

"The moment that the buzzer
went off and we had secured our
spot for Tokyo I started crying
TEARS OF JOY..."

-Eliana Mason, Team USA Goalball



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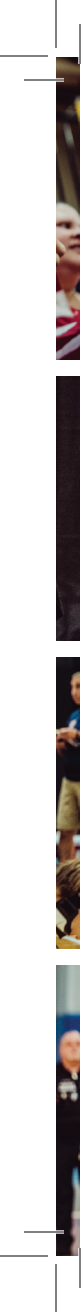


SUMMER 2019

EMPOWER

Creating Possibilities from Turnstone to Tokyo.





Athletes around the world are dreaming of competing in the Olympic and Paralympic games set for next summer in Tokyo, Japan. For hundreds of international athletes, those dreams were brought to life this summer in Fort Wayne, IN during the 2019 IBSA Goalball & Judo International Qualifier.

Among the teams competing for Tokyo 2020 Paralympic qualification were USA's own Men's and Women's Goalball teams which train at Turnstone as part of a United States Association of Blind Athletes residential Goalball Program. The teams train everyday with National Team coaches and Turnstone's high performance strength and conditioning staff to prepare for elite competition, including the recent IBSA Fort Wayne Qualifier.

Team USA's recent performance improved tremendously from the 2018 IBSA World Championships in Sweden to the Qualifier this summer in Fort Wayne. The team largely attributes this success to their time training at Turnstone, benefiting from Turnstone's facility, resources, and knowledgeable staff. None of this could be possible without the important, "behind the scenes" support from so many, including the Fort Wayne community and the donors who support the Goalball Program.

This local support team had a front row seat to the USA Women's team's successful performance during the IBSA Fort Wayne tournament. The team was able to blow through each of their group stage matches against; Denmark (7-3), Finland (9-3), Ukraine (7-4), Canada (9-2), and Greece (1-1), finishing undefeated in Pool Y, going into the quarter finals. Team USA showed the home crowd a dominant performance against Great Britain, ending the game (9-1) and sending the team into the Semi-Finals.

The home crowd was roaring at Indiana Tech's Schafer Center when USA Women's Goalball took on Israel in a Semi-Final game of the 2019 IBSA International

Qualifier. Stakes were high with the winner earning one of two coveted Paralympic qualifying spots in the tournament. Israel reached the back of the net first, with a reply from Dennis lighting up the crowd and earning two more offensive plays from Asya Miller and Amanda Dennis.

"We've played Israel a lot and both of our teams know each other very well. This hasn't been the first time we've been down against Israel; but we knew that with patience and following our game plan, we had the tools to win this game and earn our spot for Tokyo," says Dennis.

"Having the home crowd cheering us on was amazing! It brought so much energy into the gym, it's such a memorable and invigorating feeling." says Lisa Czechowski, USA Women's Goalball team member.

Israel found the net on several occasions and with strong replies by Eliana Mason and Amanda Dennis who scored a goal apiece. Team USA

won 8-4 and secured their Tokyo 2020 Paralympic berth.

"I had so many intense emotions after our semi-final match," says Mason. "The moment that the buzzer went off and we had secured our spot for Tokyo, I started crying tears of joy because it was amazing to feel and see all our hard work pay off."

The next day, Team USA fell just short of a gold medal when they played China - losing 5-3 in the Championship game. Team USA will continue to train hard for their right to compete again for a podium spot at the Tokyo 2020 Paralympic Games next summer. Turnstone and Fort Wayne will continue to join USA Goalball as front row fans and supporters thanks to generosity from donors, supporters, and fans like you, as they work to reach the podium in Tokyo and bring a medal back to the Home of USA Goalball--Fort Wayne, IN. 🌟



Meet Ashley Harrington.

Ashley Harrington was a biochem major at St. Mary's College of Notre Dame studying to become a physician's assistant, when her life was radically transformed. During a college spring break, Ashley was struck by a neurological auto-immune attack that drastically compromised all of her physical abilities.

Ashley had to begin dedicated physical therapy in order to regain her body's prior functions. After years of therapy, her insurance company informed her that she would no longer receive funding for the physical, occupational, and speech therapy services she still needed. That is when Ashley and her parents were introduced to Turnstone. Because of supporters like you, Turnstone continues to

make sure all clients have access to the services they need, regardless of income or insurance funding. At Turnstone, Ashley was able access to all of her necessary therapy services and more.

At Turnstone, Ashley began working with therapists who were able to help her perform daily movements like the ability to independently get herself out of bed and maneuver the stairs in her home. Her perseverance in physical therapy led her to Turnstone's Fitness Center where





she now continues to participate in several group exercise classes and her favorite—tandem biking. Because of donated resources like Turnstone's adaptive bicycles, Ashley also participated in training that helped her complete the Fort4Fitness Spring Cycle 10-mile bike race three years in a row. This was an accomplishment that allowed her to train and compete, something she also enjoyed doing before her diagnosis.

