



# TALK TO YOUR DOCTOR ABOUT PD DYSKINESIA

## USE THIS GUIDE AS A CONVERSATION STARTER

Talking to your doctor about Parkinson's disease (PD) dyskinesia is an important step to take in your care plan. Since every situation is different, these suggestions are meant to be a starting point.

- How do I know that what I'm experiencing is dyskinesia, rather than a symptom of PD (like a tremor)?
- As PD progresses and I continue levodopa treatment, can I expect it to develop into dyskinesia?
- If I prefer to be "ON" versus "OFF," even though I may have some dyskinesia, what are my treatment options?
- My dyskinesia is making everyday tasks and activities a challenge. What are my treatment options?
- When should I follow up with you about dyskinesia?
- What advice do you have for my care partner to help me during an episode?

Notes:

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### HERE'S A TIP

**Take videos of your dyskinesic moments to share with your doctor**

