



WHY START
WITH A

COLON CLEANSE ?



OUT OF
ORDER

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Why a Colon Cleanse?

I don't know about you, but when I start any kind of new program, I like to know why I'm doing it. Otherwise, I'm likely to skip some important steps just because I don't know how important they are.

I believe this first step is the most important step in my program because it will keep you from feeling horrible when you're killing Candida and/or parasites. Those little buggers, after they die, give off toxins. You want them to exit your body as quickly as possible, so their excretions don't leave you feeling sick, weak, and achy.

Before you start killing any Candida and inviting their dead Candida toxins into your bloodstream, it's beneficial to make sure your liver, colon and other detox organs are working at top efficiency. This colon cleanse will do that for you!

You will reduce the discomfort of Herxheimer's (die-off) reactions and also reduce the likelihood of your body reabsorbing the toxins as they get freed up. In all, it makes the Candida killing experience more comfortable (less uncomfortable?) and helps it to move along more quickly.

Whether you have "nirvana poo," you're constipated, or you have chronic diarrhea, you will benefit from this colon cleanse.

WHY START WITH A COLON CLEANSE?

The point of the colon cleanse is to use soft but solid stool as sort of a toothbrush to scrub your insides and carry the gunk from the lining of your intestines out your back door.

After you're finished, your body will be able to absorb the amazing nutrition from the Anti-Candida diet which will strengthen your immune system and fight the Candida.

And, like I said before, you will have a free path to escort the dead Candida and toxins out of your body.

That's why we "Un-Block the exit!"

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