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Turnstone

3320 NORTH CLINTON STREET  
FORT WAYNE, INDIANA 46805



WINTER / SPRING 2019



# EMPOWER

Creating Possibilities for Rebecca.

# REBECCA'S STORY

Rebecca had no idea a stroke would be a part of her life journey. At age 63, she no longer had feeling in her left side, struggled to walk, and daily activities such as dressing, bathing and eating were a challenge. Through her home health care physical therapist, she heard about Turnstone and decided to give us a chance. Since February of 2018, Rebecca has made tremendous improvements by participating in occupational and physical therapies, as well as, Turnstone's fitness program. Because of your generous donations, Rebecca now has hope for her future.

Milo, a certified therapy dog, who works with his owner, Zoe, in occupational therapy at Turnstone, has been working very closely with Rebecca in her journey to recovery. For the first year of Milo's life, he went through specialized training to be able to work with clients and help them achieve their individual needs and goals. Milo spends 45 minutes one day a week with Rebecca working on several therapeutic activities that are focused on improving her left upper extremity strength, range of motion, and safety/body awareness. This is part of the Animal Assisted Therapy which Zoe Martin incorporates into her treatment.

Milo participates in activities including fetch, walking, lying beside Rebecca to be pet and accepting treats. "I have improved function in my left hand due to throwing the ball and feeding Milo treats," Rebecca said.

"Milo is specifically a therapy dog, meaning he is social by nature and enjoys social interactions. He is trained to be well behaved and obedient but not trained to do specific functional skills for individuals," Zoe Martin, OTR, explained.

Milo is ultimately Rebecca's motivator in their sessions together. Milo fetches the ball after Rebecca throws with her left arm to aid in regaining her grasp, strength, and motor planning. Milo also follows commands to be positioned at various heights and locations such as lying down, sitting, or standing.

"Since working with Milo, Rebecca has demonstrated significant gains not only in her left arm but in her spirit. Milo brings a smile to her face even on the toughest of days," Zoe said.

Rebecca has improved many functional skills and has gained much more independence in her daily activities such as dressing, toileting, bathing, and eating since working with Milo.

Since coming to Turnstone, Rebecca has made many friends in the Adult Day Services program and says "the people and programs at Turnstone are awesome. They've helped tremendously to deal with my stroke and give me hope for the future."

Rebecca's special quote is, "it is what it is" and wants others who have experienced a stroke to know that possibilities are still endless for them. Her goals for the future are to improve walking and to be able to travel again. As for Milo, he looks forward to continuing to work with a variety of clients at Turnstone to help create possibilities and aid in achieving their goals.

Your Time Creates Possibilities.

"Life is about building relationships and giving back to your community. Coaching power soccer, I thought was about building a team and helping them succeed. The truth is, I have realized it is about much more than that. Volunteering has opened my eyes to relationships that span across many states and connecting with amazing people that take time out of their busy lives to volunteer. If you haven't volunteered, give it a try, I guarantee you it will be the most rewarding thing you can do with your time."

– **Chad Minier, Furious Flyers Coach**



Visit [turnstone.org/support/volunteer](https://turnstone.org/support/volunteer) for a list of all upcoming volunteer opportunities.

You might know Addisyn Bownes as “Little Miss Independent,” according to her mother and speech therapist, Amy Bassett. Addisyn has only attended Turnstone for a short time but she has already made tremendous improvements thanks to your support. Addisyn was diagnosed with Marshall Syndrome which includes various challenges including visual impairments, hearing loss, and the possibility of early onset arthritis. She is currently enrolled in the Kimbrough Early Learning Center (KELC), occupational therapy, and speech therapy to help her improve her skills as she grows to become her best possible self.

Before coming to Turnstone, Addisyn’s communication skills were not up to par. She wasn’t very willing to play with other kids or able to do tasks such as changing clothes and buttoning buttons. Now, after beginning attendance in Turnstone’s services, she is able to button one-inch buttons on her own, is a huge fan of changing her clothes by putting on extra layers and taking them off, and you can find her comforting other children when they are upset.

We have also discovered that Addisyn is very curious and loves music and dancing! Ms. Cher, her KELC teacher, says she can repeat any pattern of clapping, tapping, or drumming. Addisyn especially loves to listen to the song “The Dinosaurs are Marching” in class.

# EMPOWERING ADDISYN



Addisyn’s mother is extremely grateful for Turnstone and the amount of improvement that she’s seen in Addisyn’s development in just a short amount of time. At home, she loves spending her time singing and dancing, while also bossing her brothers around. Addisyn’s mother shared, “She’s more vocal, verbal, she is identifying objects verbally, more open to playing with children and definitely ready to start Pre-K.”

If you met Addisyn today, you wouldn’t be surprised to know that she considers herself a “big girl,” dreams of having her own cell phone someday, and because of her hard work and your support, she can’t wait to start school.



A NOTE FROM THE  
PRESIDENT OF THE BOARD

## Tom Trent

I will never forget May 17, 2018 - the date that Turnstone publicly announced its designation as an Official Paralympic Training Site by the United States Olympic Committee and joined only 18 other training facilities in the nation. It was an honor to listen to our resident Goalball and other Paralympic athletes speak of Turnstone’s positive impact with regard to their training and quality of life. It was a joy to celebrate the announcement within our tremendous facility with our Turnstone family - including many of our supporters like you.

