



IN PARKINSON'S DISEASE
DYSKINESIA
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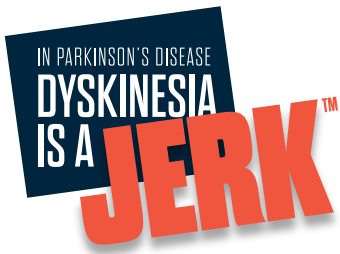
JERK™

PD DYSKINESIA SYMPTOM TRACKER

If you think you have Parkinson's disease (PD) dyskinesia, this tracker will help you monitor your symptoms. By knowing how your symptoms progress throughout the day, you can be well-prepared to discuss them with your doctor.

READY TO TRACK?

- Print symptom trackers to complete each day
- Write down as much as you can. For example, recording when you took medications can help your doctor see a pattern
- Take videos of your dyskinesia to help your doctor better understand your symptoms



PD DYSKINESIA SYMPTOM TRACKER

DATE: / /

<p>Place a ✓ next to the times you experienced dyskinesia today.</p>	<p>For each time you experienced dyskinesia, how severe was it? Use scale below.</p> <p>X = Asleep 0 = No Dyskinesia 1 = Not Bothersome 2 = Bothersome 3 = Very Bothersome</p>	<p>Write down what PD medications you took and when.</p>	<p>Write down which activities were impacted by your dyskinesia and when.</p> <p>W = Working S = Socializing E = Eating G = Getting Ready O = Other</p>	
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<p>Overall, my symptoms today were (circle one)</p>		Manageable	Sometimes disruptive	Very disruptive
<p>Did you take a video of your dyskinesia episode(s)? (circle one)</p>			Yes	No



PRINT THIS TRACKER AND BRING IT TO YOUR NEXT APPOINTMENT