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# Because of Turnstone, our daughter went from a diagnosis where doctors said that she would never walk, to taking independent steps, and that's priceless.

#### -NOEL BRINKER

When Evie Brinker was just an infant, her mom noticed that she wasn't reaching milestones like her older siblings had. She couldn't sit and her right side was tight. Evie's mom, Noel, was afraid her daughter had experienced a stroke. When Evie was just 9 months old she received the diagnosis of Cerebral Palsy and her parents were told she would never walk. Through the support of Turnstone and your assistance in creating possibilities, she proved them wrong.

When Evie was 2 years old, her physical therapist recommended that the family begin additional therapy and referred them to Turnstone. Evie started therapy at Turnstone unable to even crawl. It was at Turnstone that Evie was provided with equipment and treatment that helped her build the strength to eventually stand on her own. Once she built that strength, Turnstone lent the family a walker which allowed her to take her first steps—steps Evie's parents thought they might not ever celebrate.

Turnstone and donors like you have helped Evie build confidence and independence that her parents were told she would never have. Noel shared.

"Because of Turnstone, our daughter went from a diagnosis where doctors said that she would never walk, to taking independent steps, and that's priceless."

Today, Evie can choose to walk without the aid of her walker and can keep up with other kids her age. On a recent field trip to an Environmental Center with her Kindergarten class, Evie refused to spend the hike on her mom's back and insisted on experiencing the trails for herself. She walked through those muddy trails for hours right alongside her friends. Through her time at Turnstone and the resources provided by donors like you, Evie has not only learned to walk, but has also gained the confidence to take these steps all on her own.

"To see her confidence and to see her want to join in on all these activities that we never thought she'd be able to do, it's been really hopeful, and I really think she can do anything that she wants to do," said Joe, Evie's father.

re told she would never have. Noel shared,

Follow the link below to view Evie's video story:

https://youtu.be/ I6O1bHta-Jo

Confidence.

EVIE'S STORY

"

# Turnstone has given me something to strive for, and makes me a better person.

#### -TONY YAGODINSKI

Tony Yagodinski grew up as the youngest of 9 children in a large, Catholic family and like most boys, enjoyed time with his family and playing sports. However, when Tony was 14-years-old, his life was drastically changed on a Sunday morning in the car with two of his sisters on their way to church. That morning Tony and his sisters didn't make it to church. Their car was tragically struck by another vehicle, leaving Tony with a broken femur and a traumatic brain injury.

Because of his injury, Tony was a high school boy who was unable to continue playing football. He says that high school, and life moving forward, was a big adjustment for him. Due to his family's size, Tony's sisters and mom gave him the support he needed.

A few years ago, Tony lost his mom, who was a big piece of his support system. His sister, a nurse at a local hospital, was familiar with the services that Turnstone provides through the generosity of donors like you, such as Adult Day Services. It was then that Tony began spending a couple days of his week at Turnstone.

At Turnstone, Tony has found a place where he feels like he belongs and a place that provides him with comradery and friendships. Tony also says, "Turnstone has given me something to strive for, and makes me a better person."

Tony enjoys that his time at
Turnstone is filled with games
and laughter. One of the many
friendships that he has formed at
Turnstone, is with Chuck, an Adult
Day Services Program Assistant.
Chuck says that Tony is a jokester
and spends his days laughing
with other clients and the
Turnstone staff.

"We like to joke around with one another and it helps make the day go by quicker," says Chuck.

Thanks to donors like you, Tony walks the halls of Turnstone, in his San Diego Padres hat, laughing with his friends and sharing his sense of humor with the world.







# SPORTS & RECREATION

Turnstone is one of 12 Gold Level Paralympic Sport Clubs and one of 11 designated Olympic and Paralympic Training Sites in the United States. It is also proud to be the home of the Goalball Center of Excellence in partnership with the **United States Association** of Blind Athletes (USABA) where the USA Men's and Women's Goalball teams train for the upcoming 2020 Paralympic Games in Tokyo.

Turnstone offers numerous competitive adaptive sports and leisure activities for children and adults with physical, visual, and developmental disabilities. Currently, Turnstone is home to wheelchair basketball, power soccer, sled hockey, wheelchair rugby and track and field teams. Other activities include: adaptive rowing, archery, boccia, and golf.



#### KIMBROUGH EARLY LEARNING CENTER

The Dr. Robert Kimbrough Early Learning Center (KELC) is a full-day inclusive childcare and before and after-school care program that takes into consideration the unique physical, developmental, and social needs of children of all abilities. The program utilizes the HighScope Curriculum and provides a safe, accessible, childcentered environment. The KELC is a Level 3 Paths to Quality provider and licensed by the state of Indiana.



