

EM POWER. WER.

The possibilities you are
creating for people like
Kadence & Andre.

SUMMER
2022



“

It's great that she is
able to be a part of a
team and make **friends**.”

— KADENCE'S MOM



**Kadence is a thoughtful
9-year-old who confidently
describes herself as
independent.**

When Kadence was 12 months old, she became very sick with a virus that caused neurological complications for her. The virus was related to polio and it paralyzed her from the neck down. Though the virus had severe effects, Kadence never lets that stop her from working hard, dreaming big, and trying new things. For the last year, Kadence has been pushing herself and discovering new possibilities at Turnstone.

Kadence's Story.



They were looking for aquatic therapy; however, Huntington didn't have anything local that could meet Kadence's needs. They made the trip from Huntington to Fort Wayne in 2021 to check Turnstone out and it became the first of many trips to Turnstone for Kadence and her mom.

"I had heard about it before and I think I even stopped here once a really long time ago, but didn't know that they offered the services that we needed for Kadence," said Kadence's mom.

When thinking about her first day, Kadence recalled, "I think I felt a little nervous—like what am I going to do with my new teacher [physical therapist]? Once I got

to know her a little better, it was good. I was really excited to swim."

Kadence has since been able to make progress in her mobility, swim in aquatic therapy, and get involved with a new sport—power soccer.

"Turnstone is a really great place! You can swim here, you can play sports; you can do a lot of things here and it's fun having all these things to do, especially because there's nothing else like it at home," said Kadence.

Kadence credits her power soccer teammates for motivating her to strive for her big goals and feel confident in her abilities. She has made new friends on the team

who encourage her to be herself and get out of her comfort zone. Her mom has also enjoyed getting to know some of the other women who use the pool at Turnstone. This newfound community has been uplifting to Kadence and her mom during the first year at Turnstone.

"The thing I like most about Turnstone is that they give Kadence a chance to participate in activities that she wouldn't normally be able to participate in," said Kadence's mom. "It's great that she is able to be a part of a team and make friends."

"The thing I enjoy the most about Turnstone is playing power soccer," said Kadence. Kadence's

favorite memory at Turnstone was scoring her first goal at a power soccer tournament. This humble, rising power soccer star has a true passion for her sport. As a versatile player, Kadence loves to move the ball on the court, but also enjoys playing as the goalie.

Outside of her passion for power soccer, Kadence also has big plans for the future. She aspires to become a doctor, nurse or fashion designer and her goal is to walk someday. With Turnstone, she is not only working towards these goals, but is thriving in a supportive community that will give her the opportunity to reach them. 🌟



Andre's Story.

Due to a severe asthma attack that happened when he was 17, Andre had to conquer some obstacles that altered his life forever.

During the attack, he quit breathing for 13 minutes, which caused him to lose his sight and put him in a coma for three weeks. At the time, Andre didn't know that Turnstone would be such a big part of his future, all he could see was a long road ahead.

After waking up, he had to learn how to talk, swallow, and get around in a wheelchair without any vision. Though it took time and work to recover, Andre has kept the same upbeat, grateful and easy going attitude that he had prior to the attack. He came home from the hospital in February 1993. "I live every day for what it's worth because tomorrow is not guaranteed. I stay in the moment and stay grateful for what I have. I am thankful I am as good as I am considering the circumstances. [The doctors] told my mom that I wouldn't make it through the night but I kept living."

Fast forward to 1996, Andre became a Fort Wayne resident after moving from Indianapolis. He moved to be closer to family and has now lived in Fort Wayne for about 26 years. He got connected to the Adult Day Ser-

vices (ADS) program at Turnstone by connecting with a social worker who helped him enroll in the program.

"I remember my first day here it was kind of like my first day of school again. I was nervous because I wasn't sure what to expect, but I was able to adapt and make friends quickly," Andre said.

Andre has been coming to Turnstone for 21 years and has watched the growth of the organization and facility firsthand. Though Turnstone may not be exactly the same as it was two decades ago, Andre has seen how Turnstone's mission has remained the same.

"[Turnstone] has come a long way since first started here. I still enjoy coming to Turnstone. I have a lot

of memories here. The clients are funny and I enjoy visiting with them," said Andre with a smile.

The friendships that Andre has gained at Turnstone over the years has helped him feel supported and kept his mind sharp. Andre spends his days at Turnstone socializing with fellow ADS clients and doing activities. He also takes advantage of the fitness center and enjoys being able to lift weights and use the NuStep Machine.

"Turnstone is a good place that does a lot of good for people," said Andre. "You can get stronger and get better... you can do whatever you set your mind to do here." 🌻



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You can get **stronger**
and get **better**...you can do
whatever you set your mind
to do here.”

