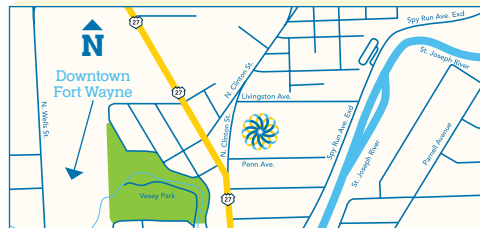
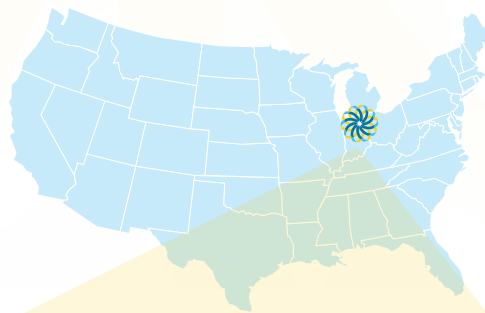
**U.S. OLYMPIC & PARALYMPIC
TRAINING SITE**
TURNSTONE

In 2018, Turnstone became one of the nine designated Olympic and Paralympic Training Sites throughout the country that supports the training and development of aspiring and elite athletes in the Olympic and Paralympic family. Turnstone's facilities, staff, and resources provide an elite athlete training environment for current and aspiring elite athletes, with a specialty in the sport of goalball, as well as developmental opportunities for sports in other Paralympic sports.

Dozens of national team and Paralympic athletes have trained at Turnstone, including the U.S. Men's and Women's Goalball teams.



Turnstone
Creating possibilities.



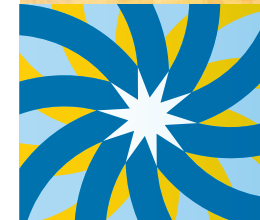
**U.S. OLYMPIC & PARALYMPIC
TRAINING SITE**
TURNSTONE

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Turnstone.org



ADAPTIVE SPORTS & RECREATION



Turnstone

CREATING POSSIBILITIES
www.turnstone.org | (260) 483-2100



About Turnstone

Turnstone empowers people with disabilities to reach for their full potential in every aspect of life. The agency's programs and services evolve and expand to respond to the needs and desires of people with disabilities and their families throughout our regional community.

Turnstone is where disabilities are turned into possibilities!

What We Do

Turnstone provides comprehensive programs and services for people of all ages. We offer a variety of adaptive recreational and adaptive sports programs for youth ages 5+, adults, and veterans who have physical, visual, intellectual and developmental disabilities. Camps, clinics, and tournaments are also offered and are run by qualified instructors and certified coaches. Many of our programs are inclusive and allow for able-body peers and family to participate. Programs are designed to meet the needs of varying experience levels from introductory to elite, high-performance athletes.

Adaptive Sports & Recreation Opportunities

Including but not limited to:

- Archery
- Boccia
- Wheelchair basketball
- Power soccer
- Dance
- Cycling
- Sled Hockey
- Rowing
- Snow skiing
- Wheelchair Tennis
- Track & Field
- Bowling
- Teen Night*
- Adult Social Club
- Curling
- Wheelchair Rugby
- Table Tennis
- Goalball
- Sit Volleyball

For more information, contact us at **260.483.2100** or at turnstone@turnstone.org.

* Teen Night and other social opportunities may be provided in collaboration with the Fort Wayne Abilities Co-op.

** Some inclusive sport programs will be offered in partnership with the YMCA of Greater Fort Wayne.



Program Benefits

- Improve overall physical fitness and activity
- Increase strength and endurance
- Enhance self esteem
- Build confidence
- Learn leadership and team building skills
- Increase opportunities for social engagement
- Increase discipline in academic and/or work settings
- Weight loss/Weight control
- Increase ability to work and live independently as adults
- Develop healthy leisure lifestyles