Turnstone's licensed social workers and case managers are the first point of contact for people interested in receiving services. Social workers and case managers provide referrals and support to help clients access agency services, as well as to other community resources and to help people achieve a greater level of self-sufficiency.



#### **REHAB THERAPY**

Turnstone provides physical aquatic, occupational, physical, and speech therapy services for children and adults of all ages. Turnstone therapists evaluate and provide treatment on an as needed basis. Therapists work in tandem with other agency services to provide a continuum of care. All therapy disciplines work to achieve the ultimate goal of empowering children and adults to maximize their independence.





# ADULT DAY SERVICES & MEMORY CARE

Turnstone's Adult Day Services meets the unique needs of adults and veterans with physical disabilities. The goal of this program is to assist the client to remain in their home setting, as independently as possible. Memory Care programs are designed to maintain independence, enhance socialization, while offering respite for the family, for clients with a diagnosis of Dementia or Alzheimer's Disease.



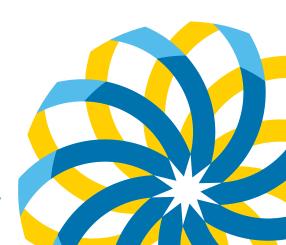
# INTELLECTUAL / DEVELOPMENTAL DISABILITIES

Turnstone offers a variety of adaptive Sports & Recreation programs for children and adults ages 5 and up who have an intellectual or developmental disability. Programs are held in Turnstone's Plassman Athletic Center and are led by qualified staff and volunteers. We also utilize many community partners for additional program space and instruction.

## HEALTH & WELLNESS

Turnstone's Health & Wellness program consists of two warmwater therapeutic pools and a fully accessible fitness center. Turnstone's warm-water therapy pools are equipped with a hydraulic lift and are fully accessible. The fitness center is complete with adaptive strength training and cardio equipment. Turnstone also provides several specialty programs such as the Parkinson's exercise group, Renew Active, and is also a Silver Sneakers provider. Turnstone's fitness specialists not only have a degree in exercise science, but are also Certified Inclusive Fitness Trainers.

# PROGRAMS & SERVICES



#### **Turnstone Sports & Recreation**

## YEAR AT A GLANCE



If you could say one thing to Turnstone's donors...what would it be?

"Thank **YOU**, Thank **YOU**, Thank **YOU**! You are not only changing my life but you're changing many other lives as well. You are the real champion!"

-Tiffany Labas
Power Soccer athlete



Why do you choose to play the sport you play?

"Turnstone has allowed me a chance to play the game I love and be able to compete with athletes just like myself."

> -Micah Kling Wheelchair Basketball athlete



What do you like about power soccer?

"Power soccer is a really welcoming community. Of course we are competitive, but when the whistle blows at the end of the game we're just one big, happy family."

-David Dowling
Power Soccer Athlete

#### WHEELCHAIR BASKETBALL

Prep team placed 6th

in the nation

**Bandits Team Adult Division III placed** 

10<sup>th</sup> in the nation

#### **POWER SOCCER**

5<sup>th</sup> Nationally in the Premier Conference

9<sup>th</sup> in the Presidents

Conference

**SLED HOCKEY** 

2<sup>nd</sup> in the nation in Adult Sled Tier IV Division



# Creating Para-bilities.

Like many girls her age, Maggie Peters can't wait to attend her high school formal before she graduates. But Maggie is also focused on a slightly bigger milestone—competing as a Paralympic athlete. Through a variety of athletic opportunities, training with staff at Turnstone, and your support, Maggie is working towards this long-term goal every day.

A recent opportunity took her to Colorado for the chance to train with Paralympic coaches at an Emerging Stars camp in Colorado with the United States Association of Blind Athletes. This was a camp for those with visual impairments hoping to one day represent their country as a part of Team USA. This was an incredible chance for Maggie to demonstrate her abilities and determination.

In addition to attending unique opportunities such as this one, you can often find Maggie working towards her Paralympic goals at Turnstone. Maggie's love for adaptive sports first began with an interest in swimming. After competing in the swimming portion of Turnstone's Endeavor Games, Maggie came to Turnstone for a triathlon clinic, where she learned about all of the other athletic opportunities for her at Turnstone.

Today, Maggie enjoys practicing at Turnstone, playing goalball recreationally and competitively representing Fort Wayne in Triathlons, Swimming, and Track and Field. She says that sports have opened doors she didn't even know existed and has helped her meet friends from around the world. Maggie also says, "Turnstone has helped me become more confident, independent, and helped me meet people who have become my best friends."

Generosity from donors like you helps to ensure adaptive sports opportunities are available for people of all ages, like Maggie, to train, compete, and achieve their goals.







Turnstone and United States Association of Blind Athletes hosted the city of Fort Wayne's largest international event, welcoming 700 international guests from over 40 countries for the 2019 International Blind Sports Federation's Goalball & Judo International Qualifier. Follow the link https://youtu.be/52cHyhZt4KI to view the IBSA recap video.

