

# It's Time For REFRESHING RECESS



## Time to Enjoy Fun Activities

Outdoor time for active play  
Indoor activities like games and crafts  
Try new activities and games  
Relax and refresh  
Take a break from schoolwork

## Enjoy Time with Friends

Talk about your day  
Make new friends  
Include everyone  
Accept and respect differences  
Reach out to those in need

## Be Responsible and Respectful

Follow directions  
Listen to recess supervisors  
Say please and thank you  
Be kind to peers and adults  
Clean up toys when finished  
Report problems to adults  
Walk to and from recess

