



# OsteoMD™

## Complete Bone Health Support

This comprehensive formula supports bone mineralization and bone strength. OsteoMD™ also reduces the risk of osteoporosis. Now with natural Vitamin K2 which has been shown to help put the calcium into the bones and keep it out of the arterial walls.\*

This formula is designed specifically to maintain existing bone and increase bone mass based on the latest clinical research. This formula is used with Essentials 5-in-1 for the additional bone-building support from additional Vitamin D3 and Vitamin K2, which also support cardiac and cognitive function.\*

### Specific special features include:

**Eggshell Calcium** is a highly bioavailable form of calcium which contains a full spectrum of trace nutrients needed for bone health. Some of those elements include strontium, magnesium, zinc and copper. Research reveals that eggshell calcium's superior bioavailability is also derived from naturally occurring transporter proteins inherent in the eggshell matrix. This natural source of calcium that is easily utilized by the body has been shown in multiple clinical studies to not only stop bone loss but also build bone mineral density. Another clinical study showed that eggshell calcium reduced pain and bone reabsorption, and increased mobility and BMD after only 6 months. Eggshell calcium has even been shown in vitro to stimulate chondrocyte differentiation and cartilage growth.\*

**Calcium Aspartate Anhydrous (CAA)**, which is superior to calcium citrate in that it supports bone building. In a study of 1,306 patients, after three months of treatment, CAA increased

the bone mineral density at the lumbar spine by a mean of 4.07% vs. 0.64 in the calcium citrate only group.\*

**Magnesium** as Albion's TRAACS Magnesium Glycinate, which is highly absorbable and very gentle on the GI tract. \*

**Vitamin D3** taken simultaneously with calcium is mandatory to ensure maximum absorption. The inability to absorb calcium is the major reason that calcium therapy fails to prevent or slow the progression of osteoporosis.\*

**Other minerals** that are essential for bone building include zinc, manganese, boron and copper.\*

**Biopterin** which has been shown to increase the bioavailability of various nutrients.\*

**Suggested Use:** Take four capsules daily, in divided doses, or as directed by your healthcare practitioner.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

## References

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