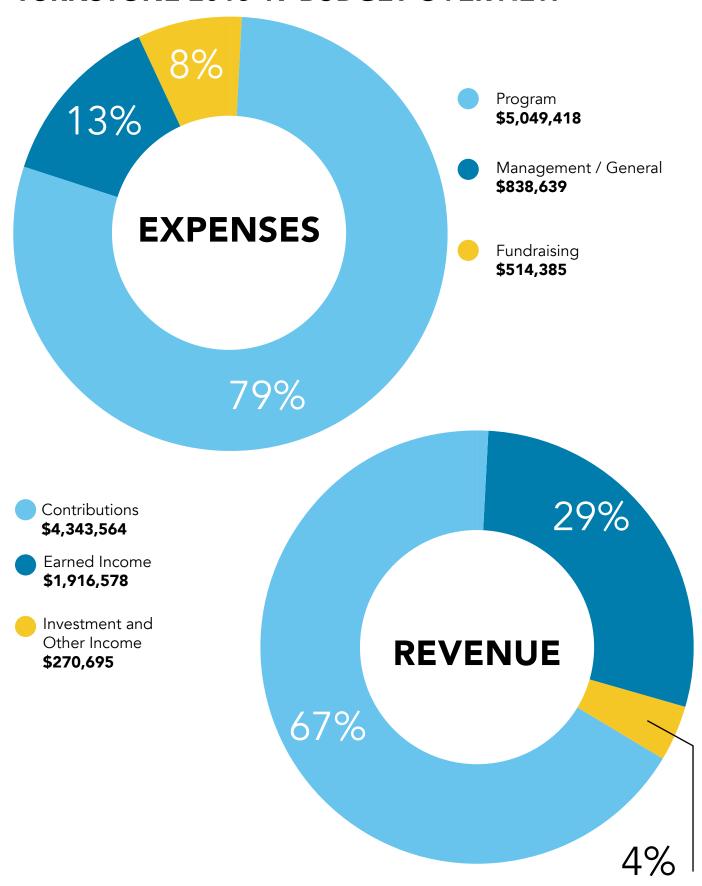


Turnstone hosted a tryout for Milk Life Presents, The Next Olympic Hopeful. Athletes 14 years of age and older of all sports backgrounds were invited to complete five basic athletic tests to see if they have what it takes to transfer their existing talents to the Olympic sports of bobsled, cycling, rowing, rugby, skeleton and weightlifting.



June 20, 2019 marked a historic turning point that honors the work of our athletes, staff, and organization, as well as all athletes with disabilities in our country when The USOC officially changed its name to the United States Olympic and Paralympic Committee (USOPC).

## **TURNSTONE 2018-19 BUDGET OVERVIEW**



# 2018-19 FISCAL YEAR



hosted local, regional, national tournaments



clients served live in Allen County; 9% of additional program participants reside in the surrounding 19 county area, including 2 states outside of Indiana.

4, 187
athletes, coaches, and attendees

12,222

hours of therapy services provided

3,434 individuals served, the majority of our clients need financial assistance to receive our services



89%







544

individuals with Intellectual / Developmental Disabilities served



362

pieces of equipment were loaned for free to 283 individuals

7, 44

hours by 660 volunteers

192

children, youth, and adults with disabilities participate in power soccer, wheelchair basketball, wheelchair rugby, wheelchair tennis, boccia, sled hockey, cycling, archery and more



individuals and families received Turnstone's expert social services



#### December 7-8, 2019

Wheelchair Basketball Prep-Varsity

#### January 25-26, 2020

Wheelchair Basketball Prep-Varsity Regional

#### February 1-2, 2020

DII Wheelchair Basketball Adult Tournament Silver Stick Sled Hockey Tournament

#### February 22-23, 2020

Sled Hockey Adult Tournament

#### March 7-8, 2020

Power Soccer League Day

#### April 24-26, 2020

Turnstone Endeavor Games



visit turnstone.org/
support/calendar-events
or scan this QR code for

#### Jeep Raffle

December 5, 2019

Tickets are now available for the opportunity to win a brand-new 2019 Jeep Wrangler, raffled by Turnstone Center in partnership with McMahon's Best-One Tire & Auto Care. Proceeds from the raffle benefit Turnstone Center in honor of McMahon's Best-One Tire & Auto Care's 50th Anniversary of serving Allen County.

#### **Corvette Raffle**

January 3 - June 18, 2020

Proceeds from our Corvette
Raffle support Turnstone's therapy,
education, wellness, recreation,
and sports programs. Enjoy the
great feeling that comes with
knowing you helped kids with
disabilities to realize their potential
through Turnstone's therapeutic
services & programs.

