

# PLASSMAN ATHLETIC CENTER POOL SCHEDULE




HOURS

Monday - Thursday | 7:30 AM-6:30 PM

Friday | 7:30 AM - 4:30 PM

Saturday | 9:00 AM - 12:30 PM

\* The pool will be open during class times. Classes not hosted by Turnstone are not included in membership and may incur an additional fee. Classes hosted by Turnstone are Aquacise, and SS Splash.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Open 7:30 AM	Open 7:30 AM	Open 7:30 AM	Open 7:30 AM	Open 7:30 AM	
<b>Infant Rescue Swimming (ISR)*</b> 9:00 am - 1:00 pm	<b>ISR*</b> 9:00 am - 1:00 pm	<b>ISR*</b> 9:00 am - 1:00 pm	<b>ISR*</b> 9:00 am - 1:00 pm	<b>ISR*</b> 9:00 am - 1:00 pm	<b>Pool Open!</b> 9:00 am - 12:30 pm
		 <b>Aqua Balance</b> 10:00 am - 10:30 am			
 <b>Aquacise</b> 1:30 pm - 2:30 pm		<b>Fitness Studio Swim*</b> 11:30 am - 12:15 pm		 <b>SS Splash</b> 11:30 am - 12:15 pm	
				Closed 4:30 PM	
Tammi G.* <b>Aqua Surge Fitness</b> 5:15 pm - 6:00 pm					
<b>Fitness Studio Swim*</b> 6:15 pm - 7:00 pm		Tammi G.* <b>Aqua Surge Fitness</b> 5:45 pm - 6:30 pm	<b>Fitness Studio Swim*</b> 6:15 pm - 7:00 pm		
Closed 6:30 PM	Closed 6:30 PM	Closed 6:30 PM	Closed 6:30 PM		