Upon reflection some six months later, I realize that the “mountain conquered” in 2018 was, in fact, one of a number of notable “springboards” that have moved Turnstone forward in its mission and impact since 1943. Your continued support made this milestone possible and you help make possible our shared vision of a world that accepts and values people based on their abilities.

Whether through Turnstone’s programs and services, advocacy and the many accessible events hosted at our facility, your support makes it possible to transform outdated perceptions of disability, cultivate inclusiveness and understanding, and open doors of opportunity one community at a time - starting with our own. This will be no more evident than when Turnstone and Fort Wayne host the 2019 IBSA Goalball & Judo International Qualifier. These events give our Paralympic athletes and athletes from around the world a forum to compete on the national stage – and provide our community with the excitement of being home-court fans!

On behalf of the current board and the many board members who have had the pleasure and honor of serving over time, THANK YOU! Together we will move forward into 2019 where future growth and success wait for our community.

## Memorials & Honorariums

### IN HONOR OF:

Matthew Blume  
Kelly Clevenger  
Roberta Cohen  
Don Dimberio  
Owen Donahue  
Kristin Everett  
Sarah Groves  
Shelby Gruss  
Jane Hammond  
Kevin Hughes  
Alex Leckron  
John Lietzke  
Arthur & Marcia  
Litton  
Ann Mallers  
Elizabeth Miller  
Emily Moehnke  
Mike & Becky  
Mushett  
Cynthia Nettleton  
Norman Newman  
Wilma Parker  
Jane Pautsch  
Tanner Pfeiffer  
The Plassman  
Family  
Luke Purnell  
Rosemary Reszel  
Patti & Rick  
Russwurm

Lauren Shire  
Tiffany Shoda  
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Casey Sowers  
Bernard Stone  
Barry Sturges and  
Brad Sturges  
Mr. & Mrs. Richard B.  
Sturges  
Dylan Sullivan  
Peg Sullivan  
Percy Talati  
Jamie & Gary  
Thompson  
Team Turnstone  
Turnstone 75th  
Anniversary  
Turnstone Staff  
Jeff Tyler  
Mia Welker  
Elaine Welty

### IN MEMORY OF:

Leonard "Butch"  
Adams  
Richard Bardey  
Mary Barnes  
Thomas Bastress  
John Beckman

Linda "Meg"  
Bierbaum  
David Bobilya  
Donald Bobilya  
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Elizabeth Shuster  
James "Jim" Slate  
Marvin & Jeanette  
Sowers  
Herman Spieth  
John Stump  
Julie Sweet  
Dave Syndrome  
Becky Talati  
Robert Keith Thomas  
Corbin Leigh  
Sky Walker  
Ryan Weeks  
Betty & George  
Weikert  
Dorothy Wetzel  
Laurie Williams  
Linda, Timothy &  
Benjamin Wysong  
Patrick Zent

**Thank you to those donors who have paid off their "Turnstone of Tomorrow" pledge:**

Chaffee Family  
Foundation, Inc.  
Journal Gazette  
Foundation  
Marty & Jeff Sturges  
Mike & Becky  
Mushett  
Parkview Health

**Thank you to those who gave on #Giving Tuesday. Also, a huge shoutout to the AWS Foundation for matching \$6,500! In total, we raised \$15,710!**

AWS Foundation  
Kathy & Joe Baer  
Bethany Ballard  
Kristen & Win Boon

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Barb & Don Shown  
Nancy Shriner  
Rick & Jane Sowers  
Marty & Jeff Sturges  
Peter & Kathleen  
Sullivan  
Tina Tazian

## Upcoming Fundraiser & Sporting Events

### 2019 Save the Dates:

**April 26 – 28:**

#### *Endeavor Games Series*

Turnstone is proud to host one location of the Endeavor Games series in conjunction with the University of Central Oklahoma for the 3rd year in a row. The Endeavor Games exists to create competitive, fun, safe and high quality sport competitions for physically disabled athletes throughout the United States.

**June 13:**

#### *Board of Directors' Gala*

The sparkles and suits get brought out for Turnstone's signature fundraising event hosted by Turnstone's Board of Directors'. The event features cocktails, hors d'oeuvres and dinner, and unique live and silent auctions. A special "Mission Moment" is shared by a Turnstone client, which always proves to be the highlight of this extraordinary evening.

**June 28 – July 10:**

#### *IBSA Goalball and Judo International Qualifier*

Turnstone is proud to co-host, in partnership with the United States Association of Blind Athletes, the 2019 IBSA Goalball & Judo International Qualifier June 28-July 10, 2019. Fort Wayne will welcome hundreds of athletes and delegates from around the world as they compete to earn their spot in the 2020 Tokyo Paralympic Games!

**August 10:**

#### *JERK League Golf Outing*

In partnership with the JERK league, all proceeds from this casual and fun 18-hole golf scramble benefits Turnstone.



**500 ATHLETES.  
100 COACHES.  
40 COUNTRIES.  
12 DAYS.  
3 VENUES.  
2 SPORTS.**

June 28<sup>th</sup>- July 10<sup>th</sup>  
**Let's Make History!**

Be a part of the largest international event in Fort Wayne's history by volunteering.

To volunteer, reach out to Beth Moody at (260) 483-2100 or beth@turnstone.org. To learn more about the event, visit turnstone.org/ibsa2019.