#### **Casino Night**

March 14, 2020

On Saturday, March 14, 2020, Turnstone is hosting it's 45th Casino Night. This evening is full of casino themed games, as well as, food, beer, and wine sampling from local vendors. From playing poker and black jack to bingo and crab races, there is something for everyone!

#### **Board of Directors' Gala**

June 18, 2020

The sparkles and suits get brought out for Turnstone's signature fundraising event hosted by Turnstone's Board of Directors. The event features cocktails, hors d'oeuvres and dinner, and unique live and silent auctions. A special 'Mission Moment' is shared by a Turnstone client, which always proves to be the highlight of this extraordinary evening. This will mark the 20th year for this event.

#### **Board of Directors**

Updated as of December 30, 2019

#### **TOM TRENT**

Chairman Rothberg, Logan and Warsco

#### VICKI LEININGER

Vice Chairman Hylant Group

#### **TOM BANAS**

Director
Fort Wayne Neurological Center

#### **JILL BOGGS**

Director Kosciusko County Convention & Visitors Bureau

#### **SHAWN BROWN**

Director
Summit City Prosthetics
and Orthotics

#### **KELLY CLEVENGER**

Director Phillips Financial

#### **DAVID FEE**

Chair of Audit First Merchants Bank

#### **DICK FOX**

Director
Barrett McNagny

#### **ADRIAN GUENTHER**

Director Lincoln Financial Group

#### **CAROL HELTON**

Chair of Governance City of Fort Wayne

#### **TOM KIMBROUGH**

Director Barrett McNagny

#### JIM LABAS

Director

Valley Popcorn

#### **CORINNA LADD**

Chair of Development PNC Bank

#### **BARNEY NIEZER**

Past Chairman Northeast Indiana Urology

#### **RANDY OUTMAN**

Director Trelleborg Sealing Solutions

#### **CHRIS RUPP**

Treasurer
Dulin, Ward & DeWald

#### **MELISSA SCHENKEL**

Director STAR Financial Bank

#### **WIL SMITH**

Smith & Associates Consulting

#### **MELISSA STOUT**

Secretary Merrill Lynch

#### **JEFF STURGES**

Director T.W.F Holdings

#### **BRAD STURGES**

Director Sturges Property Group

#### **IRENE WALTERS**

Director

Community Leader

#### **MARLON WARDLOW**

Director Parkview Health

#### **JEANNÉ WICKENS**

Director
Parkview Health

#### **JERRY WITTE**

Director Community Leader

#### **Leadership Staff**

#### **MICHAEL MUSHETT**

Chief Executive Officer

#### STASHA CARRASQUILLO

Chief Marketing Officer

#### **DENISE HUGHES**

**Chief Program Officer** 

#### **LAURA RAMSEY**

Chief Financial Officer

#### **RENA SHOWN**

Chief Development Officer

#### **TINA ACOSTA**

Director of Outreach

#### **KATHY BAER**

**Director of Social Services** 

#### SANDY HOLLAND

Director of Adult Day Services and Memory Care Program

#### MICHELLE KIMPEL

Director of Wellness and Adaptive Sports

#### **CHANDA LICHTSINN**

Director of Rehab Therapy

#### **COLIN LYMAN**

Director of Facilities

#### **ADRIANNE LYON**

Director of Kimbrough Early Learning Center "Turnstone's 76year history of
service is rooted
in a commitment
to our community
in a shared effort
to create a world
where all people
are celebrated for
their abilities."



## **A Letter From Michael Mushett**

#### Thank you.

Incredible support, exceptional dedication, and historic accomplishments are the common threads that represent everything you, our community, helped make possible during the 2018-2019 fiscal year. Not only did over 3,400 individuals receive support and services from Turnstone this year, but over 4,100 people from across our region, country and throughout the world benefited from our community's commitment to empowering people with disabilities through regional, national, and—for the first-time—international athletic competitions.

Turnstone continues to offer a first-in-class experience for our clients with access to a full scope of programming options for people of all ages, including memory care, a variety of outpatient therapy services, adult day services, social services support, early learning center, developmental disabilities recreation, adaptive sports offerings, elite Paralympic sport training opportunities, and more. It is this comprehensive offering of services and your support that continues to ensure people with disabilities have access to the resources they need to live their fullest lives and achieve their goals.

Turnstone's 76-year history of service is rooted in a commitment to our community in a shared effort to create a world where all people are celebrated for their abilities. The stories shared in this year's annual Mission Report represent only a few of the lives that have been enriched and empowered because of the incredible possibilities dedicated clients, expert staff, and generous supporters like you collectively create.

It is an honor to do this important work alongside a community of supporters and Turnstone family members who continue to join us in our mission of empowering people with disabilities.

Michael Mushell

Thank you.

Michael Mushett Chief Executive Officer



TURNSTONE.ORG