In addition to physical therapy and fitness services, Ashley worked with Turnstone's speech therapists to refine her voice using an Alternative Augmented Communication (AAC) device. It takes a lot of hard work, time, and trust between a therapist and a

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client to find what works best for each individual. Once Ashley and her team finally found the method that she needed to communicate, they all shared in the victory.

Because of donors like you, clients like Ashley celebrate these milestones and so many others. Because of donors like you, Ashley can communicate again. And because of donors like you, Ashley is free to share in life's moments with her family and friends. Through the speech therapy Ashley received at Turnstone, Ashley can rejoice in spelling her name, sharing family celebrations and talking to her grandparents on the phone.

Ashley's ability access to therapies, fitness services, and other active lifestyle resources has allowed her to work towards reaching her fullest potential. And, today Ashley is able to focus on her health and her role as a positive influence in her community. The support and services she has had access to at Turnstone continue to make this possible for her and so many others.

Your support of Turnstone's mission and the various programs offered by our experienced staff makes stories like Ashley's possible. Stories that prove life may change, but it can still be lived to its fullest. 🌟

Memorials & Honorariums

IN HONOR OF:

Adrianne & Troy Lyon
Brittany Gleason
Mike & Becky Mushett
Pam Ramsey
Rick Welfle
Rosemary Reszel
Steve & Sally Springer

IN MEMORY OF:

Addison Ice
Alissa Hobbs
Becky Talati
Beverly Giant
Carlee Klotz
Carol Rowe
Dolores Schaefer
Donald Polley
Doris Mills Litton
Duane Nygaard
Elise Watson
Helen Shank
Jim Scheil
Joan Baermann
JoAnn Herbst &
Tanya Sparks
John Stump
Joseph Fenker
Judy Wilmer
Kathryn Parrott
Linda "Meg" Bierbaum
Louis Cantor
Lucille Reynolds

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Roy Mastic
Ryan Weeks
Sean Saffer
Viola Knox
Wendy Evans

Thank you to our 2019 IBSA Goalball & Judo International Qualifier Event Sponsors:

Ash Brokerage	Summit City Chevrolet
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Thank you to our Annual Sponsors for FY 2018-19

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Upcoming Fundraiser & Sporting Events

2019 Save the Dates:

Now- December 5th, 2019:

Jeep Raffle

Ready for a new ride? How about this 2019 Jeep Wrangler JL Unlimited Sport 4x4, built from the ground up with a 3.5" Skyjacker Suspension Lift. This Jeep sits on 37" Firestone Destination MT's with 20" XD Wheels. The DV8 Off-Road Armor-Style Fenders with Inner Fender Liners & Bumpers provide maximum protection and clearance, topped off with Rigid Industries high performance LED Lighting! **100% of all ticket sales benefit Turnstone's mission of empowering individuals with disabilities!**

Indiana Raffle License #150131

Call or visit Turnstone to purchase tickets!

(260) 483-2100 | 3320 N Clinton Street, Fort Wayne, IN

| \$20 each | \$50 for 3 |

| \$100 for 8 | \$250 for 25 |

November 16th-17th:

Turnstone Rugby Invitational

November 23rd-24th:

Power Soccer Tournament

December 7th-8th:

Wheelchair Basketball

Prep-Varsity

For more information on events go to turnstone.org



A NOTE FROM THE
CHIEF EXECUTIVE OFFICER

Mike Mushett

Turnstone's focus on creating possibilities was accomplished in a global way this summer, and all thanks to incredible support and generosity from our community.

For hundreds of international athletes, their journey to Tokyo 2020 and competing on the Paralympic stage began in our community during the 2019 International Blind Sports Federation (IBSA) Goalball & Judo International Qualifier co-hosted by Turnstone and our partners the United States Association of Blind Athletes.

Seeing so many of our clients and Turnstone family members cheering on Team USA and all of the participants in our Fieldhouse was the realization of the Turnstone of Tomorrow dream so many of us have been committed to. We are all committed to helping each other achieve our highest potential, and for those athletes who are striving for elite performance in adaptive sports, their experience at soginitio Turnstone gave them the platform, support, and recognition that is so deserved.

The efforts required of Turnstone staff to make this milestone possible showed our community and the world what the best of us are capable of with the right amount of support, determination and hard work. That is what Turnstone has always been about-giving people the right amount of support and opportunity to create possibilities and achieve their highest potential. And achieve their highest potential.

It is refreshing to see the success of such a notable event recognized by local, national and international media. It is all the more energizing to see the foundation of Turnstone become stronger and deeper in our community, knowing that possibilities are created in all of Turnstone's programs every day thanks to our devoted staff and generous supporters.

Congratulations to every client, staff member, volunteer, supporter, and athlete for the hard work you demonstrate in every goal you set for yourself. We see your determination and we are proud to continue serving you and our community in creating a world where we are all valued based on one's abilities.