Thank you for your gifts

IN HONOR OF:

Cayden Hoffmaster
Chloe Felger
Evie Brinker
Jennifer Robson
Kevin Hughes
Maggie Peters
Percy Talati
Rena Shown
Tanner Pfeiffer

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Push Paddle Pedal

| **Ending August 31, 2022**

Commit to logging 100 miles of your activity of choice and make a difference in the lives of children and adults with disabilities in our community through Turnstone's "Push, Paddle, or Pedal" challenge event, that encourages supporters and community members to move 100 miles throughout the summer. This year, you can log your miles until Wednesday, August 31st!

Casino Night Returns!

| **Early 2023**

Turnstone is once again hosting Casino Night! This evening is full of casino themed games, as well as, food, beer, and wine sampling from local vendors. From playing poker and black jack to bingo and crab races, there is something for everyone!

Thank you to our Annual Sponsors



**All event dates and times subject to change. For the most up-to-date information about tournaments and volunteer opportunities, visit us at [Turnstone.org](https://www.turnstone.org)*

2022-23

Upcoming Events

Board Of Directors' Gala

| September 8, 2022

The sparkles and suits get brought out for Turnstone's signature fundraising event hosted by the Turnstone Board of Directors. The event features dinner, and unique live and silent auctions. A special 'Mission Moment' is shared by a Turnstone client, which always proves to be the highlight of this extraordinary evening.

Birthday Give Day

| October 5, 2022

Your gifts on October 5th will celebrate Turnstone's birthday and 79 years of creating possibilities. Stay tuned for more information about how you can join us for this inaugural event. Save the date!



Join the PEP Club and belong to a special group of monthly donors who are committed to making a difference in the lives of individuals with disabilities. For more information about Turnstone's PEP Club and exclusive benefits, you can visit turnstone.org/donate/pepclub, scan the QR code below or contact rena@turnstone.org.

[Turnstone.org/Donate/PEPClub](https://turnstone.org/Donate/PEPClub)



*Contact us at 260.483.2100 or rena@turnstone.org to learn more about sponsorship opportunities including event sponsorships.

A NOTE FROM THE
CHIEF EXECUTIVE OFFICER



Mike Mushett

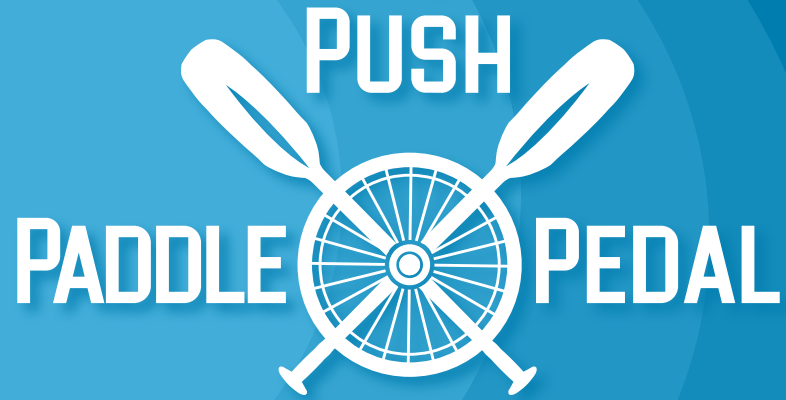
Enjoying back-to-back Summer and Winter Olympic and Paralympic Games is thrilling for sports fans and spectators. Globally we also have the privilege of witnessing epic athlete performances achieved through a combination of talent and training. Equally as important, we cannot forget to consider the journey that leads to such milestones, and the small victories that happened through the achievement of goals made possible by hard work when none of us were watching.

The journey is what Turnstone, and Turnstone's mission, is all about. The small victories that lead you one step closer to your goals, and one day closer to life moments that are often more precious than a gold medal. In this issue of the EMPOWER newsletter, you will read about Courtney and Rich, two clients whose journeys have been made possible in large part thanks to the services at Turnstone our donors and partners make possible.

Turnstone's 79-year history is one whose very foundation continues to be the inclusive and generous spirit of our community and our supporters. Whether it is the hours of volunteer time in one of our program areas, or the countless donations that ensure our doors stay open, Turnstone has always been made possible by our community and focused on serving our community.

Thank you for joining us on our journey to creating a world that accepts and values all people based on their abilities. Inclusive communities that put people first create victories for all of us.

Turnstone *presents*



Turnstone

3320 NORTH CLINTON STREET
FORT WAYNE, INDIANA 46805



We need your help to cross the finish line!

We are halfway to our goal of miles moved this summer! Registration is still open to move 100 miles before August 31! You can also participate by making a donation to support Turnstone.

p2p.onecause.com/pushpaddlepedal22